

## Jamie A. Mitchell, MSW, PhD

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Current Appointments	<p><b>Associate Professor</b> School of Social Work, The University of Michigan</p> <p><b>Faculty Affiliate</b></p> <ul style="list-style-type: none"> <li>• Faculty Affiliate, Vivian A. and James L. Curtis School of Social Work Center for Health Equity Research and Training</li> <li>• Faculty Affiliate, Program for Research on Black Americans (University of Michigan)</li> <li>• Co-Director, Healthier Black Elders Center, Detroit</li> <li>• Co-Investigator, Community Liaison and Recruitment Core of the Michigan Center for Urban African American Aging Research (MCUAAAR)</li> </ul>
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### EDUCATION/TRAINING

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Doctoral Studies	<p>2007 – 2010 The Ohio State University, Columbus, OH College of Social Work Ph.D., Social Work <u>Dissertation title:</u> <i>Social ecological factors influencing cancer-related preventive health behaviors in African-American men</i></p>
Graduate Studies	<p>2005 – 2007 The University of Tennessee Health Science Center Master of Science (MSSW), Social Work</p>
College/University	<p>2001 – 2005 The Ohio State University, Columbus, OH College of Arts and Sciences B.A., Psychology</p>

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## AWARDS

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- **2017 University of Michigan School of Social Work Teacher of the Year**
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## ACADEMIC APPOINTMENTS

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2015 – Present	<b>Associate Professor</b> , School of Social Work, The University of Michigan
2020 – 2022	<b>Assistant Director</b> of Clinical Research Participation, Rogel Cancer Center, Michigan Medicine.
2012 – 2019	<b>Affiliate Faculty Member</b> , Population Studies and Disparities Research Program, Communication and Behavioral Oncology, Karmanos Cancer Institute, Detroit, Michigan
2014 – 2015	<b>Assistant Professor</b> , Institute of Gerontology, Wayne State University, Detroit, Michigan
2011 – 2015	<b>Assistant Professor</b> , School of Social Work, Wayne State University, Detroit Michigan
2009 – 2011	<b>Adjunct Faculty</b> , Ohio University, Department of Social Work, Athens, Ohio

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## RESEARCH INTERESTS

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- Community-engaged research and participation of Black older adults in NIH research
- Education and Awareness of Alzheimer's Disease and related dementias among Black older adults
- Chronic disease self-management (Glaucoma, Diabetes, Cancer)
- Patient-provider and family health communication

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## PUBLICATIONS

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*\*Denotes a student or trainee*

### **Peer-reviewed Journal Articles In Press or In Print**

- Williams, E. G., Smith, M. J., Mitchell, J., Tucker, T. B., Sung, C., Sherwood, K., Dababnah, S., Magaña, S., Lovelace, T., Kattari, S. K., Olsen, D., Elkins, J., Humm, L., Steacy, C., Riddle, E., & Liggett, C. (*In Press*). The Development and Utilization of a Diversity Advisory Board for a Workplace Social Skills Intervention for Autistic Transition-Aged Youth *Autism: International Journal of Research and Practice*.
- Hicks, P. M., Lu, M. C., Woodward, M. A., Niziol, L. M., Darnley-Fisch, D., Heisler, M., Resnicow, K., Musch, D.C., **Mitchell, J.**, Mehdipanah, R., Imami, N.R & Newman-Casey, P. A. (2025). Relationship between Neighborhood-Level Social Risk Factor Measures and Presenting Glaucoma Severity Utilizing Multilevel Modeling. *Ophthalmology Science*, 5(1), 1-11.
- Ewen, A. M., Hawkins, J. M., Kloss, K. A., Sengupta, S., Burgess, H., Nwankwo, R., Funnel, M., **Mitchell, J.** & Piatt, G. (2024). The Michigan men's diabetes project: perspectives on a peer-led diabetes self-management and support intervention for Black men with type 2 diabetes. *BMC Health Services Research*, 24, 1612.

44. Perry, T. E., Horn, A. J., Rorai, V., Smith, J., Bridgforth, J., **Mitchell, J.**, ... & Woodward, A. T. (2024). Community engaged research for older, minoritized Americans: Programmatic perspectives and recommendations to move the science of inclusion forward. *Public Policy & Aging Report*, 34(4), 129-137.
43. Perry, T. E., Rorai, V., Smith, J., Bridgforth, J. R., Evans, B. F., Cooley, A., **Mitchell, J.** & Key, K. (2023). Consulting Program by and for Older Detroiters. *Generations*, 47(4), 1-8.
42. Hawkins, J., Sengupta, S., Kloss, K., Schwen, C., Smith, F., Jones, L., **Mitchell, J.**, Nwanko, R., & Piatt, G. (2024) Applying the theoretical domains framework to identify determinants to mental healthcare use among older African Americans with type 2 diabetes: a qualitative study. *BMJ open*, 14(10), e073689.
41. Jones, L., Monroe, K., Tripathi, P., Bashur, M., Kavalakatt, J., Tarrance, K., **Mitchell, J.** (Accepted with revision). Empowering WHISE Women: Usability Testing of a Mobile Application to Enhance Blood Pressure Control. *Journal: mHealth*.
40. Jones, L. M., Hawkins, J., **Mitchell, J.**, Wright, K. D., & Cuffee, Y. (2023). Health social networks of Black women with hypertension. *Nursing research*, 10-1097.
39. Hawkins, J., Sengupta, S., Kloss, K., Kurnick, K., Ewen, A., Nwawkwo, R., Funnel, M., **Mitchell, J.**, Jones, L. & Piatt, G. (2023). Michigan men's diabetes project II: Protocol for peer-led diabetes self-management education and long-term support in Black men. *Plos one*, 18(3), e0277733.
38. Newman-Casey, P. A., Resnicow, K., Winter, S., Niziol, L. M., Darnley-Fisch, D., Imami, N., McHaney-Conner, P., Musch, D., **Mitchell, J.**, & Michele Heisler & Heisler, M. (2023). The Support, Educate, Empower personalized glaucoma coaching trial design. *Clinical Trials*, 20(2), 192-200.
37. Hawkins, J., Kieffer, E. C., Sinco, B., Piatt, G., Jones, L., **Mitchell, J.**, ... & Spencer, M. S. (2022). Using Path Analysis and Linear Regression to Test for Gender and Participation: Effects in a Culturally Tailored Diabetes Intervention for Latino Adults. *International Journal of Environmental Research and Public Health*, 19(19), 11982.
36. Miller, D., Niziol, L., Elam, A., Heisler, M., Lee, P., Resnicow, K., Musch, D., Darnley-Fisch, D., **Mitchell, J.**, and Newman-Casey, P. (2022). Demographic, Clinical, and Psychosocial Predictors of Change in Medication Adherence in the Support, Educate, Empower Program. *Ophthalmology Glaucoma*, 5 (1), 47-57.
35. Jones, L. M., Moss, K. O., **Mitchell, J.**, Still, C., Hawkins, J., Tang, E., & Wright, K. D. (2022). Challenges to dietary hypertension self-management as described by a sample of African American older adults. *Worldviews on Evidence-Based Nursing*, 19(1), 64-72.
34. Smith, M; Parham, B; **Mitchell, J**; Blajeski, S; Harrington, M ; Ross, B; Johnson, J; Brydon, D; Johnson, J; Cuddeback, G; Smith, J; Bell, M; McGeorge, R; Kaminiski, K; Suganuma, A; Kubiak, S. (**In Press**). Virtual Reality Job Interview Training for Adults Receiving Prison-Based Employment Services: A Randomized Controlled Feasibility and Initial Effectiveness Trial. *Criminal Justice and Behavior*.
33. Thompson, H., Manning, **Mitchell, J.**, Harper, F., Marks, B., Lilly, J., Rutledge, L., Tariq, M., Syed, N., Sanders, A., Saigh, L., Cresswell, S., Johns, K., Pal, S., Dowe, B., Landry, M., Lipscomb, C., Gustine, H. & Thompson, H. (**In Press**). Factors Associated With Group-

Based Medical Mistrust and Perspectives on COVID-19 Vaccine Trial Participation and Vaccine Uptake. *JAMA Network Open* [Impact Factor: 5.032]

32. **Mitchell, J.,** & Perry, R. (2020). Disparities in patient-centered communication for Black and Latino men in the US: Cross-sectional results from the 2010 health and retirement study. *PLoS One*, 15(9), e0238356. [Impact Factor: 2.776]
31. **Mitchell, J.,** Perry, T., V., Rorai, V., Ilardo, J., Lichtenberg, P., & Jackson, J. Building and Sustaining a Community Advisory Board of African American Older Adults as the Foundation for Volunteer Research Recruitment and Retention in Health Sciences. *Ethnicity and Disease*, 30 (Supp), 755-764. [impact Factor: 1.41]
30. **Mitchell, J.,** Williams, E\*, Li, Y, & Tarraf, W. (In Press). Identifying disparities in patient-centered care experiences between non-Latino white and black men: Results from the 2008-2016 Medical Expenditures Panel Survey. *BMC Health Services Research*, 20 (495), 1-9. [Impact Factor: 2.636]
29. Cadet, T., Burke, S., **Mitchell, J.,** Connor, K., & Nedjat-Haiem, F. (In Press). Does Perceived Loneliness Matter for Diverse Older Men and Their Prostate Specific Antigen Testing Behaviors? *Social Work Research*. [Impact Factor: 1.395]
28. **Mitchell, J.,** Williams, E\*., Perry, R\*., & Lobo, K\*. (2019). "You Have to Be Part of the Process": A Qualitative Analysis of Older African American Men's Primary Care Communication and Participation. *American Journal of Men's Health*, 13(4), (online ahead of print. [Impact Factor: 1.409]
27. **Mitchell, J.,** Hawkins, J., Williams, E\*, Eggly, S., & Albrecht, T. (2019). Decoding the Role of Companions in Supporting the Health Communication of Older African American Men with Cancer. *Journal of Patient Experience*, 7 (3), 324-330.
26. Hawkins, J., Watkins, D.C., Allen, J. O., & **Mitchell, J.** (2018). Identifying subgroups of Black, Hispanic and Asian men at increased risk for comorbid depression and overweight or obesity. *Preventive Medicine Reports*, 12, 268-270. [Impact Factor: 2.4]
25. Perry, R\*., **Mitchell, J.,** Hawkins, J., & Johnson-Lawrence, V. (2018). The Role of Age and Multimorbidity in Shaping Older African American Men's Experiences with Patient-Provider Communication. *Geriatrics*, 3(4), 74-82
24. Hawkins, J., **Mitchell, J.,** Piatt, G., & Ellis, D. (2018). Older African American Men's Perspectives on Factors That Influence Type 2 Diabetes Self-Management and Peer-Led Interventions. *Geriatrics*, 3(3), 38-47.
23. Mouzon, D., Watkins, D.C., Perry, R\*., Simpson, T., and **Mitchell, J.** (2018) Intergenerational Mobility and Goal-Striving Stress Among Black Americans: The Roles of Ethnicity and Nativity Status. *Journal of Immigrant and Minority Health*, 21(2), 393-400. [Impact Factor: 1.747]
22. **Mitchell, J.,** Cadet, T., Burke, S., Williams, E\* & Alvarez, D. (2018). "The Paradoxical Impact of Companionship on the Mental Health of Older African American Men. *Journal of Gerontology: Series B*, 73(2), 230-239. [Impact Factor: 3.911]

21. **Mitchell, J.**, Johnson-Lawrence, V., Williams, E.\*., & Thorpe Jr, R. (2018). Characterizing Mobility Limitations Among Older African American Men. *Journal of the National Medical Association*, 110(2), 190-196. [Impact Factor: 0.905]
20. Wharton, T., Watkins, D.C., & **Mitchell, J.** & Kales, H. (2018). Oh I'm not going to discuss this with him": Older, Church-going African-Americans' Attitudes and Expectations about Formal Mental Health Care. *Research on Aging*, 40 (1), 3-26. [Impact Factor: 1.675]
19. Hawkins, J. M., & **Mitchell, J.** (2018). The doctor never listens: Older African American men's perceptions of patient-provider communication. *Social Work Research*, 42(1), 57-63. [Impact Factor: 1.395].
18. Abelson, B., Harris, C., **Mitchell, J.**, Lin, S., & Modlin, C. (2017). MP30-18 Racial Disparities In Renal Transplantation. *The Journal of Urology*, 197(4s), e396. [Impact Factor: 5.647]
17. Hawkins, J. & **Mitchell, J.** (2017). Can social integration and social support help to explain racial and ethnic disparities in health care utilization among men with diabetes? *International Journal of Men's Health*, 16 (1), 66-83 [Impact factor: 1.11]
16. Rogers, C., **Mitchell, J.** Franta, G., Shires, D. & Foster, M. (2017). Masculinity, racism, social support, and colorectal cancer screening uptake among African American men: A Systematic review. *American Journal of Men's Health*, 11 (5), 1486-1500. [Impact Factor: 1.409]
15. Watkins, D.C., Wharton, T. & **Mitchell, J.** Matusko, N., & Kales, H. (2017). Perceptions and receptivity of non-spousal family support: A mixed methods study of psychological distress. *Journal of Mixed Methods Research*, 11(4), 487-509. [Impact Factor: 3.524]
14. **Mitchell, J.**, Watkins., D.C., & Shires, D.A, Chapman, R. & Burnett, J.. (2017). Clues to the blues: Predictors of self-reported mental and emotional health among older African American men. *American Journal of Men's Health*, 11(5), 1366-1375. [Impact Factor: 1.409]
13. Thompson, T., **Mitchell, J. A.**, Johnson-Lawrence, V., Watkins, D. C., & Modlin Jr, C. S. (2017). Self-rated health and health care access associated with African American men's health self-efficacy. *American journal of men's health*, 11(5), 1385-1387. [Impact Factor: 1.409]
12. Jefferson, O., Watkins, D.C., & **Mitchell, J.** (2016). The Retrospective roles of Black women in the coddling of Black boys. *Journal of Ethnic and Cultural Diversity in Social Work*, 25 (3), 173-192.
11. Tucker-Seeley, R., **Mitchell, J.**, Shires, D\*., & Modlin, C. (2015). Financial hardship, unmet medical need, and health self-efficacy among African American men. *Health Education & Behavior*, 42 (3), 285-292. [Impact Factor: 2.613]
10. **Mitchell, J.**, Manning, M., Shires, D\*., Chapman, R. & Burnett, J. (2015) Fatalistic

- beliefs about cancer prevention among older African American men. *Research on Aging*, 37(6), 606-622. [Impact Factor: 1.675]
9. Watkins, D.C., Hawkins, J. & **Mitchell, J.** (2015). The discipline's escalating whisper: Social work and black men's mental health, *Research on Social Work Practice*, 25 (2), 240-250. [Impact Factor: 1.798]
  8. **Mitchell, J.** & Hawkins, J. (2014). Current approaches to support the psychosocial care of African American adults with diabetes: A Brief review. *Social Work in Public Health*, 29 (6), 518-527. [Impact Factor: 0.649]
  7. **Mitchell, J. A.**, Thompson, H. S., Watkins, D. C., Shires, D., & Modlin Jr, C. S. (2014). Peer Reviewed: Disparities in health-related internet use among African American men, 2010. *Preventing Chronic Disease*, 11. [Impact Factor: 2.844]
  6. Thompson, H., Shelton, R., **Mitchell, J.**, Eaton, T., Valera, P. & Katz, A. (2014). Inclusion of underserved racial and ethnic groups in cancer intervention research using new media: A Systematic literature review. *Journal of the National Cancer Institute Monographs*, 47, 216-223. [Impact Factor: 6.82]
  5. **Mitchell, J.** (2013). Social epidemiology: A Tool for examining prostate cancer early detection decision-making among African American men. *Social Work in Public Health*, 28 (7), 652-659. [Impact Factor: 0.649]
  4. **Mitchell, J.**, Hawkins, J., & Watkins, D. (2013). Factors associated with cancer family history communication between African American men and their relatives. *Journal of Men's Studies*, 21 (2), 97-111.
  3. **Mitchell, J.**, Watkins, D. & Modlin, C. (2013). Social determinants associated with colorectal cancer screening in an urban community sample of African American men. *Journal of Men's Health*, 10 (1), 14-21. [Impact Factor: 0.6]
  2. **Mitchell, J.** (2012). Integrating education on addressing health disparities into the social work curriculum. *Journal of Teaching in Social Work*, 32 (5), 1-17.
  1. **Mitchell, J.** (2011). Examining the influence of social ecological factors on prostate cancer screening in urban African American men. *Social Work in Health Care*, 50 (8), 1-17.

### **Articles Currently Under Review in Peer-Reviewed Journals**

1. Risco, N., Awan, R., Heisler, M., MacKenzie, C., Mitchell, J., McHaney-Conner- P., Priester, A., Darnley-Fisch, D., Resnicow, K., Imami, N., Newman-Casey, P. (**Under Review**). Patient Experience in the Support, Educate, and Empower (SEE) Personalized Glaucoma Coaching Program: Perspectives from Participants with Low Income and Low Adherence. *Ophthalmology Glaucoma*.
2. Carey N., DuPuis D., Lin, G., Flores, E., **Mitchell, J.**, Darnley-Fisch, D., Imami, N., Heisler, M.,...Newman-Casey P. (**Under Review**) Coaching for Improved Adherence: Analysis of Patient Experiences in the Support, Educate, and Empower Personalized Glaucoma Coaching Program. *Ophthalmology Glaucoma*.

### **Articles Under Development for Submission to Peer-Reviewed Journals**

1. **Mitchell, J.**, Key, K., Flores, E., Sass, A., MSW, Perry, T., Rorai, V, & Boggs, L. (*Preparing for submission*). Recruiting and Retaining Older African Americans into Research in Flint, Michigan through Community-Engaged Partnership. *Progress In Community Health Partnerships: Research, Education, And Action*.

### **Published Book Chapter**

**Mitchell, J.**, Allen, J.O., & Perry, R.\* (2019). Men's Health in Later Life: Diverse and Intersecting Contexts. *The Handbook of Men's Health Disparities*. Routledge Press.

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## **RESEARCH SUPPORT AND FUNDING**

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### *Under Review*

#### **R61/R33 (Mitchell-PI)**

National Institute on Aging (NIH)

Infrastructure for Dementia Education, Engagement and Action (IDEA)

**Requested: \$2,500,000**

The Infrastructure for Dementia Education, Engagement and Action (IDEA) will fill a critical gap in Alzheimer's Disease and Related Dementias (AD/ADRD) education and early intervention in two cities with a high proportion of Black older adults. Robust partnerships between a Resource Center on Minority Aging Research, an Alzheimer's Disease Center, and several community organizations will reach more than 2000 Black older adults. We will achieve these metrics by addressing the following four aims with corresponding methods and outcomes. First, we will implement a core infrastructure of extant academic and community partners to support and sustain IDEA activities. Organizational partners will leverage expertise and resources to guide programmatic development, implementation and evaluation. Secondly, we will develop, assess, and refine an accurate, accessible, and actionable AD/ADRD community education curriculum optimized for reducing stigma and enhancing AD/ADRD preparedness. IDEA academic and community partners will co-create a culturally appropriate educational curriculum that addresses AD/ADRD stigma, diagnosis, treatment, communication, and research engagement. Community members and AD/ADRD clinicians/specialists will evaluate the curriculum for key metrics such as accuracy and acceptability before pilot testing with Black older adults. Additionally, we will execute and evaluate the IDEA curriculum with 30 cohorts (15 per city) of Black older adults in Detroit and Flint, MI. Participants will be recruited from three partnering registries and the surrounding communities. Post-tests and participant interviews will assess reductions in AD/ADRD stigma and enhanced AD/ADRD preparedness. Finally, we will evaluate the uptake of free mobile memory screening and research engagement among participants. A local Alzheimer's Disease Research Center will provide cognitive screening and personalized results for participants; their subsequent enrollment or retention in a partnering registry will be tracked. IDEA is conceptually innovative by addressing fundamental sociocultural barriers that perpetuate aging health disparities.

Active

**School of Social Work Research Pilot Grant** – Awarded: December 2024: \$15,000

**Mitchell: PI**

This pilot project is designed to provide data that demonstrates community need, interest, and acceptability for the **Infrastructure for Dementia Education, Engagement and Action (IDEA)**. IDEA is a proposed R61/R33 5-year phased proposal to the National Institute on Aging. The initial submission did not include pilot data on the target population of Black older adults, including any assurances that a combination of Alzheimer's disease education, screening and research engagement would be acceptable or of deemed of value to them. This proposed pilot project will address that flaw for the resubmission in July 2025. The focus of the IDEA pilot study is to ascertain the degree to which Black older adults who participate in two research registries for Black older adults in Detroit and Flint, MI identify a need for a tailored educational program on Alzheimer's disease and Alzheimer's disease related dementias (AD/ADRD). Further, this pilot study will capture potential interest and willingness to participate in free cognitive assessments and personalized feedback on cognitive performance, and to enroll in future research studies that track or investigate cognitive outcomes. These activities are central to a proposal being resubmitted to the National Institute on Aging; therefore, it is critical to understand the acceptability of the proposed study components to the target population. Data collection will include administering a survey and conducting focus groups.

19-PAF06464 (PI:Newman-Casey; Co-I—Mitchell)

04/01/20-03/31/25

1.20 Calendar MO

National Institutes of Health (NIH)

**\$3,883,524**

**Support, Educate, Empower: The SEE Personalized Glaucoma Coaching Trial**

Despite the availability of effective treatments, glaucoma causes more people to become irreversibly blind than any other disease worldwide, especially among socially and economically disadvantaged groups. 80% of patients do not adhere to their glaucoma medications. African Americans and people with lower socio-economic status are more likely to experience poor medication adherence and adverse vision outcomes. Because improved adherence is related to decreased glaucomatous vision loss, there is a critical need to improve education and counseling to meet the diverse self-management needs of people with glaucoma, using readily available clinical personnel and resources. Our long-term goal is to substantially increase glaucoma medication adherence among patients from diverse backgrounds by more effectively engaging them in glaucoma self-management behaviors. Our scientific premise is based on previous National Eye Institute-funded work demonstrating the need for improved self-management support for patients with glaucoma. Rigorous, evidence-based communication, education, and outreach strategies, such as tailored education, motivational-interviewing (MI) based counseling and reminder systems, can improve adherence and outcomes for diverse patients. Our central hypothesis is that glaucoma patients with poor adherence who receive MI-based counseling and personally tailored education from a trained non-physician eye care professional alongside reminders through the SEE Program will improve their medication adherence. Our overall objective is to test whether the SEE Program, compared to standard care, improves medication adherence through a randomized clinical trial among 230 glaucoma patients with poor medication adherence at enrollment. It is essential to better utilize health care team members to provide support to glaucoma patients with poor adherence. Our study will test the model of using

health educators trained as glaucoma coaches to provide tailored education and counseling to improve glaucoma medication adherence. Impact: Upon completion of the trial, we will have rigorously evaluated an intervention that, by leveraging para-professional staff, is highly scalable and sustainable. The evidence from this study will inform effective behavior-change strategies and approaches to address race and income-based disparities in glaucoma outcomes. Ultimately, robust findings will shape clinical practice guidelines by promoting evidence-based models that will improve overall medication adherence and visual outcomes.

**Role: Co-I**

3 P30 AG015281-22 (Taylor, Robert J—PI, Mitchell- Co-I) 7/01/23– 06/30/28  
0.5 cal mos.  
**\$3,593,651**

National Institute on Aging (NIA)

**Michigan Center for Urban African American Aging Research**

The Michigan Center for Urban African American Aging Research (MCUAAAR), a mature center of the Resource Center for Minority Aging Research program, expands its reach and impact by mentoring junior faculty (most of whom are African American), by focusing on African American life-course health research, and the addition of Michigan State University (MSU) formally joining the University of Michigan (UM) and Wayne State University (WSU) forming the new MCUAAAR.

**Role: Co-I**

20-PAF09129 07/01/21 – 12/31/23 0.24 Calendar MO  
NIH/NIDDK (**PI: Hawkins**)  
Annual Directs: \$125,000 Total Award: \$585,000

**Diabetes Self-Management Intervention for African American Men**

Black men are more likely to be diagnosed with Type 2 diabetes (T2D) compared to non-Hispanic White men. Black men with T2D also experience suboptimal glycemic control compared to non-Hispanic White men, resulting in a higher risk for complications associated with T2D. A growing body of literature demonstrates the critical role of gender in the management of health behaviors for chronic conditions such as T2D; male gender norms can negatively impact implementing healthy behaviors. Broader literature demonstrates that gender-based beliefs, like maintaining a strong image to the outside world, impede engaging in healthy behaviors. These studies suggest that tailoring T2Dself-management interventions to address the needs of Black men may be critical to helping them to achieve optimal health outcomes. Peer leaders are trained lay individuals who provide ongoing T2Dself-management support to people with T2D, particularly in minority communities. Despite studies showing that T2Dmanagement interventions using peer leaders have been successful, the majority of peer leaders and participants in those studies are women.

**Role: Key Personnel** (0.24 Calendar MO)

*Summary of Previous Grants*

1 R24AG065151-01 (Mitchell—PI) 06/1/20–03/31/25  
3.00 Calendar MO

National Institute on Aging (NIA)

**\$1,290,659**

**Recruiting & Retaining Older African Americans into Research (ROAR)**

The main objective of ROAR is to leverage the expertise of a collaborative team of academic and community partners to design, evaluate and disseminate a highly interactive and replicable, web-based research recruitment and retention resource and Participant Resource Pool for African American older adults and the investigators who engage them.

**Role: PI**

**Principal Investigator**, African American Men's Experience of Patient-Centered Patient-Provider Communication in Primary Care Medical Interactions. National Institute on Aging; Diversity Supplement to Michigan Center for Urban African American Aging Research (MCUAAAR). Dates 4/2015- 6/2017 (\$188,705) Research Mentors: Dr. Peter Lichtenberg and Dr. James Jackson. (Award 5P30 AG015281)

**Co-Investigator**, Physical Health Intervention Field Scan, RISE For Boys and Men of Color, "A Field Scan of Physical and Mental Health Interventions for Black Men in the United States," Principal Investigator: Daphne C. Watkins, Dates 3/29/16 – 12/20/16 (\$40,000).

**Investigator**, The American Cancer Society via Karmanos Cancer Institute Internal Research Grant (ACS-IRG). Communication Accommodation between Doctors, African American Men and their Companions in Oncology Consultations (Award # 11-053-01-IRG) (\$30,000), Dates 9/2013-12/2014

**Principal Investigator**, Patient-Centered Communication between Physicians and African American Men. Funding source is the Wayne State University Faculty Internal Research Grant (\$10,000)(2014)

**Investigator**, Michigan Center for Urban African American Aging Research (MCUAAAR) (Award 5P30 AG015281). Bio-psychosocial and health system correlates of cancer prevention practices among older African American men. PIs: Peter Lichtenberg, PhD., and James Jackson, PhD (2012-2013)(\$20,000)

**Faculty Trainee**, Southeast Michigan Partners Against Cancer and the Centers for Medicare and Medicaid Services (CMS); (Award 1 AO CMS 3000068). Influence of interpersonal and patient navigation support on the completion of prostate and colorectal cancer screening among African American male Medicare recipients; PIs: Terrance Albrecht, PhD and Peter Lichtenberg, PhD (2011-2012)(\$5,000)

## **MEDIA COVERAGE**

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**\*The Art of Aging Podcast: Episode 16: The Role of Race in Health Outcomes:**  
<https://ruthfrostparker.podbean.com/e/episode-16-the-role-of-race-in-healthcare-outcomes-jamie-mitchell-phd/>

\* **PBS Next Avenue 2018 Influencer in Aging:** “Jamie Mitchell: Bettering Health Care for Older African-American Men: <https://www.nextavenue.org/jamie-mitchell/>

\***Stateside Michigan Radio (NPR) Interview, December 9, 2019: Women and minorities are underrepresented in medical studies. Researchers say that could be deadly:**  
<https://www.michiganradio.org/post/women-and-minorities-are-underrepresented-medical-studies-researchers-say-could-be-deadly>

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## TEACHING INTERESTS

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- Social justice and equity
- Online learning and instructional technology
- Applications of public health to social work practice
- Professional career development in doctoral education

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## TEACHING EXPERIENCE

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### 2024-2025 Teaching Assignments:

- **Summer 2025: SW505**
- **Winter 2025: SW799- Health Equity in Aging**
- **Winter 2025: SW505**
- **Fall 2024: SW505**
- **Fall 2024: SW620**

### *Social Justice and Diversity in Social Work (Lead Instructor) -ONGOING*

- SW505: Essentials Lead Instructor (Master course design including 3 versions of a 15-week Canvas course shell focused on Social Work Grand Challenges, trained 13 instructors, provided weekly instructional newsletters and email/zoom consultation support for instructors).

### *Contemporary Cultures in the U.S. (Online MSW Course Designer and Instructor)*

- SW620: Worked with iDesign (outside company) to develop 13 course modules, record 13 lectures with UM Academic Innovation production support, and pilot test course to launch for the online MSW program. Course Launched in Fall 2022, currently teaching.

### **Doctoral level**

*SW873-Theories of Change (2018 and 2020)*  
*SW842- Social Equality and Equity (2018)*  
*SW833- Grant Writing (2024)*

Wayne State University, School of Social Work

### **Masters Level**

*SW7500 and 7560- Human Behavior in the Social Environment: Micro Theory (2012-2014)*  
*SW7560- Human Behavior in the Social Environment: Diversity (2012-2015)*

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## ACADEMIC ADVISING & MENTORING

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### *Doctoral Advisees*

- Ramona Perry (Joint PhD candidate, The University of Michigan School of Social Work & Psychology)- Dissertation Committee Co-Chair, Defended March 2023; Graduated April 2023
- Ed-Dee Williams (Joint PhD candidate, The University of Michigan School of Social Work & Sociology)-Graduated December 2021

### Doctoral Committees:

- **Neema Prakash** (Psychology)- Dissertation Committee Co-Chair (2025)

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## PRESENTATIONS

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### *Conference and Community Presentations*

Tam E. Perry, MSSW, MA, PhD,, Amanda J. Horn, MA, Vanessa Rorai, MSW, JoAnn Smith, HS, James Bridgforth, BBA, **Jamie Mitchell, MSW, PhD**, Kent Key, MPH, PhD, Cynthia Howell, HS, Robert Taylor, MSW, PhD, Peter Lichtenberg, PhD, ABPP, Amanda T. Woodward, AM. Symposium for the 2025 Gerontological Society of American Annual Program Meeting: “Community Engaged Research for Older, Minoritized Americans: Programmatic Perspectives and Recommendations to Move the Science of Inclusion Forward”

**Mitchell, J.** (2024) NIA-AA Preconference Immersive Workshop, titled, ‘Examining Diversity, Recruitment and Retention in Alzheimer’s Disease (AD) and AD-Related Dementias Research. Alzheimer’s Association International Conference (AAIC) July 26, 2024, Philadelphia.

Perry, T., Stringer, W., Howell, C., Rorai, V., Horn, A., Key, K., **Mitchell, J. (2024)**. Gerontological Society of American Annual Program Meeting: “Leaders and Consultants from an Aging Center in Michigan: Productive and Tailored Engagement with African Americans.

**Mitchell, J.**, Flores, E., Key, K., Howell, C., Perry, T., Rorai, V.. (2023) Challenges in the Community-Driven Recruitment of Black Older Adults to a Health Research Registry. Gerontological Society of American Annual Program Meeting. November 2023, Tampa, FL.

Hicks PM, Woodward MA, Lu MC, Niziol LM, Darnley-Fisch D, Heisler M, Resnicow K, Musch DC, **Mitchell J**, Imami NR, and Newman-Casey PA. Neighborhood-Level Social Risk Factors Associated with Presenting Glaucoma Severity at a Tertiary Eye Care Center. Association for Research in Vision and Ophthalmology. New Orleans, LA. 2023

**Mitchell, J.**, Key, K., Flores, E., Knurek, S., Perry, T., Rorai, V., Ilardo, J., & Sass, A. (2022). “Preparing the Ground: Developing Community-Based Strategies to Engage Older Black Men in Health Research.” Gerontological Society of American, Annual Program Meeting, November 2023, Indianapolis, IN.

**Mitchell, J.** Wake Forest University: The Office of Cancer Health Equity & Public Health Sciences DEI Task Force: Improving Equity and Inclusivity in Clinical Research. What's Working to Engage Diverse Populations. April 14, 2022

**Mitchell, J.** Clinical Cancer Prevention Consortium Leadership Council. Engaging Diverse Communities in More Equitable Clinical Research. January 31, 2022

**Mitchell, J.** University of Michigan Cancer Control and Population Sciences Faculty. Strategies to Support Community Engaged Research with Underrepresented Populations. December 9, 2021

**Mitchell, J.** UM Cardiovascular Center Clinical Research Group. Connection is Key: Strategies for Developing Inclusive Clinical Research. October 19, 2021

**Mitchell, J. & Thompson, H.** National Council on Negro Women (NCNW): A Conversation with Black Women: Participants, Partners and Leaders in Breast Cancer Research. October 5, 2021.

**Mitchell, J.** Michigan Medicine Social Work Research Symposium: Integration of Social Justice and Shaping Inclusion in Research. "**ENGAGE US!** Building trust and bridging community partnerships on the road to more equitable and diverse research participation". September 23, 2021.

**Mitchell, J.** Ruth Frost Parker Center for Abundant Aging's 6th Annual Symposium: At the Intersection of Race and Aging. "**Building Equitable Connections Between Older African Americans and Health Research**" August 27<sup>th</sup>, 2021.

**Mitchell, J., Perry, T., Key, K., Rorai, V., Knurek, S., Ilardo, J., Lichtenberg, P.** (2020). Insights Gained From Developing Academic-Community Partnerships for Minority Aging, Community-Engaged Research. Symposium, Gerontological Society of America (November, 2020).

**Mitchell, J., Perry, R., & Lobo, K.** (2020). Disparities in Patient-Centered Communication for Older Latino and Black Men: Results from the Health and Retirement Study. Oral paper presented at 2020 Society for Social Work and Research Annual Conference, Washington, DC.

**Mitchell, J., Perry, R., & Lobo, K.** (2019). Racial/Ethnic Differences in the Experience of Patient-Centered Communication for Older Minority Men. Oral paper presented at the 2019 International Conference on Communication in Healthcare, San Diego, CA.

**Mitchell, J., Williams, E\*, Thompson, H. & Lobo, K.** (2018). A Qualitative Analysis of eHealth Use among African American Male Cancer Survivors. The International Conference on Communication in Healthcare, Porto, Portugal. August 2018.

**Williams, E. & Mitchell, J.** (2018). The Intersection of Pain, Mental Health and Functional Ability for Older African American Men. Oral paper presented at 2018 Society for Social Work and Research Annual Conference.

**Mitchell, J., Williams, E., Perry, R. & Henderson, C.** (2018). "You have to be part of the process": A Qualitative Analysis of African American Men's Engagement in Primary Care Decision-Making and Communication. Oral paper presented at 2018 Society for Social Work and Research Annual Conference.

Cadet, T., Burke, S. **Mitchell, J.**, Rostant, O. & Bakk, L. (2017) Roles of Neighborhood Cohesion, Discrimination, and Outlook on Life in Preventative Healthcare. Gerontological Society of America/ International Association of Gerontology and Geriatrics Conference.

Bakk, L., Rostant, O., Cadet, T., Burke, S. & **Mitchell, J.** (2017). Did the Affordable Care Act Change Preventive Service Use for Medicare Beneficiaries in Poverty? Gerontological Society of America/ International Association of Gerontology and Geriatrics Conference.

**Mitchell, J.**, Cadet, T., Burke, S., Williams, E., & Alvarez, D. (2017). The Paradoxical Impact of Companionship on the Biopsychosocial Health of Older African American Men. Gerontological Society of America/ International Association of Gerontology and Geriatrics Conference.

Williams, E. & **Mitchell, J.** (2017) Predictors of Chronic Interfering Pain among Older African American Men and the Unique Role of Mental Health. The American Men's Studies Association

**Mitchell, J.** Hawkins, Berkemeier, & Nixon. (2017) A Qualitative Examination of Companion Communication during Cancer Consultations for African American Male Patients. 2017 Society for Social Work and Research Annual Conference.

Hawkins, J. **Mitchell, J.**, Johnson-Lawrence, V. (2017). The Doctor Never Listens: Older Black Men, Patient-Provider Communication and the Role of Social Workers in Helping Them Feel Heard. 2017 Society for Social Work and Research Annual Conference.

**Mitchell, J.**, Berkemeier, S. & Nixon, E. (2016). Examining the Context and Content of African American Men's Active Communication During Primary Care Medical Visits. American Men's Studies Association Conference, Ann Arbor, MI.

Hawkins, J. & **Mitchell, J.** (2016). African American men's question-asking during primary care medical visits. Southwest Interdisciplinary Research Center Annual Conference, Phoenix, Arizona.

**Mitchell, J.** (2015). Oncologists' Use of Patient-Centered Communication for Older African American Men with Cancer. The Gerontological Society of American Conference, Orlando, FL.

Johnson-Lawrence, V. & **Mitchell, J.** (2015). Do African America men with multimorbidity get their health questions answered? Poster presentation for the International Conference on Masculinities, New York, NY.

**Mitchell, J.**, Watkins, D. & Shires, D.\* (2015, January). Self-reported depression and emotional distress among older African American men across intersecting contexts. Oral paper for the Annual Conference of the Society for Social Work and Research.

**Mitchell, J.** & Shires, D.\* (2015, January). Oncologists overlook older African American men's psychosocial needs after a new cancer diagnosis. Oral paper for the Annual Conference of the Society for Social Work and Research.

Wharton, T., Watkins, D., **Mitchell, J.** & Kales, H. (2015, January). Oh I'm Not Going to Discuss This with Him: Older African American Church Community Members' Expectations of Formal Mental Health Care Providers; Oral paper for the symposium entitled "The Doors of the Church Are Open: Contextualizing Black Churches As a Place and Space for Mental Health and Longevity Among African Americans" at the Annual Conference of the Society for Social Work

and Research.

Watkins, D., Wharton, T., Mitchell, J., Matusko, N. & Kales, H. (2015, January). A Mixed Methods Study of Family Support and Distress among Older Church-going African American Men. Oral paper for the symposium entitled “The Doors of the Church Are Open: Contextualizing Black Churches As a Place and Space for Mental Health and Longevity Among African Americans” at the Annual Conference of the Society for Social Work and Research, New Orleans, LA

Johnson-Lawrence, V., Thorpe, R. & **Mitchell, J.** (2014, November) Multi-morbidity and limitations in the context of age and race/ethnicity in the 1999-2010 National Health and Nutrition Examination Surveys. Gerontological Society of America, Washington, DC.

Tucker-Seely, R., **Mitchell, J.**, & Shires, D. (2014, March). Financial hardship and confidence in the ability to take care of your health among African American men. Poster presentation for the 35th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Philadelphia, PA.

**Mitchell, J.**, Mountain, S. & Watkins, D. (2014, March). Black Men, Masculinity, and Cancer in Context: A Review of the Literature. Poster presentation for the American Men’s Studies Association, Tacoma, WA.

Jefferson, O., Watkins, D. & **Mitchell, J.** (2014, March). Coddling Boys and Cultivating Girls: Black Women Discuss their Perceptions of Gender Differences in Parenting Practices. Poster presentation for the American Men’s Studies Association, Tacoma, WA.

**Mitchell, J.**, Hawkins, J., & Shires (2014, January). Access Is Not Enough: Socioeconomic Barriers to Colorectal Cancer Screening among Insured Older African American Men; Oral paper presented at the 18<sup>th</sup> annual conference for the Society for Social Work and Research (SSWR), San Antonio, Texas

**Mitchell, J.** & Shires, D. (2014, January). Fatalistic Beliefs About Cancer Prevention Among Older African American Men Enrolled in Medicare; Oral paper presented at the 18<sup>th</sup> annual conference for the Society for Social Work and Research (SSWR), San Antonio, Texas

**Mitchell, J.**, Wharton, T., Watkins, D., & Kales, H. (2013, November). “There’s No Depression in the Walk.” A Qualitative Analysis of How Older Black Women Define and Discuss Depression in the Context of their Spirituality; Poster presentation for the 66<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America (GSA), New Orleans, Louisiana

**Mitchell, J.** (2013, April). Examining the emotional well-being of older African American adults enrolled in Medicare. Oral paper presented at the American Men’s Studies Association Annual Conference, Ann Arbor, MI

Watkins, D., **Mitchell, J.** Hawkins, J., Page, A. (2013, April). Using Mixed Methods and Multiple Studies to Examine the Physical and Mental Health Outcomes of African American Men: A Panel of Findings and Future Directions. Panel presentation at the American Men’s Studies Association Annual Conference, Ann Arbor, MI

**Mitchell, J.** (2013, February) Lessons Learned about Older African American Men's Well-being and Preventive Health. Resource Centers for Minority Aging Research Annual Meeting, Los Angeles, CA

**Mitchell, J. & Watkins, D.** (2013, January). Social Determinants Associated with Colorectal Cancer Screening in an Urban Community Sample of African American Men. Oral paper presented at the 17<sup>th</sup> annual conference for the Society for Social Work and Research (SSWR), San Diego, CA

**Mitchell, J., Moore, J., & Hampton, R.** (2012, May). The road to health for Black male undergraduates: Chronicling risk and opportunities. Oral paper presented at the 18<sup>th</sup> Annual National Conference on Diversity, Race, and Learning, Columbus, Ohio.

**Mitchell, J. & Hawkins, J.** (2012, March). Factors shaping cancer family history discourse among African American men. Oral paper presented at the American Men's Studies Association Conference, Minneapolis, MN.

**Mitchell, J.** (2008, April). Prostate cancer education and early detection programs for African American men: A Rapid evidence assessment. Poster presentation at the Intercultural Cancer Council (ICC) 11<sup>th</sup> Biennial Conference on Cancer and Underserved Minorities, Washington, D.C.

**Mitchell, J.** (2008, April) An Examination of prostate cancer early detection decision-making among older African American men using a social epidemiological model. The Ohio Association of Gerontology and Education (OAGE) Conference, Cleveland, Ohio.

### Invited Presentations

**Mitchell, J.** Empowering Interventions to Improve Health Communication and Reduce Disparities for African American Men. University of Washington, Seattle, Hartford Healthy Generations Center of Excellence. October 4, 2018.

**Mitchell, J.** (Panelist). 2018 Leon and Josephine Winkelman Memorial Lecture. "The Use of Family Designs to Understand Aging in African Americans. February 20, 2018.

**Mitchell, J.** (Panelist). *Does Comprehensive Health Insurance Reform Address Behavioral Health Disparities?* Wayne State University School of Social Work 8<sup>th</sup> Annual Diversity Lecture, March 26, 2014, Detroit, Michigan.

**Mitchell, J.** *Developing Cultural Competence in Genetic Counseling Practice with African American Men.* Wayne State University School of Medicine, Department of Genetic Counseling, graduate course guest lecture, October 7, 2013, Detroit, Michigan

**Mitchell, J.** *Factors that influence Cancer Prevention for urban and low-income African American men.* Cancer Support Community of Ann Arbor. September 27, 2012, Ann Arbor, Michigan

**Mitchell, J.** *African American Men's Health: Opportunities under the Affordable Care Act.* Presentation before the African American Men's Wellness Walk Organization. May 24, 2012, Columbus, Ohio

**Mitchell, J.** *Using social ecological theory to examine social and behavioral determinants of health and health disparities.* Invited guest lecture for Wright State University Boonshoft School of Medicine, School of Public Health. April 28, 2011.

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## UNIVERSITY SERVICE

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### *Rogel Cancer Center*

- **Diversity, Equity, Inclusion and Justice Advisory Council (2021-2022)**
- **Scientific Progress Review Subcommittee (2021-2022)**
- **Assistant Director of Clinical Research Participation (2020-2022)**

### *School of Social Work, University of Michigan*

- **LARC Committee (2024-2025)- CHAIR**
- PRAXIS Committee (2023-2024)
- Dean's Search Advisory Committee (2021-2022)
- Curriculum committee (2021- December 2022)
- Technology Committee (2019-2020)
- Executive Committee (2017-2019)
- Search Committee (2016-2017)
- Executive Committee (2016)
- Student Advisory Board (2015-2016)
- Gerontology Learning Community (2015-2018)
- People of Color Collective- Advisor (2016)

### *School of Social Work, Wayne State University*

- Doctoral Steering Committee (2013-2015)
- NCAA Athletic Liaison (2013-2015)
- Student Due Process Committee (2012-2015)
- Faculty Hearing Committee (2012-2015)
- Co-Adviser- Doctoral Student Writing Learning Community- FINAL DRAFT (2013-2015)

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## ADDITIONAL COMMUNITY SERVICE AND ENGAGEMENT

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- **Speaker**, Community Engaged Research Alphabet Soup, Gerontological Society of American Interest Group Meeting /Training (August 2024)
- **Panelist and Speaker** for Ethics and Challenges in Community-Academic Partnerships- Community Presentation/Workshop sponsored by Karmanos Cancer Institute and Wayne State University. November, 2, 2023, Detroit Premier Academy).
- **Speaker**, Infrastructure for Research, Equity in Aging and Cancer Health. Annual Meeting. Sponsored by Georgetown University. December, 4, 2023.

- NIH Loan Repayment Program (LRP) UM Campus Ambassador and workshop panelist (September 9, 2022)
- Guest Lecturer in Minority Aging for Professor Xiaoling Xiang, Fall 2022.
- **Mentor and presenter** for Social Work doctoral student summer workshop, June 2019 (Robert Taylor, Organizer)
- **Member** of National Advisory Board of PCORI (Patient Centered Outcomes Research Institute) Engagement Award proposal titled, “*Best Practices to Engage Black Men in the Development of a Cancer Health Equity Research Agenda.*” (PI: Dr. Jinping Xu, Associate Professor in Family Medicine and Public Health Sciences-Wayne State University (2019)
- **Keynote Speaker**, *Black Men Cancer Equity Symposium*, Karmanos Cancer Institute, October 11, 2019
- **Workshop Presenter**, Cancer Support Community of Ann Arbor, June 27th, 2019
- **Presenter**, School of Social Work Job club (October 2019), developing research and teaching statements
- **Radio Interviewee**: Michigan radio interview on diversity in research Participation (December 2019) <http://www.tinyurl.com/um5934d>
- **Committee Member**, Research Centers Collaborative Network (RCCN) of the National Institute on Aging (NIH): planning committee for 2021 workshop on inclusion of older adults in clinical research (workshop held-2/23 and 2/24/2021)
- **Assistant director** of Clinical Research Participation, Rogel Cancer Center (Michigan Medicine) (September 2020-Present)
- **Presenter**, Association of American Cancer Institutes (AACI) on behalf of Rogel Cancer Center, “How cancer centers are addressing health disparities and social justice.” (October 2020).
- **Presenter**, Phi Delta Epsilon pre-medical fraternity panel on cross cultural care-University of Michigan, (October, 17, 2020)
- **Presenter**, 2020 Rogel Cancer Center Fall Research Symposium, “*Racial Disparities in Cancer Burden and Outcomes - Advancing the Discussion and Developing an Agenda for Impact* (November 9, 2020)
- **Presenter**, Black Men’s Cancer Action Council Community Group: Topic: Research ethics (December, 2020)
- **Guest lecture**: Doctoral pedagogy course: The Ohio State University (October 2020)
- **Guest lecture**: UM SSW Geriatric integrative seminar on aging and health disparities (Su Crabb)
- **Speaker/Panelist**, Rogel Cancer Center in collaboration with Pancreatic Action Network “Pancreatic Cancer & Clinical Trials: Why They Matter to Communities of Color.” (January 28, 2021)

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## PROFESSIONAL ASSOCIATIONS

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- American Association for Cancer Research (AACR) 2014-2017
- Minorities in Cancer Research Council 2014-2017
- American Men’s Studies Association (AMSA), 2013-2017
- Gerontological Society of America (GSA), 2012-present
- Society for Social Work and Research (SSWR), 2009-present
- Bell National Resource Center on the African American Male, 2009-Present

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## **PROFESSIONAL SERVICE**

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*Society for Social Work and Research (SSWR)*

- Communications Committee (2019- **January 2022**)

*American Men's Studies Association*

- Director of Outreach and Communication (2015 – 2017)

Cancer Support Community, Ann Arbor

- Member, Professional Advisory Committee (2016-Present)

Alzheimer's Association, Great Lakes Chapter

- Diversity & Inclusion Committee (2017-2019)

U.S. Commission on Civil Rights, Michigan Committee (2018-2021)

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## **ELECTED POSITIONS**

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- Member, Board of Directors, American Men's Studies Association (2015- 2017)

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## **AD HOC REVIEWER**

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Peer –Reviewed Journals

*American Journal of Men's Health; International Journal of Men's Health; Social Work in Health Care; Health Education & Behavior; Journal of Healthcare for the Poor and Underserved; Social Work in Public Health; Health Promotion Practice; Research on Aging; Ethnicity & Disease; PLOS One; Medical Care; Family Medicine & Community Health; BMJ Open; Alzheimer's and Dementia TRCI.*