

# AMIE M. GORDON

UNIVERSITY OF MICHIGAN, ANN ARBOR  
amiemg@umich.edu ♦ [www.whirlab.com](http://www.whirlab.com)

updated 8/7/25

## POSITIONS HELD

- 2025-PRESENT **Associate Professor of Psychology**  
2022-PRESENT Faculty Affiliate, Michigan Institute for Data Science  
2021-PRESENT Faculty Associate, Center for Positive Organizations  
2020-PRESENT Faculty Associate, Research Center for Group Dynamics  
*University of Michigan, Ann Arbor*
- 2020-2025 **Assistant Professor of Psychology**  
2019-2020 **Visiting Assistant Professor in Social Psychology**  
*University of Michigan, Ann Arbor*
- 2017- 2020 **Principal Research Scientist**  
Emotion, Health, and Psychophysiology Lab  
*University of California, San Francisco*

## EDUCATION

- 2015-2017 **Postdoctoral Fellow**, *Greater Good Science Center Postdoctoral Fellowship*  
Health Psychology, University of California, San Francisco
- 2013-2015 **Postdoctoral Fellow**  
Institute of Personality and Social Research, University of California, Berkeley
- 2013 **Ph.D.**  
Social-Personality Psychology, University of California, Berkeley
- 2006 **B.A.**  
Psychology with minor in Political Science, *departmental and college honors*  
University of California, Los Angeles, *summa cum laude*

## RESEARCH INTERESTS

Interpersonal Relationships; Prosocial Processes; Affect; Health & Wellbeing; Psychophysiology

## AWARDED GRANTS AND FELLOWSHIPS

- 2025-2030 National Science Foundation CAREER Award (NSF2440913), PI  
*Patterns of Dynamic Change in Relationship Quality Over Time*
- 2024-2026 SSHRC Insight Development Grant, Co-I, PI: Amy Muise  
*We 'Just Click': Does Romantic Chemistry Predict Relationship Development and Maintenance*
- 2022-2024 Michigan Institute for Data Science: Propelling Original Data Science Grant, PI,  
*Developing a large-scale dataset to track romantic relationship formation and maintenance*
- 2021-2023 UCLA Expanding the Frontiers of Relationship Science Research Grant, PI,  
*Concurrent Stress: A Common Yet Understudied Reality for Romantic Couples*
- 2021-2022 University of Michigan LSA Social Science Scholarship/Research Award, Co-PI,  
*Sleep and relationship quality during the transition to parenthood: An experimental pilot study using infant simulators*
- 2021 University of Michigan LSA Social Science Summer Writing Group Award, Co-PI  
*Close Relationships Summer Faculty Writing Group*
- 2019 SPSP Small Conference Grant, PI  
*Bringing sleep-wake processes into personality and social psychological research*
- 2018-2021 Samsung Grant, Principal Research Scientist  
*Measuring stress and blood pressure in daily lives*
- 2018 SPSP Op-Ed Training Grant, "The Country Needs Marital Therapy"

- 2017-2018 UC Health Psychology Consortium Research Grant, Co-I, PIs: Brenda Major & Aric Prather  
*Risk and resilience among Latino/a first-year students: The role of sleep and perceived discrimination*
- 2015-2017 Greater Good Science Center: Science of Gratitude Postdoctoral Fellowship
- 2009-2012 National Science Foundation Graduate Research Fellowship (3-year fellowship)
- 2007-2009 Berkeley Fellowship for Graduate Study (2-year fellowship)
- 2005-2006 UCLA Undergraduate Research Scholars Program

### MENTORED GRANTS AND FELLOWSHIPS

- 2024-2026 NSF SBE Postdoctoral Fellowship, Co-Sponsoring Scientist  
PI: Tatum Jolink (U-M)  
*Compatibility in emerging relationships among straight and queer daters*
- 2021-2022 Love Consortium Graduate Fellowship, Mentor  
Mentee: Tatum Jolink (UNC-Chapel Hill),  
*The bidirectional link between felt and enacted love and sleep*
- 2020-2021 Love Consortium Graduate Fellowship, Mentor  
Mentee: Yoobin Park (University of Toronto),  
*Does grateful love take two? New insights into partner match on gratitude using six longitudinal datasets*

### HONORS AND AWARDS

#### RESEARCH

- 2025 APA Distinguished Scientific Award for an Early Career Contribution to Psychology, *APA Unsung Champion Advising Award, University of Michigan, College of LSA*
- 2023 John A. Swets Memorial Award for Excellence in Collaborative Research in Psychological Science, *University of Michigan*
- 2022 Gerald R. Miller Early Career Award, *International Association for Relationship Research*
- 2022 Caryl E. Rusbult Close Relationships Early Career Award  
*Relationships Researchers Interest Group, Society for Personality and Social Psychology (SPSP)*
- 2019 Fellow of the *Society of Experimental Social Psychology (SESP)*
- 2019 *APS Rising Star Award*
- 2013 Greater Good Science Center: Science of Gratitude Dissertation Research Award, *UC Berkeley*
- 2013 *Relationships Research Interest Group Best Student Paper Award, Honorable Mention*
- 2013 *Best Student Paper Award, SPSP*
- 2012 *Student Travel Award, IARR*
- 2011 *Student Travel Award, SPSP*
- 2011 *Travel Award, National Science Foundation (NSF)*
- 2008 *Abigail Reynolds Hodgen Publication Fund Award, UC Berkeley*
- 2005 *Brueck Scholarship, UCLA*
- 2005 *Stone Research Award, UCLA*

#### TEACHING, MENTORSHIP, & SCHOLARSHIP

- 2023 Nominee – ACUM Outstanding Advisor Award, *University of Michigan*
- 2021 Nominee – Golden Apple Award, *University of Michigan*
- 2012 Outstanding Graduate Student Instructor (GSI) Award, *UC Berkeley*
- 2011 Outstanding GSI Nominee (top 15% of Departmental GSI ratings), *UC Berkeley*
- 2006 *Phi Beta Kappa*

### PEER-REVIEWED PUBLICATIONS (pdfs of all my publications are available [here](#))

†Student mentee \*Contributed equally

1. Newman, D. B., **Gordon, A. M.**, & Mendes, W. B. (2025). Income and education show distinct links to health and happiness in daily life. *Nature Human Behaviour*.

2. From, A., Diamond, E., Kafae, N., Reynaga, M., Edelstein, R. S., & **Gordon, A. M.** (2025). Does similarity matter? A scoping review of perceived and actual similarity in romantic couples. *Journal of Social and Personal Relationships*, 02654075251349720.
3. Park, H. G., Johnson, M. D., **Gordon, A. M.**, & Impett, E. A. (2025). “Pay Me Back”: Testing the Implications of Long-Term Changes and Partner Similarity in Exchange Orientation Within Intimate Relationships. *Personality and Social Psychology Bulletin*, 01461672251330700.
4. Park, Y., **Gordon, A. M.**, Prather, A. A., & Mendes, W. B. (2024). Better sleep and less stress following sex. Findings from a large-scale ecological momentary assessment study, *Health Psychology*. Advanced online publication.
5. **Gordon, A. M.**, †Luciani, M., & †From, A. (2024). I love you but I hate your politics: Antecedents and consequences of political (dis)similarity in romantic couples. *Journal of Personality and Social Psychology*. Advanced online publication.
6. Stellar, J. E., Bai, Y., Anderson, C. L., **Gordon, A. M.**, McNeil, G., Peng, K., & Keltner, D. (2024). Culture and awe: Understanding awe as a mixed emotion. *Affective Science*, 5, 160-170.
7. Newman, D. B., **Gordon, A. M.**, O’Bryan, J., & Mendes, W. B. (2024). Stress reduction experiments in daily life: Scaling from the lab to the world. *Journal of Experimental Social Psychology: General*, 153(4), 1076–1092.
8. **Gordon, A. M.** & †Diamond, E. (2023). Feeling understood and appreciated in relationships: Where do these perceptions come from and why do they matter? *Current Opinion in Psychology*, 53, 10168.
9. †Ascigil, A., Luerssen, A., Gonzalez, R., & **Gordon, A. M.** (2023). Predictors of relationship satisfaction during the Covid-19 pandemic. *Social and Personality Psychology Compass*, e12881.
10. †From, A., Luerssen, A., & **Gordon, A. M.** (2023). Both overwhelmed or in it together? Similarity in COVID-19-related stress and romantic relationship quality. *Social and Personality Psychology Compass*, e12789.
11. Qaiser, J., Leonhardt, N. D., Le, B. M., **Gordon, A. M.**, Impett, E. A., & Stellar, J. E. (2023). Shared hearts and minds: Physiological synchrony during empathy. *Affective Science*, 4, 711-721.
12. Park, Y., **Gordon, A. M.**, & Mendes, W. B. (2023). Age differences in physiological reactivity to daily emotional experiences. *Affective Science*, 4, 487-499.
13. Mak, H. W., **Gordon, A. M.**, Prather, A. A., Epel, E. S., & Mendes, W. B. (2023). Acute and chronic stress associations with blood pressure: An ecological momentary assessment. *Psychosomatic Medicine*, 85, 585-595.
14. Sell, N., Sisson, N., **Gordon, A. M.**, Stanton, S., & Impett, E. A. (2023). Daily sleep quality and support in romantic relationships: The role of negative affect and perspective-taking. *Affective Science*, 4, 370-384.
15. Don, B., **Gordon, A. M.**, & Mendes, W. B. (2023). The good, the bad, and the variable: Examining stress and blood pressure responses to close relationships. *Social Psychological and Personality Science*. 15, 288-298.
16. †Park, Y., **Gordon, A. M.**, Muise, A., & Impett, E. A. (2023). Differing levels of gratitude between romantic partners: Concurrent and longitudinal links with satisfaction and commitment in six dyadic datasets. *Personality Science*, 4, 1-22.
17. MacKenzie, N., **Gordon, A. M.**, Impett, E. A., & Rosen, N. (2023). Indirect associations between infant sleep, parental sleep, and sexual well-being in new parent couples. *Journal of Family Psychology*, 37, 347-357.
18. Newman, D. B., **Gordon, A. M.**, Prather, A. A., & Mendes, W. B. (2023). Examining daily associations among sleep, stress, and blood pressure across adulthood. *Annals of Behavioral Medicine*. 57, 453-462.
19. **Gordon, A. M.**, Cross, E., †Ascigil, E., Balzarini, R., Luerssen, A., & Muise, A. (2022). Feeling appreciated buffers against the negative effects of unequal division of household labor on relationship satisfaction. *Psychological Science*, 33, 1313-1327.
20. Harris, P., **Gordon, A. M.**, Dover, T. L., Small, P., Collins, N. L., & Major, B. (2022). Sleep, emotions, and sense of belonging: A daily experience study. *Affective Science*, 3, 295-306.

21. Newman, D. B., **Gordon, A. M.**, & Mendes, W. B. (2021). Comparing daily physiological and psychological benefits of gratitude and optimism using a digital platform. *Emotion, 21*, 1357-1365.
22. **Gordon, A. M.** & Mendes, W. B. (2021). A large-scale study of stress, emotions, and blood pressure in daily life using a digital platform. *Proceedings of the National Academy of Sciences, 118*(31), e2105573118.
23. **Gordon, A. M.**, †Carrillo, B., & Barnes, C. (2021). Sleep and social relationships in healthy populations: A systematic review. *Sleep Medicine Reviews, 57*, 101428.
24. Joel, S., Eastwick, P. W., Allison, C. J., Arriaga, X. B., Baker, Z. G., Bar-Kalifa, E., Bergeron, S., Birnbaum, G., Brock, R. L., Brumbaugh, C. C., Carmichael, C. L., Chen, S., Clarke, J., Cobb, R. J., Coolsen, M. K., Davis, J., de Jong, D. C., Debrot, A., DeHaas, E. C., Derrick, J. L., Eller, J., Estrada, M. J., Faure, R., Finkel, E. J., Fraley, R. C., Gable, S. L., Gadassi, R., Girme, Y. U., **Gordon, A. M.**, Gosnell, C. L., Hammond, M. D., Hannon, P. A., Harasymchuk, C., Hofmann, W., Horn, A. B., Impett, E. A., Jamieson, J. P., Keltner, D., Kim, J. J., Kirchner, J. L., Kluwer, E. S., Kumashiro, M., Larson, G., Lazarus, G., Logan, J. M., Luchies, L. B., MacDonald, G., Machia, L. V., Maniaci, M. R., Maxwell, J. A., Mizrahi, M., Muise, A., Niehuis, S., Ogolsky, B. G., Oldham, C. R., Overall, N. C., Perrez, M., Peters, B. J., Pietromonaco, P. R., Powers, S. I., Prok, T., Pshedetzky-Shochat, R., Rafaeli, E., Ramsdell, E., Reblin, M., Reicherts, M., Reifman, A., Reis, H. T., Rhoades, G. K., Rholes, W. S., Righetti, F., Rodriguez, L. M., Rogge, R., Rosen, N. O., Saxbe, D., Sened, H., Simpson, J. A., Slotter, E. B., Stanley, S. M., Stocker, S., Surra, C., Vaughn, A. A., Vicary, A. M., Visserman, M. L., & Wolf, S. (2020). Machine learning uncovers the most robust self-report predictors of relationship quality across 43 longitudinal couples studies. *Proceedings of the National Academy of Sciences 117*(32), 19061-19071.
25. **Gordon, A. M.**, Prather, A. A., Dover, T., Espino-Pérez, K., Small, P., & Major, B. (2020). Anticipated and experienced ethnic/racial discrimination and sleep: A longitudinal study. *Personality and Social Psychology Bulletin, 46*(12), 1724-1735.
26. **Gordon, A. M.**, †Del Rosario, K., Flores, A. J., Mendes, W. B., & Prather, A. A. (2019). Bidirectional links between sleep and social rejection. *Psychosomatic Medicine, 81*(8), 739-748.
27. Stellar, J. E., **Gordon, A. M.**, Anderson, C. L., Piff, P. K., McNeil, G. D. & Keltner, D. (2018). Awe and humility. *Journal of Personality and Social Psychology, 114*, 258-269.
28. **Gordon, A. M.**, Mendes, W. B., & Prather, A. A. (2017). The social side of sleep: Elucidating the links between sleep and social processes. *Current Directions in Psychological Science, 26*, 470-475.
29. Bai, Y., Maruskin, L. A., Chen, S., **Gordon, A. M.**, Stellar, J. E., McNeil, G. D., Peng, K., & Keltner, D. (2017). Awe, the diminished self, and collective engagement: Universals and cultural variations in the small self. *Journal of Personality and Social Psychology, 113*, 185-209.
30. \***Gordon, A. M.**, \*Stellar, J. E., Anderson, C. L., McNeil, G. D., Loew, D., & Keltner, D. (2017). The dark side of the sublime: Distinguishing a threat-based variant of awe. *Journal of Personality and Social Psychology, 113*, 310-328.
31. Stellar, J. E., **Gordon, A. M.**, Piff, P. K., Anderson, C.L., Cordaro, D., Bai, Y. & Maruskin, L. & Keltner, D. (2017). Self-transcendent emotions and their social functions: Compassion, gratitude, and awe bind us to others through prosociality. *Emotion Review, 9*, 200-207.
32. **Gordon, A. M.** & Chen, S. (2016). Do you get where I'm coming from?: Perceived understanding buffers against reduced relationship satisfaction after conflict. *Journal of Personality and Social Psychology, 110*, 239-260.
33. Kuehn, M. M., Chen, S., **Gordon, A. M.** (2015). Having a thicker skin: Social power buffers the negative effects of social rejection. *Social Psychological and Personality Science, 6*, 701-709.
34. Stellar, J. E., John-Henderson, N., Anderson, C. L., **Gordon, A. M.**, McNeil, G. D. & Keltner D. (2015). Positive affect and inflammation: Discrete positive emotions predict lower levels of pro-inflammatory cytokines, *Emotion, 15*, 129-133.
35. **Gordon, A. M.** & Chen, S. (2014). The role of sleep in interpersonal conflict: Do sleepless nights mean worse fights? *Social Psychological and Personality Science, 5*, 168-175.

36. **Gordon, A. M.** & Chen, S. (2013). Does power help or hurt? The moderating role of self-other focus on power and perspective taking in romantic relationships. *Personality and Social Psychology Bulletin*, *39*, 1097-1110.
37. Joel, S., **Gordon, A. M.**, Impett, E. A., MacDonald, G., & Keltner, D. (2013). The things you do for me: Perceptions of a romantic partner's investments promote gratitude and commitment. *Personality and Social Psychology Bulletin*, *39*, 1333-1345.
38. Impett, E. A., Gere, J., Kogan, A., **Gordon, A. M.**, & Keltner, D. (2013). How sacrifice impacts the giver and the recipient: Insights from approach-avoidance motivational theory. *Journal of Personality*, *82*, 390-401.
39. **Gordon, A. M.**, †Tuskeviciute, R., & Chen, S. (2013). A multi-method investigation of depressive symptoms, perceived understanding, and relationship quality. *Personal Relationships*, *20*, 635-654.
40. **Gordon, A. M.**, Impett, E. A., Kogan, A., Oveis, C., & Keltner, D. (2012). To have and to hold: Gratitude promotes relationship maintenance in intimate bonds. *Journal of Personality and Social Psychology*, *103*, 257-274.
41. Impett, E. A., Kogan, A., English, T., John, O., Oveis, C., **Gordon, A. M.**, & Keltner, D. (2012). Suppression sours sacrifice: Affective and relational costs of suppressing emotions in romantic relationships. *Personality and Social Psychology Bulletin*, *38*, 707-720.
42. Kogan, A., Impett, E. A., Oveis, C., Hui, B., **Gordon, A. M.**, & Keltner, D. (2010). When giving feels good: The intrinsic benefits of sacrifice in romantic relationships for the communally motivated. *Psychological Science*, *21*, 1918-1924.
43. Impett, E. A., **Gordon, A. M.**, Kogan, A., Oveis, C., Gable, S. L., & Keltner, D. (2010). Moving toward more perfect unions: Daily and long-term consequences of approach and avoidance goals in romantic relationships. *Journal of Personality and Social Psychology*, *99*, 948-963.
44. **Gordon, A. M.**, & Chen, S. (2010). When you accept me for me: The relational benefits of intrinsic affirmations from one's relationship partner. *Personality and Social Psychology Bulletin*, *36*, 1439-1453.
45. Impett, E. A. & **Gordon, A. M.** (2010). Why do people sacrifice to approach rewards versus avoid costs? Insights from attachment theory. *Personal Relationships*, *17*, 299-315.
46. Impett, E. A., **Gordon, A. M.**, Strachman, A. (2008). Attachment and daily sexual goals: A study of dating couples. *Personal Relationships*, *15*, 375-390.

## BOOK CHAPTERS

- Gordon, A. M.**, & Thorson, K. R. (2024). Design considerations and analysis of longitudinal data. In H. T. Reis, T. West & C. M. Judd (Eds), *Handbook of Research Methods in Social and Personality Psychology* (3<sup>rd</sup> edition). Boston, MA: Cambridge University Press.
- Stellar, J. E. & **Gordon, A. M.** (2024). Awe, compassion, and gratitude. In A. Scarantino (Ed.), *Handbook of Emotion Theory*.
- Gordon, A. M.**, Mendes, W. B., & Prather, A. A. (2019). Sleep and Social Processes. In Z. Krizan (Ed.), *Sleep, Personality, and Social Behavior*. Springer.
- Impett, E. A., & **Gordon, A. M.** (2009). Sexual attraction. In H. T. Reis & S. Sprecher (Eds.), *Encyclopedia of Human Relationships* (pp 134-137). Thousand Oaks, CA: Sage.
- Impett, E. A., & **Gordon, A. M.** (2008). For the good of others: Toward a positive psychology of sacrifice. In S. J. Lopez (Ed.), *Positive Psychology Perspective Series* (Vol. 2). Westport, CT: Greenwood Publishing Group.

## CONFERENCE PAPER PRESENTATIONS

- Society for Experimental Social Psychology (SESP)**: Santa Fe, NM, 2024 (symposium on close relationships); Madison, WI, 2023 (**co-chair** & discussant, symposium on relationship formation); Philadelphia, PA, 2022 (co-author, symposium on political partisan misperceptions; co-author, symposium on micro-interventions)
- Society for Personality and Social Psychology (SPSP)**: San Diego, CA, 2024 (paper presentation on SES and health and well-being); Portland, OR, 2019 (**co-chair**, symposium on sleep and social processes); San Diego, CA, 2016 (symposium on sleep, self-regulation and social behavior); Long Beach, CA,

2015 (**chair**, symposium on sleep and social psychology; co-author, symposium on humility); New Orleans, LA, 2013 (**chair**, symposium on gratitude; co-author, symposium on social power).

**International Association for Relationships Researchers (IARR):** Boston, MA, 2024 (symposiums on stress and relationships, sleep and relationships); Toronto, ON, 2016 (**chair**, symposium on new research on responsive behaviors); Chicago, IL, 2012 (symposium on differing perspectives on prosociality; paper on sleep and conflict); Providence, RI, 2008 (paper on attachment and approach-avoidance goals).

**Association for Psychological Science (APS):** San Francisco, CA, 2018 (symposium on sleep and social processes); Chicago, IL, 2016 (symposium on sleep); San Francisco, CA, 2014 (symposium on perceptions of other's positive behaviors)

**Society for Affective Science (SAS):** Boston, MA, 2017 (paper on sleep and positive emotions)

## INVITED TALKS

- 2025 University of Chicago, Social Psychology Colloquium Series  
Michigan Ross School of Business, Management and Organizations Speaker Series  
Columbia University, Social & Affective Processes Seminar  
New York University, Social Psychology Speaker Series
- 2024 Michigan State University, Social-Personality Psychology Colloquium Series
- 2023 Dallas Sleep Roundtable  
University of Michigan, Spring LIFE Academy  
Sabanci University Faculty of Arts and Social Sciences, Health, Stress & Relationships Symposium  
International Association for Relationships Researchers (IARR) Mini Conference, Keynote Speaker  
University of Minnesota, Interpersonal Relationships Group Speaker Series  
University of Rochester, Psychology Colloquium Series
- 2022 University of Michigan, Clinical Breadth Class  
University of Michigan, MIDAS Annual Data Science & AI Summit  
University of Michigan, Michigan Institute for Data Science (MIDAS)  
University of Maryland, Social, Decision and Organizational Science Colloquium Series  
Close Relationship Preconference, Rusbult Early Career Award Address, SPSP  
Emotions Preconference, SPSP  
Ann Arbor District Library, Exploring the Mind Community Talks
- 2021 University of Michigan, Clinical Psychology Brown Bag  
University of Michigan, Psychology Methods Hour  
University of Rochester, Rochester Relationships Lab  
University of Michigan, Social Psychology Brown Bag  
The Stress Measurement Network, Best Practices in Assessment of Stress in Daily Life
- 2020 The Love Consortium, moderator for "Harnessing Gratitude for Good" Event
- 2019 American Water Company  
San Francisco Metro Transit Authority  
Greater Good Science Center, The Science of a Happy Relationship Workshop  
SF Jewish Community Center  
MAP Energy, Keynote Speaker  
University of California, Santa Barbara, Department of Psychology
- 2018 University of Michigan - Ann Arbor, Department of Psychology  
Stanford University, Affective Science Seminar  
UC San Francisco, Center for Health and Community  
Vitalant, Keynote Speaker  
National Parks Service – Golden Gate Division  
Solano Community, Keynote Speaker: College Faculty Convocation  
Rady School of Management, Economics and Strategic Management Area, UCSD
- 2017 Kellogg School of Management, Management and Organizations Area, Northwestern  
The Greater Good Science Center, Gratitude in Business Summit

- UC Berkeley, Institute for Personality and Social Psychology  
Haas School of Business, Management of Organizations Area, UC Berkeley
- 2015 Kaiser Permanente
- 2014 The Greater Good Science Center, Gratitude Summit
- 2013 The Greater Good Science Center, Conference on Expanding the Science and Practice of Gratitude  
UC Irvine, Department of Psychology and Behavioral Sciences  
University of Toronto, Relationships Interest Group (TRIG)
- 2012 Santa Clara University, Psychology Department
- 2010 UC Berkeley, Institute for Personality and Social Psychology

## TEACHING EXPERIENCE

### STATISTICAL WORKSHOPS (PREPPED AND TAUGHT)

#### RECURRING WORKSHOPS

- Dyadic Longitudinal Data Analysis*, 4-Day Workshop: 2023, 2024, 2025  
*Advanced Topics in Dyadic Longitudinal Data Analysis*, 2-Day Workshop: 2024, 2025  
*Interpersonal Synchrony: Introduction to Methods & Analysis*, 2-Day Workshop: 2025

#### ONE-TIME WORKSHOPS

- 2019 *A Practical Guide to MLM*, 2-Day Workshop, University of Toronto  
*Multilevel Modeling Theory and Analysis*, 2-Day Workshop, UC Berkeley
- 2018 *2-Part MLM Webinar*, SPSP Online Learning  
*Multilevel Modeling Theory and Analysis*, 2-Day Workshop, Stanford University  
*Dealing with Dyadic Longitudinal Data*, 1-Day Workshop, University of Toronto  
*Practical MLM for Intermediate Users*, Invited Deep-Dive Workshop, SPSP Conference
- 2017 *Multilevel Modeling Theory and Analysis*, 2-Day Workshop, University of Toronto
- 2016 *Multilevel Modeling Refresher Course*, Center for Health and Community, UCSF
- 2015 *Analyzing Multilevel Data*, Affective Sciences Seminar, UC Berkeley
- 2013 *Multilevel & Dyadic Modeling*, 3-Day Workshop, UC Berkeley

### PSYCHOLOGY DEPARTMENT, UNIVERSITY OF MICHIGAN

#### GRADUATE COURSES

- Social Psychology Research Methods*: WINTER 2022, 2024  
*Political Psychology and Attitudes: Focusing on Political Polarization*: WINTER 2023  
*The Psychology of Close Relationships*: WINTER 2021, 2025

#### UNDERGRADUATE COURSES

- The Psychology of Close Relationships*: FALL 2020, 2021, 2022, 2024, 2025

## DISSERTATION COMMITTEES

- 2025 Katherine Ross (Clinical Psychology)
- 2024 Micaela Rodriguez (Social Psychology)
- 2024 Savannah Adams (Social Psychology)
- 2023 Annika From (Personality and Social Context)
- 2022 Esra Ascigil (Personality and Social Context)
- 2022 Lester Sim (Personality and Social Context)
- 2022 Qinggang Yu (Social Psychology)
- 2022 Jennifer Piemonte (Women's Studies and Psychology)
- 2022 Zachary Reese (Social Psychology)
- 2020 Staci Gusakova (Women's Studies and Psychology)

## SOFTWARE

### [WHIRLWELL](#)

Developed in collaboration with software developers at the University of Michigan, this mobile application provides a platform for intensive longitudinal studies. The app works with Qualtrics, one

of the most commonly-used online survey programs, but provides flexibility in terms of when and for how long surveys are available. To minimize attrition, the app notifies participants to complete surveys.

## REVEL

Developed in collaboration with Elizabeth Bruch, Associate Professor of Sociology and Complex Systems, and software developers at the University of Michigan, this is a dating app designed to track people as they date and form relationships. The app is available to University of Michigan students and allows them to fill out a profile, complete prompted surveys, filter, view, and swipe on profiles, block users, and chat with people they match with. Revel users are part of a research study, and our research team will use the data to answer questions about dating, compatibility, and the formation and maintenance of relationships.

## PROFESSIONAL ACTIVITIES

### JOURNAL REVIEWING

**Associate Editor:** *Emotion* (2023-2024)

**Editorial Board:** *Affective Science* (2020-present), *Personality and Social Psychology Bulletin* (2021-present), *Emotion* (2018-2022), *Journal of Social and Personal Relationships* (2019-2022)

**Ad Hoc Reviewer:** *European Journal of Social Psychology*, *Hormone & Behavior*, *Journal of Experimental Psychology: General*, *Journal of Experimental Social Psychology*, *Journal of Family Psychology*, *Journal of Personality*, *Journal of Personality and Social Psychology*, *Journal of Positive Psychology*, *Journal of Research in Personality*, *Motivation and Emotion*, *Personal Relationships*, *Personality and Social Psychology Bulletin*, *PLOS One*, *PNAS*, *Psychological Bulletin*, *Psychological Science*, *Psychosomatic Medicine*, *Science Advances*, *Scientific Reports*, *SLEEP*, *Sleep Health*, *Social and Personality Psychology Compass*, *Social Psychological and Personality Psychology*, *Trends in Cognitive Science*

### GRANT REVIEWING

**Ad Hoc Reviewer:** *National Science Foundation*, *U-M MIDAS*

### CURRENT AND PAST AFFILIATIONS

Association for Psychological Science, International Association for Relationships Researchers, Society for Affective Science, Society for Experimental Social Psychology, Society for Personality and Social Psychology

### PAST AND CURRENT PROFESSIONAL SERVICE

**Department and University:** Psychology Executive Committee, *UM* ('24-'25, '25-'26); RCGD Executive Committee ('24), *UM*; RCGD Situational Review Committee, *UM*; Annual Review Committee, *UM* ('24,'25); Industry Careers Committee, *UM*; Katz-Newcomb Committee ('23, '25-'26), *UM*; Social Psych Culture Committee ('23-'24; Chair, '24), *UM*; Chris Peterson Memorial Committee ('22), *UM*; SAA Committee ('22-'24), *UM*; Future Hiring Committee, *UM*; Graduate Admissions Committee ('19-'20, '21-'22, '22-'23), *UM*; Brickman Award Committee, *UM*; President of Gordon-Allport Society, *UC Berkeley*; Colloquium Committee, *UC Berkeley*; Graduate Admissions Committee, *UC Berkeley*

**Professional Societies:** Symposium Review Committee, *IARR*; Abstract Review Committee, *SAS*; Student Award and Poster Review Committees, *SPSP*

## POPULAR WRITING

The Boston Globe: [The Country Needs Marital Therapy](#) (Nov. 2020)

Harvard Business Review: [How Working Parents Can Prioritize Sleep](#) (Mar. 2020)

Psychology Today: [Blog](#) (2013-2023), [Love: What Really Matters](#) (Cover Story, Sept. 2020)

Greater Good Magazine (2013-Present)

Psych Your Mind Blog (2011-2015), *Co-Founder*