

SARA H. KONRATH

Email: skonrath@umich.edu / skonrath@iu.edu

Web: iPEARlab.org

EDUCATION

2002-2007 MS, PhD, Social Psychology: University of Michigan; Ann Arbor, MI, USA
Egos inflating: Rising narcissism and its implications for self-construal, cognitive style, and behavior
Chair: Brad Bushman
Committee: Norbert Schwarz, David Winter, Katherine Burson

1997-2002 Honors Bachelor of Arts, Psychology: University of Waterloo; Waterloo, Canada
Advisor: Michael Ross
Co-Supervisor: Anne Wilson

EMPLOYMENT

2018-present Associate Professor, Lilly Family School of Philanthropy, Indiana University
2014-present Director, Interdisciplinary Program for Empathy and Altruism Research (iPEAR)
Affiliate Professor, Institute for Social Research, Research Center for Group Dynamics, University of Michigan

2022-2025 Associate Editor, APA Journal, *Emotion*

2020-2021 Visiting Professor, Notre Dame Institute for Advanced Study (sabbatical)

2018-2020 Visiting Professor, New School for Social Research, New York, NY (non-residential)

2014-2018 Assistant Professor, Lilly Family School of Philanthropy, Indiana University

2009-present Adjunct Assistant Professor, Department of Psychiatry, University of Rochester Medical Center

2009-2014 Research Assistant Professor, Institute for Social Research, University of Michigan
Adjunct Assistant Professor & Lecturer, Department of Psychology, University of Michigan
Director, Interdisciplinary Program for Empathy and Altruism Research (iPEAR)
Member, University of Michigan Injury Center (Violence Prevention)
Member, BioSocial Methods Collaborative
2009-2010 American Association for University Women Fellow

2008-2009 Research Supervisor, Early Steps Early Intervention Autism Study, University of Michigan Autism and Communication Disorders Center (UMACC)

2008-2009 Postdoctoral Research Investigator, Institute for Social Research, University of Michigan

RESEARCH INTERESTS

- Temporal trends in youth empathy, narcissism, attachment; Health and well-being implications of prosocial traits and behaviors; Mobile-based psychosocial interventions; Social cognition; Prosocial media effects; Emotional competencies.

PROFESSIONAL AFFILIATIONS

- Fellow of Society of Experimental Social Psychology (SESP), by nomination (2016)
- Association for Research on Nonprofit Organizations and Voluntary Action (ARNOVA)
- Association for Psychological Science (APS)
- American Psychological Association (APA)

- Society for Personality and Social Psychology (SPSP)
- Behavioral and Brain Sciences (BBS) Associate
- Center for Scholars and Storytellers, UCLA
- Member of Youth Philanthropy Initiative of Indiana (YPII), 2014-2019

PUBLICATIONS

*student co-authors starred

1. Ross, M., and Konrath, S. (2002). Synergies. *Psychological Inquiry*, 13, 223-26. **IF=6.25**
2. Konrath, S., Bushman, B. & Campbell, W. K. (2006). Attenuating the link between threatened egotism and aggression. *Psychological Science*, 17, 995-1001. **IF=4.57**
3. Konrath, S. (2007). *Self-expansion theory*. In R. Baumeister & K. Vohs (Eds). Encyclopedia of Social Psychology, Thousand Oaks, CA, Sage Reference Tracking.
4. Konrath, S. & Schwarz, N. (2007). Do male politicians have big heads? Face-ism in online representations of politicians. *Media Psychology*, 10, 436-448. **IF=1.41**
5. Twenge, J., Konrath, S., Campbell, W. K., Foster, J., & Bushman, B. J. (2008a). Egos inflating over time. A cross-temporal meta-analysis of the Narcissistic Personality Inventory. *Journal of Personality*, 76, 875-901. **IF=2.49**
6. Twenge, J., Konrath, S., Campbell, W. K., Foster, J., & Bushman, B. J. (2008b). Further evidence of an increase in narcissism among college students. *Journal of Personality*, 76, 919-927. **IF=2.49**
7. Konrath, S., Bushman, B., & *Grove, T. (2009). Seeing my world in a million little pieces: Narcissism, self-construal, and cognitive-perceptual style. *Journal of Personality*, 77, 1197-1228. **IF=2.89**
8. Chandler, J., Konrath, S., & Schwarz, N. (2009). Online and on my mind: Temporary and chronic accessibility influence the assimilation of online characters. *Media Psychology*, 12, 210–226. **IF=1.32**
9. Rutchick, A., Smyth, J. & Konrath, S. (2009). Seeing red (and blue): Effects of electoral college depictions on political group perception. *Analyses of Social Issues and Public Policy*, 9, 269-282. **IF=1.64**
10. Konrath, S., *Grynberg, D., Corneille, O., *Hammig, S., & Luminet, O. (2011) On the social cost of interdependence: Alexithymia is enhanced among socially interdependent people. *Personality and Individual Differences*, 50, 135-141. **IF=1.88**
11. Konrath, S., *O'Brien, E., & *Hsing, C. (2011). Changes in dispositional empathy in American college students over time: A meta-analysis. *Personality and Social Psychology Review*, 15, 180-198. **IF=6.07**
12. Sripada, C. & Konrath, S. (2011) Telling more than we can know about intentional action. *Mind & Language*. 26, 353-380. **IF=1.54**
13. *Schuldt, J., Konrath, S., & Schwarz, N. (2011). “Global warming” or “climate change:” Whether the planet is warming depends on question wording. *Public Opinion Quarterly*, 75, 115-124. **IF=2.25**
14. *Lopez, W., Konrath, S., & Seng, J. (2011) Abuse-related Posttraumatic Stress, Coping, and Tobacco Use in Pregnancy. *Journal of Obstetric, Gynecologic, & Neonatal Nursing*, 40, 422-431. **IF=1.04**
15. Konrath, S., Fuhrel-Forbis, A., *Lou, A., & Brown, S. (2012) Motives for volunteering are associated with mortality risk in older adults. *Health Psychology*, 31, 87-96. **IF=3.83**
16. *Reinhard, D., Konrath, S., *Cameron, H., & *Lopez, W. (2012) Expensive egos: Narcissistic males have high cortisol. *PLoS ONE*. **IF=3.73**
17. Swain, J.E., Konrath, S., Brown, S., *Finegood, E., Akce, L., Dayton, C., & Ho, S. (2012) Parenting and beyond: Common neurocircuits underlying parental and altruistic caregiving, *Parenting, Science and Practice*, 12, 115-123. **IF=1.67**
18. Konrath, S. & Anderson, P. (2012). *A century of self-esteem*. In Handbook on Psychology of Self-

- Esteem, Stefan De Wals & Katerina Meszaros (Eds.), Nova Science Publishers, Inc, p. 157-174.
19. Konrath, S. & Brown, S. (2012) *The effects of giving on givers*. Handbook of Health and Social Relationships, Nicole Roberts & Matt Newman (Eds.) APA Books, Washington, 39-64.
 20. *Schuldt, J., Konrath, S., & Schwarz, N. (2012) The Right Angle: Visual Portrayal of Products Affects Observers' Impressions of Owners, *Psychology & Marketing*, 29, 705-711. **IF=1.31**
 21. Bushman, B., Moeller, S., Konrath, S., & Crocker, J. (2012) Investigating the Link Between Liking Versus Wanting Self-Esteem and Depression in a Nationally Representative Sample of American Adults. *Journal of Personality*, 80, 1453-1469. **IF=2.73**
 22. Konrath, S., *Au, J., & *Ramsey, L.R. (2012). Cultural differences in face-ism: Male politicians have bigger heads in more gender-equal cultures. *Psychology of Women Quarterly*, 36, 476-487. **IF=1.82**
 23. Konrath, S., *Novin, S., & *Li, T. (2012) Is the relationship between alexithymia and aggression context-dependent? Impact of group membership and belief similarity. *Personality and Individual Differences*, 53, 329-334. **IF=1.81**
 24. Antonucci, T., Ashton-Miller, J., Brandt, J., Falk, E., Halter, J., Hamdemir, L., Konrath, S., Lee, J., McCullough, W., Persad, C., Seydel, R., Smith, J., & Webster, N. (2012) The Right to Move: A multidisciplinary lifespan conceptual framework. *Current Gerontology and Geriatrics Research*, 873937. *This paper was developed by the Health across the Life Span workgroup of the University of Michigan's Society 2030 consortium directed by the first office. It was a group effort, jointly contributed to by all authors. Authorship is, therefore, alphabetized. **IF=2.04**
 25. Konrath, S. & *Cheung, I. (2013) The fuzzy reality of perceived harms. Commentary in response to McCullough, Kurzban, & Tabak, Cognitive Systems for Revenge and Forgiveness, *Behavioral and Brain Sciences*, 36, 26-27. **IF=14.96**
 26. Konrath, S. (2013) *The empathy paradox: Increasing disconnection in the age of increasing connection*. In Handbook of Research on Technoself: Identity in a Technological Society, Rocci Luppigini (Ed.), IGI Global.
 27. *O'Brien, E., Konrath, S., Gruhn, D. & *Hagen, A.L. (2013) Empathic concern and perspective taking: Linear and quadratic effects of age across the adult lifespan. *Journal of Gerontology: Psychological Sciences*, 68, 168-175. **IF=2.85**
 28. Konrath, S. (2013) *The power of philanthropy and volunteering*. In Wellbeing: A complete reference guide. Volume 6: Interventions to create positive organizations and communities, Felicia Huppert and Cary Cooper (Eds.). Wiley Press.
 29. *Panek, E., *Nardis, Y., & Konrath, S. (2013) Mirror or megaphone? How relationships between narcissism and social networking site use differ on Facebook and Twitter. *Computers in Human Behavior*, 29, 2004-2012. **IF=2.27**
 30. Konrath, S. (2013) *A critical analysis of the Interpersonal Reactivity Index*. MedEdPORTAL Directory and Repository of Educational Assessment Measures (DREAM).
 31. *Novin, S., *Tso, I., & Konrath, S. (2013) Self-related and other-related pathways to subjective well-being in Japan and the United States. *Journal of Happiness Studies*. doi 10.1007/s10902-013-9460-9. **IF=1.77**
 32. Dempsey, A., Fuhrel-Forbis, A., & Konrath, S. (2014) Use of the Carolina HPV Immunization Attitudes and Beliefs Scale (CHIAS) in Young Adult Women. *PLoS ONE*. DOI: 10.1371/journal.pone.0100193. **IF=3.23**
 33. Konrath, S. (2014) *Social (societal) support*. In Cultural Sociology of Mental Illness: An A-to-Z Guide, Sage Reference.
 34. Konrath, S. (2014) *Self-esteem, culturally defined*. In Cultural Sociology of Mental Illness: An A-to-Z Guide, Sage Reference.
 35. *McDougle, L., Handy, F., Konrath, S., & *Walk, M. (2014) Health outcomes and volunteering. The moderating role of religiosity. *Social Indicators Research*, 117, 337-351. **IF=1.40**
 36. Swain, J.E., Konrath, S., Dayton, C., *Finewood, E., & Ho, S. (2014) Toward a neuroscience of interactive parent-infant dyad empathy. *Behavioral and Brain Sciences*, 36, 438-439. **IF=20.78**
 37. Konrath, S., Corneille, O., Bushman, B., & Luminet, O. (2014) The relationship between

- narcissistic exploitativeness, dispositional empathy, and emotion recognition abilities. *Journal of Nonverbal Behavior*, 38, 129-143. **IF=1.97**
38. Ho, S., Konrath, S., Brown, S., & Swain, J. (2014) Empathy and stress related neural responses in maternal decision making, *Frontiers in Neuroscience, Volume 8, Article 152*, doi: 10.3389/fnins.2014.00152. **IF=3.66**
 39. Konrath, S., Meier, B., & Bushman, B. (2014) Development and validation of the Single Item Narcissism Scale (SINS). *PLoS ONE*. DOI: 10.1371/journal.pone.0103469. **IF=3.23**
 40. *Chopik, W., *Joshi, D., & Konrath, S. (2014) Historical changes in American self-interest. State of the Union addresses 1790 to 2012, *Personality and Individual Differences*, 66, 128-133. **IF=1.95**
 41. *O'Donnell, M., Falk, E., & Konrath, S. (2014) Big data in the new media environment. Commentary in response to Bentley, O'Brien, & Brock, Mapping Collective Behavior in the Big-data era, *Behavioral and Brain Sciences*, 37, 94-95. **IF=20.78**
 42. Konrath, S., *Chopik, W., *Hsing, C., & *O'Brien, E. (2014) Changes in attachment styles in American college students over time: A meta-analysis. *Personality and Social Psychology Review*. doi:10.1177/1088868314530516. **IF=6.69**
 43. *Maguire, A. & Konrath, S. (2014) Revolutions, coups, and clashes: Using implicit motivations to predict the severity of intranational political unrest. *Journal of Peace Psychology*, 20, 267-284.
 44. Konrath, S. & *Bonadonna, J.P. (2014) *Physiological and health-related correlates of the narcissistic personality*. In Besser, A. (Ed.) *Handbook of the Psychology of Narcissism: Diverse Perspectives*, Nova Science Publishers, Inc.
 45. *Chopik, W., *O'Brien, E., Konrath, S., & Schwarz, N. (2015). MLK Day and racial attitudes. Liking the group more but its members less. *Political Psychology*, 36, 559-567. **IF=2.09**
 46. Konrath, S. (2015) *Positive technology. Using mobile phones for psychosocial interventions*. In Zheng Yan (Ed.), *Encyclopedia of Mobile Phone Behavior*, IGI Global, p 871-897.
 47. *Cascio, C., Konrath, S., & Falk, E. (2015) Narcissists' social pain seen only in the brain. *Social, Cognitive, and Affective Neuroscience*, 10, 335-341. **IF=5.10**
 48. Konrath, S. (2015) *Can text messages make people kinder?* In, Miller, C., Furr, M., Knobel, A., & Fleeson, W. (Eds.) *Character: New Directions from Philosophy, Psychology, and Theology*, Oxford University Press, p 412-444.
 49. Moore, D. & Konrath, S. (2015) "I can almost taste it:" Why people with strong positive emotions experience higher levels of food craving, salivation, and eating intentions. *Journal of Consumer Psychology*, 25, 42-59. **IF=2.01**
 50. Konrath, S., Falk, E., Fuhrel-Forbis, A., *Liu, M., Swain, J., Tolman, R., Cunningham, R., & Walton, M. (2015) Can text messages increase empathy and prosocial behavior? The development and initial validation of Text to Connect. *PLOS ONE*, 10 (9), e0137585. **IF=4.41**
 51. Konrath, S., *Ho, M.H., & *Zarins, S. (2016) The strategic helper: Narcissism and prosocial motives and behaviors, *Current Psychology*, 35, 182-194. DOI: 10.1007/s12144-016-9417-3. **IF=0.64**
 52. *McDougle, L, *Walk, M., Konrath, S., & Handy, F. (2016) Religious and secular coping strategies and mortality risk among older adults. *Social Indicators Research*, 125, 677-694. **IF=1.38**
 53. Konrath, S. (2016) *The joy of giving*. In Burlingame, D., Seiler, T., & Tempel, G. (Eds) *Achieving Excellence in Fundraising*, 4th edition.
 54. *Kim, E. & Konrath, S. (2016) Volunteering is prospectively associated with healthcare use among older adults. *Social Science & Medicine*, 149, 122-129. **IF=2.81**
 55. Konrath, S. & *Bonadonna, J.P. (2016) *Narcissism*. In Whitbourne, S. (Ed.) *The Encyclopedia of Adulthood and Aging*, Wiley Press.
 56. Konrath, S. & *Grynberg, D. (2016) *The positive (and negative) psychology of empathy*. In Watt, D. & Panksepp, J. (Eds) *The Neurobiology and Psychology of Empathy*, Nova Science Publishers, Inc, Chapter 3, p. 63-107.
 57. Bekkers, R., Konrath, S., & Horton-Smith, D.H. (2016) *Physiological correlates of volunteering*. In R. Stebbins, D.H. Smith, & J. Grotz, *The Palgrave Research Handbook of Volunteering*, Civic

Participation, and Nonprofit Associations.

58. *Zarins, S. & Konrath, S. (2016) *Changes over time in compassion-related variables in the United States*. Seppälä, E. (Ed.) *Handbook of Compassion Science*, Oxford University Press.
59. *Chopik, W. J., & Konrath, S. (2016). Political orientation moderates worldview defense in response to Osama bin Laden's death. *Peace and Conflict: Journal of Peace Psychology*, 22, 396-400. **IF=1.2**
60. James, C., Davis, K., Charmaraman, L., Konrath, S., Slovak, P., Weinstein, E., & Yarosh, L. (2017) Digital life and youth well-being, social-connectedness, empathy, and narcissism. *Pediatrics*, 140, S71-S75. **IF=5.20**
61. *Chopik, W., *O'Brien, E., & Konrath, S. (2017) Differences in Empathic Concern and Perspective Taking Across 63 Countries. *Journal of Cross-Cultural Psychology*. 48, 23-38. **IF=1.80**
62. *Bach, R., *Defever, A., *Chopik, W., & Konrath, S. (2017) Geographic variation in empathy: A state-level analysis, *Journal of Research of Personality*, 68, 124-130. IF=2.25
63. *Novin, S., Konrath, S., & Niiya, Y. (2017) The Adaptiveness of Self-Construals for Mental Health in the United States and Japan. *Self & Identity*. **IF=1.70**
64. Konrath, S. & *Tian, Y. (2017) *Narcissism and prosocial behavior*. Hermann, T., Brunell, A., & Foster, J. (Eds.) *Handbook of Trait Narcissism: Key Advances, Research Methods, and Controversies*. New York: Springer.
65. *Zarins, S. & Konrath, S. (2017) *Changes over time in compassion-related variables in the United States*. Seppälä, E., Simon-Thomas, E., Brown, S., Worline, M., Cameron, D., & Doty, J. (Ed.) *The Oxford Handbook of Compassion Science*, Oxford University Press, New York, Chapter 25, p 331-352.
66. Konrath, S. (2017) Warm coffee, sunny days, and prosocial behavior. Commentary in response to Van Lange, Rinderu, & Bushman, *Aggression and Violence Around the World: A Model of Climate, Aggression, and Self-control in Humans (CLASH)*. *Behavioral and Brain Sciences*, 40, E88. doi:10.1017/S0140525X16001205. **IF=20.42**
67. Konrath, S. & Handy, F. (2018) The Development and Validation of the Motives to Donate Scale, *Nonprofit and Voluntary Sector Quarterly*, 47, 347-375. **IF=1.93**
68. Konrath, S., Meier, B., & Bushman, B. (2018) Development and validation of a single-item trait measure of empathy (SITES). *Journal of Research in Personality*, 73, 111-122. **IF=2.42**
69. Collins, M., Rum, S., Wheeler, J., Antman, K., Brem, H., Carrese, J., Glennon, M., Kahn, J., Ohman, E.M., Jagsi, R., Konrath, S., Tovino, S., Wright, S., & Sugarman, J. & Participants in the Summit on the Ethics of Grateful Patient Fundraising. (2018) Ethical issues and recommendations in grateful patient fundraising and philanthropy. *Academic Medicine*, 93, 1631-1637. **IF=4.80**
70. *Kang, Y., Cooper, N., Pandey, P., Scholz, C., O'Donnell, M. B., Lieberman, M. D., Taylor, S. E., Strecher, V. J., Dal Cin, S., Konrath, S., Polk, T., Resnicow, K., An, L., & Falk, E. B. (2018) Effects of Self-Transcendence and Affirmation Priming on Neural Responses to Health Messages and Behavior Change, *Proceedings of the National Academy of Sciences (PNAS)*, 115, 9974-9979. **IF=9.70**
71. *Ma, J. & Konrath, S. (2018) A Century of Nonprofit Studies: Scaling the Knowledge of the Field. *Voluntas: International Journal of Voluntary and Nonprofit Organizations*, 29, 1139-1158. **IF=1.27**
72. *Oh, J., *Chopik, W., Konrath, S., & Grimm, K. (2019) Longitudinal Changes in Empathy across the Lifespan in Six Samples of Human Development, *Social Psychological and Personality Science*, 11, 244-253. **IF=3.61**
73. Konrath, S. (2018) *Empathy, narcissism, and visual arts engagement*. Chapter in *Designing for Empathy: Perspectives on the Museum Experience*, Gokcigdem, E. (Ed). Rowman & Littlefield.
74. *Tian, Y. & Konrath, S. (2019) The effects of similarity on charitable giving in donor-donor dyads: A systematic literature review. *Voluntas: International Journal of Voluntary and Nonprofit Organizations*, 32, 316-339. **IF=1.27**
75. *Kou, X., Konrath, S., & Goldstein, T. (2019) Arts engagement, prosocial traits, and prosocial behavior. *Psychology of Aesthetics, Creativity, & the Arts*, 14, 481-492. **IF=2.33**
76. *Qu, H., Konrath, S., & Poulin, M. (2019) Which types of giving are associated with reduced

- mortality risk among older adults? *Personality and Individual Differences*, 154, 109668. **IF=2.31**
77. *Tian, Y., & Konrath, S. (2021). Can too much similarity between donors crowd out charitable donations? an experimental investigation of the role of similarity in social influence on giving behavior. *Current Psychology*, 40, 1546-1558. **IF=1.91**
78. Konrath, S. (2019) Museums as weavers of the invisible strings that connect us. *Journal of the Australian Library and Information Association*, 68, 327-342. **IF=.49**
79. Konrath, S. & Handy, F. (2020) The good-looking giver effect: The relationship between doing good and looking good. *Nonprofit and Voluntary Sector Quarterly*, 50, 283-311. **IF=1.76**
80. Schuldt., J., Enns, P., Konrath, S., & Schwarz, N. (2020) Shifting views on “global warming” and “climate change” in the United States. *Journal of Environmental Psychology*, 69, 101414. **IF=3.30**
81. Jagsi, R., Griffith, K., Carrese, J., Collins, M., Kao, A., Konrath, S., Tovino, S., Wheeler, J., & Wright, S. (2020) Public attitudes regarding hospitals and physicians encouraging donations from grateful patients, *Journal of the American Medical Association (JAMA)*, 324, 270-278. **IF=45.54**
82. *Grynberg, D. & Konrath, S. (2020) The closer you feel, the more you care: Positive associations between closeness, affect and cognitive empathy for pain. *Acta Psychologica*, 210, 103175. **IF=1.38**
83. Konrath, S. & Kisida, B. (2020) *Does arts engagement increase empathy and prosocial behavior? A review of the literature*. In Bobick, B. & Hershey, L. (Eds.) *Engagement in the city: How arts and culture encourage development in urban areas*. Rowman & Littlefield Publishing.
84. Zhou, K., Aiello, L.M., Šćepanović, S., Quercia, D., & Konrath, S. (2021) The Language of Situational Empathy. *Proceedings ACM Human Computer Interaction*, 5, CSCW1, Article 13, <https://doi.org/10.1145/3449087> **IF=4.57**
85. *Martingano, A.J., *Herrera, F., & Konrath, S. (2021) Virtual reality improves emotional, but not cognitive, empathy: A meta-analysis. *Technology, Mind, & Behavior*. <https://doi.org/10.1037/tmb0000034> **IF=2.10**
86. Konrath, S., Siddiqui, S., & Pervez, S. (2021) Muslim Education Reform: Prioritizing Empathy and Philanthropic Acts. *Journal of Education in Muslim Societies*, 2, 31-56..
87. Twenge, J., Konrath, S., Cooper, B., Foster, J., Campbell, W.K., & McAllister, C. (2021) Egos deflating with the Great Recession: A cross-temporal meta-analysis and within-campus analysis of the Narcissistic Personality Inventory, 1982-2018. *Personality and Individual Differences*, 179, 110947. **IF=3.95**
88. Pettit, K., Messman A., Scott, N., Puskarich, M., Wang, H., Alanis, N., Dehon, E., Konrath, S., Welch, R. & Kline, J. (2022) Multi-Institutional Intervention to Improve Patient Perception of Empathy in Emergency Care. *Emergency Medicine Journal*, 39, 420-426. **IF=3.10**
89. *Martingano, A.J. & Konrath, S. (2022) How cognitive and emotional empathy relate to rational thinking: Empirical evidence and meta-analysis. *The Journal of Social Psychology*, 162, 143-160. **IF=2.10**
90. Konrath, S. & Luminet, O. (2022) How induced self-focus versus other-focus affects emotional recognition and verbalization, *Journal of Cultural Cognitive Science*, 6, 27-50. **IF=1.80**
91. *Martingano, A.J., Konrath, S., *Okaomee, A., & *Zarins, S. (2022) Empathy, narcissism, alexithymia, and social media use. *Psychology of Popular Media*, 11, 413-422. **IF=3.00**
92. Konrath, S. (2022) *The Joy of Giving*. In Shaker, G., Tempel, E., Nathan, S., & Stanczykiewicz (Eds), *Achieving Excellence in Fundraising*, 5th edition. Wiley, New York.
93. *Meier, B., Konrath, S., Fetterman, A., Dillard, A., James, C., & Weinstein, E., & Bushman, B. (2023) Development and validation of the Single-Item Mindfulness Scale (SIMS), *Journal of Personality Assessment*, 105, 807-819. doi: 10.1080/00223891.2022.2152348 **IF=3.40**
94. *Martingano, A.J., Konrath, S., *Henritze, E., & Brown, A. (2023) The limited benefits of using virtual reality 360-videos to promote empathy and charitable giving. *Nonprofit & Voluntary Sector Quarterly*, 52, 1434-1457. **IF=2.80**
95. Weidman, R., *Chopik, W., Ackerman, R., Allroggen, M., Bianchi, E., Brecheen, C., Campbell, W.K., Gerlach, T., Geukes, K., Grijalva, E., Grossman, I., Hopwood, C., Hutteman, R., Konrath, S., Kufner, A., Leckelt, M., Miller, J., Penke, L., Pincus, A., Renner, K.H., Richter, D., Sibley, C.,

- Simms, L., Wetzel, E., Wright, A., & Back, M. (2023) Age and gender differences in narcissism: A comprehensive study across eight measures and over 250,000 participants, *Journal of Personality & Social Psychology*, 124(6), 1277–1298. **IF=7.60**
96. *Yang, Y. & Konrath, S. (2023) Higher inequality, lower prosociality? A meta-analysis of the relationship between economic inequality and prosocial behavior, *Nature Human Behaviour*, 7(11), 1899-1916. **IF=29.9**
97. Konrath, S., *Martingano, A.J., Davis, M., & Breithaupt, F. (2023) Empathy trends in American youth between 1979 and 2018: An update, *Social Psychological and Personality Science*. **IF=5.70**
98. *Ji, C. & Konrath, S. (2024) Penalty or reward? The role of hybrid identities in social enterprises' resource acquisition, *Voluntas: International Journal of Voluntary and Nonprofit Organizations*, 35(3), 464-478.
99. Konrath, S., *Martingano, A.J., Tolman, R., Winslow, M., & Bushman, B. (2024). Random App of Kindness (RAKi): Evaluating the potential of a smartphone intervention to increase adolescents' empathy and change their behavior, *Psychology of Popular Media*, 13, 338-352. **IF=3.00**
100. Konrath, S., Handy, F., Wright, S., Griffith, K. A., & Jagsi, R. (2024). How individuals' health and wealth are associated with their donation behavior and motivations. *Journal of Nonprofit & Public Sector Marketing*, 36(4), 493-516. **IF=1.30**
101. Holtzman, N. S., Chopik, W. J., Boyer, T. W., & Konrath, S. H. (2024). Concept Creep of Collective Narcissism. *Collabra: Psychology*, 10(1), 117048. **IF=2.50**
102. James, C., Collier, A., Davis, K., Konrath, S., Milosevic, T., Milovidov, E., Staksrud, E., & Weinstein, E. (2024) *Empathy, Kindness, and Dignity in a Connected World*. In Christakis, D. & Hale, L. (Eds.) *Handbook of Children and Screens Digital Media, Development, and Well-Being from Birth Through Adolescence*. Springer Nature Switzerland.
<https://link.springer.com/book/10.1007/978-3-031-69362-5>
103. Konrath, S., James, C., Weinstein, E., & Tench, B. (2025, accepted, in press) Development and validation of the Tech with Care Index (TCI) for teens, *Psychology of Popular Media*. (Minor revisions resubmitted Jan 2, 2025)
104. Konrath, S., *Han, X., *Kou, X., Osili, U. & Adeyeri, I. (2025, accepted, in press) Prosocial behaviors during adolescence predict economic outcomes in young adulthood, *Emerging Adulthood*.
105. Miscikowski, M., Weidmann, R., Konrath, S., & Chopik, W. (under revision, 2025) Cultural Moderation of Demographic Differences in Narcissism, *Self & Identity*.
106. Helliwell, J. F., Aknin, L. B., Huang, H., Norton, M., Wang, S., Cheung, F., Lee, Y. A., & Konrath, S. (2025). *Caring and sharing: Global analysis of happiness and kindness* (Chapter 2). *World Happiness Report 2025*. Sustainable Development Solutions Network.
<https://doi.org/10.18724/whr-31zp-ga37>
107. Handy, F. & Konrath, S. (2025, under revision) Voting Behavior and Mortality Risk in Older Adults: Evidence from the Wisconsin Longitudinal Study. *Journal of Gerontology: Psychological Sciences*.

OTHER WRITING

Konrath, S. (2004). "Bush rage" and its consequences. Clio's Psyche. Psychohistory Forum.

Konrath, S. (2007). *Reflections on the power of virgins and martyrs*. Clio's Psyche. Psychohistory Forum.

Anderson, P. & Konrath, S. (2011, August) 'Why should we care?' *What to do about declining student empathy*. Chronicle of Higher Education: <http://chronicle.com/article/Why-Should-We-Care-What/128420>

Konrath, S. (2011, October) *Caring too much?* New York Times, Letter to the Editor.

http://www.nytimes.com/2011/10/11/science/11letters-CARINGTOOMUC_LETTERS.html

Scott, S. & Konrath, S. (2012). *Pets as teachers of empathy?* Clio's Psyche. Psychohistory Forum.

Konrath, S. (2012, December) *Putting the care into caregiving*. Caring Today magazine.

- Konrath, S. (2013, August) *Volunteering could boost happiness, decrease depression, and help you live longer: Study*. Huffington Post, Healthy Living.
https://www.huffpost.com/entry/volunteering-happiness-depression-live-longer_n_3804274
- Konrath, S. (2013, September) *Is declining empathy technology's fault?* New York Times, Room for Debate. <http://www.nytimes.com/roomfordebate/2013/09/23/facebook-and-narcissism/is-declining-empathy-technologys-fault>
- Konrath, S. (2013, October) *Book Review: The App Generation*. Slashdot.
<http://slashdot.org/submission/3066983/book-review-the-app-generation>
- Konrath, S. (2013, December) *Harnessing mobile media for good*. Resilience Tech Blog.
<http://resiliencetech.ning.com/blog/harnessing-mobile-media-for-good>
- Konrath, S. (2014, December) *It is better to give than to receive*. GroundCover newspaper, Ann Arbor, MI.
- Konrath, S. (2015, November) *The science of gratitude*. Indy's Child magazine, Indianapolis, IN.
- Konrath, S. (2017, January) *What's the matter with empathy?* Greater Good Science Center, UC Berkeley. http://greatergood.berkeley.edu/article/item/whats_the_matter_with_empathy
- Konrath, S. (2017, July) *No, Empathy isn't a universal value*. Zocalo Public Square.
<http://www.zocalopublicsquare.org/2017/07/17/no-empathy-isnt-universal-value/ideas/nexus/>
- Konrath, S. & Handy, F. (2017, November 27) *5 reasons why people give their money away – plus 1 why they don't*. The Conversation, <https://theconversation.com/5-reasons-why-people-give-their-money-away-plus-1-why-they-dont-87801>
- Konrath, S. (2017, December) *Scholar's corner interview*. Life on Tinker Street magazine, Indianapolis, IN.
- Konrath, S. (2017, December 11) *The trick to getting narcissists to give to charities*, Wall Street Journal. <https://www.wsj.com/articles/the-trick-to-getting-narcissists-to-give-to-charities-1512961560>
- Konrath, S. (2018, May 7) *Americans are becoming more socially isolated, but they're not feeling lonelier*. The Conversation, <https://theconversation.com/americans-are-becoming-more-socially-isolated-but-theyre-not-feeling-lonelier-96151>
- Breeze, B., Konrath, S., & Wiepking, P. (2019, December 3) *To stem the decline in charitable giving, pay more attention to young kids*. Chronicle of Philanthropy.
<https://www.philanthropy.com/article/To-Stem-the-Divide-in-Charity/247629>
- Konrath, S. (2019) Compassion can be cultivated, argues a psychologist. *Book review of The War for Empathy* by Jamil Zaki. *Science*. <https://blogs.sciencemag.org/books/2019/06/18/the-war-for-kindness/>
- *Martingano, A.J. & Konrath, S. (2020) *Smart empathy: When more is not always better when it comes to using tech to increase empathy*. Story Insights, Center for Scholars & Storytellers.
<https://www.scholarsandstorytellers.com/story-insights-blogs/2020/3/12/smart-empathynbspnbspnwhy-more-is-not-always-better-when-it-comes-to-using-tech-to-increase-empathy>
- Konrath, S. (2020) *Between burnout and the bends*. Salon.com.
<https://www.salon.com/2020/06/06/between-burnout-and-the-bends-cascading-crises-have-created-a-burnout-epidemic/>
- Konrath, S. & Handy, F. (2020) *Doing good may make people look better*. The Conversation.
<https://theconversation.com/doing-good-may-make-people-look-better-146826>
- Konrath, S. & Jagsi, R. (2020) *The pitfalls of hospitals seeking donations from their rich patients*. The Conversation. <https://theconversation.com/the-pitfalls-of-hospitals-seeking-donations-from-their-rich-patients-147646>
- Konrath, S. (2020) *Why is it so hard to mourn the vast number of covid dead?* Zocalo Public Square.
<https://www.zocalopublicsquare.org/2020/12/07/empathy-scientist-cognitive-biases-covid-dead-mourning/ideas/essay/>
- Konrath, S. (2020) *What the pandemic has done for dating*. The Atlantic.
<https://www.theatlantic.com/ideas/archive/2020/12/what-pandemic-has-done-dating/617502/>

- Konrath, S. (2022) Empathy for animals: Bridging the gap. White Paper prepared for Minnesota Zoo, 35 page literature review.
- *Martingano, A.J., Konrath, S., *Lagrange, V., *Litton, J. (2022) *Curiosity in the college classroom: An instructor guide*. Report prepared for Heterodox Academy.
- Konrath, S. (2022) *I study America's youth. Here's what I found*. The Big Think.
<https://bigthink.com/the-well/kids-youth-today/>
- Konrath, S. (2023) Literature Review: Strategies to Increase Inclusivity and Access to Cultural Institutions, Including Zoos. Report prepared for Minnesota Zoo.
- Konrath, S. (2023) Best Practices for Delivering Animal Ambassador Programs to New Audiences. Report prepared for Minnesota Zoo.
- Weinstein, E., Konrath, S., Lara, E., Tench, B., James, C., Mann, S., & Lenhart, A. (2024) Survey and Report: Unpacking Grind Culture in American Teens: Pressure, Burnout, and the Role of Social Media. San Francisco, CA: Common Sense Media, Center for Digital Thriving, and Indiana University. <https://www.common sense media.org/research/unpacking-grind-culture-in-american-teens-pressure-burnout-and-the-role-of-social-media>
- Weinstein, E. & Konrath, S. (2024) Tech and social media bans alone cannot fix teen mental health. STAT News, <https://www.statnews.com/2024/11/14/teen-mental-health-crisis-instagram-tiktok-strava/>