

Daphne C. Watkins, PhD, EMBA

Appointments	<p>University of Michigan <i>Letha A. Chadiha Collegiate Professor of Social Work, School of Social Work</i> <i>University Diversity and Social Transformation Professor, National Center for Institutional Diversity</i> <i>Affiliated Faculty, Sanger Leadership Center, Ross School of Business,</i> <i>Faculty Associate, Research Center for Group Dynamics, Institute for Social Research</i></p>
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EDUCATION/TRAINING

2002	<p>Bachelor of Arts (BA) Major: Anthropology; Minor: French College of Arts and Sciences; University of North Carolina at Wilmington</p>
2006	<p>Doctor of Philosophy (PhD) Doctorate in Health Education College of Education and Human Development Texas A&M University; College Station, Texas</p>
2007	<p>National Institute of Mental Health (NIMH) T32 Postdoctoral Fellowship Institute for Social Research, Survey Research Center University of Michigan, Ann Arbor, Michigan</p>
2009	<p>National Institutes of Health (NIH) K12 Career Development Award Building Interdisciplinary Research Careers in Women's Health (BIRCWH) Department of Obstetrics & Gynecology, University of Michigan Health System, Ann Arbor, Michigan</p>
2021	<p>Michigan Ross Distinguished Leader Executive Certificate Stephen M. Ross School of Business University of Michigan, Ann Arbor, Michigan</p>
2025	<p>Executive Masters in Business Administration (EMBA) Specializations: Strategic Leadership, Organizational Development, & Entrepreneurship Quantic School of Business and Technology, Washington, DC</p>

AWARDS AND ACHIEVEMENTS

- 2006 **Recipient**, Outstanding Doctoral Student Award, Texas A&M University, Division of Health Education, Department of Health and Kinesiology, College of Education and Human Development, College Station, Texas
- 2007-2008 **Recipient**, Robert Wood Johnson Foundation, New Connections Award
- 2007-2009 **Awardee**, National Institutes of Health (NIH) Health Disparities Loan Repayment Program
- 2007-2009 **Scholar**, National Institutes of Health Building Interdisciplinary Careers in Women's Health (BIRCWH), The University of Michigan Medical School, Ann Arbor, MI
- 2010-2014 **Awardee**, National Institutes of Health (NIH) Health Disparities Loan Repayment Program
- 2014 **Awardee**, Phil Jenkins Award for Innovation in Depression Treatment, University of Michigan Comprehensive Depression Center, Ann Arbor, MI
- 2017 **Project Winner**, Crowd Favorite, University of Michigan FastForward Medical Innovations Program (for the YBMen Project), Ann Arbor, MI
- 2017 **Project Winner**, Health IT, University of Michigan FastForward Medical Innovations Program (for the YBMen Project), Ann Arbor, MI
- 2017 **Scholar**, Named #18 of 25 African American Faculty at Top Schools of Social Work in *Research on Social Work Practice*.
- 2018 **Recipient**, Outstanding Alumni Award, Texas A&M University, College of Education and Human Development, College Station, Texas
- 2019 **Recipient**, Thought Leadership Award: Peer-Reviewed Publications, Robert Wood Johnson Foundation New Connections, Princeton, New Jersey.
- 2020 **University Diversity and Social Transformation Professor**, National Center for Institutional Diversity, University of Michigan, Ann Arbor, MI
- 2022 **Awardee**, Distinguished Faculty Award, School of Social Work, University of Michigan
- 2024 **Listed Among the World's Top 2% Scientists**. Ioannidis, John P.A. (2023), *October 2023 data-update for "Updated science-wide author databases of standardized citation indicators"*, Elsevier Data Repository, V6, doi: [10.17632/btchxktzyw.6](https://doi.org/10.17632/btchxktzyw.6)
- 2024 **Letha A. Chadiha Collegiate Professor of Social Work**, School of Social Work, University of Michigan
- 2024 **Pynn-Silverman Lifetime Achievement Award**, Textbook & Academic Authors Association

ADMINISTRATIVE APPOINTMENTS

7/2009 – present	Founding Director , Gender and Health Research Lab, School of Social Work, University of Michigan, Ann Arbor, MI (https://gendhrlab.com/)
5/2013 – present	Founding Director , Certificate Program in Mixed Methods Research, School of Social Work Continuing Education Office, University of Michigan, Ann Arbor, MI (https://ssw.umich.edu/offices/continuing-education/certificate-courses/mixed-methods-research)
7/2013 – present	Founding Director , Young Black Men, Masculinities, and Mental Health (YBMen) Project, University of Michigan, Ann Arbor, MI (https://www.ybmenproject.com/)
7/2025 – present	Faculty Lead , Management and Leadership Pathway, School of Social Work, University of Michigan, Ann Arbor, MI
1/2017 – 4/2018	Director , Joint Doctoral Program in Social Work and Social Science, School of Social Work, University of Michigan, Ann Arbor, MI (https://ssw.umich.edu/programs/phd)
1/2019 – 12/2023	Director , Vivian A. and James L. Curtis Center for Health Equity Research and Training, School of Social Work, University of Michigan, Ann Arbor, MI (https://ssw.umich.edu/research/curtis-center)

ACADEMIC APPOINTMENTS

7/2006 – 6/2007	Postdoctoral Research Fellow , Survey Research Center, Institute for Social Research. The University of Michigan, Ann Arbor, MI
7/2007 – 8/2009	Research Investigator , Program for Research on Black Americans, Institute for Social Research, University of Michigan, Ann Arbor, MI
7/2007 – 8/2009	Research Investigator , Department of Obstetrics and Gynecology, University of Michigan Health System, Ann Arbor, MI
9/2009 – 8/2015	Assistant Professor , School of Social Work, University of Michigan, Ann Arbor
9/2015 – 8/2019	Associate Professor (with tenure), School of Social Work, University of Michigan
9/2009 – present	Faculty Associate , Research Center for Group Dynamics, Program for Research on Black Americans, Institute for Social Research, University of Michigan
9/2015 – present	Program Faculty , Michigan Mixed Methods Research and Scholarship Program, Department of Family Medicine, Ann Arbor

9/2017 – present	Faculty Affiliate , Gender and Feminist Psychology, Department of Psychology, University of Michigan, Ann Arbor
4/2019 – present	Faculty Affiliate , Institute for Healthcare Policy & Innovation, University of Michigan, Ann Arbor
9/2019 – present	Professor (with tenure), School of Social Work, University of Michigan, Ann Arbor
8/2020 – present	University Diversity and Social Transformation Professor , National Center for Institutional Diversity, University of Michigan, Ann Arbor
4/2024 – present	Letha A. Chadiha Collegiate Professor of Social Work , School of Social Work, University of Michigan

RESEARCH INTERESTS

Social Impact Leadership	Health Equity	Organizational Management
Men and Masculinities	Behavioral Interventions	Leadership Development
Research Leadership	Executive Coaching	Organizational Development

RESEARCH SUPPORT AND FUNDING

Currently Active

Multiple Principal Investigators (Multi- PD/PI), National Heart, Blood, and Lung Institute (NHBLI) – R01 - *“Addressing Structural Racism in Heart Failure Care and Outcomes: A Mixed Methods Evaluation of The Social Structure of Care Delivery,”* Co-PIs: Donald Likosky, Daphne C. Watkins, Russell Funk, Dates: 4/1/24 - 6/30/28. (\$2.8 million)

Co-Investigator, Movember Foundation – *“RISE YBMen Toronto,”* Principal Investigator: Tanya Sharpe, Dates: 9/1/22 – 8/31/24. (\$350,000 USD)

Co-Director for Core 3: Leveraging Community, Family, and Peer Support, Michigan Center for Diabetes Translational Research, National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) – NIH P30 – 2 P30 DK092926-11 - *“Michigan Center for Diabetes Translational Research (MCDTR)”* Co-Principal Investigators: Gretchen Piatt & Mary Ellen Michele Heisler, Dates: 8/1/21 - 7/31/26 (\$4 million).

Summary of Previous Grants

1. **Graduate Research Assistant**, National Center on Minority Health and Health Disparities, 1R24MD000510-01, *“Reducing Health Disparities through Risk Reduction,”* Principal Investigator: Bernard Lee Green, Dates: 10/01/03 - 9/31/06, (\$1.1 million).

2. **Principal Investigator**, Robert Wood Johnson Foundation New Connections, *“Examining the Influence of Psychosocial Factors on the Mental Health of Black Men,”* Dates: 9/1/07 - 8/31/08, (\$55,000).
3. **Principal Investigator (Institutional K-Award)**, National Institutes of Health, NIH-K12-HD001438, *“University of Michigan Dept. of Obstetrics & Gynecology, Building Interdisciplinary Research Careers in Women’s Health (BIRCWH) Program,”* PI: Timothy R. B. Johnson, Dates: 7/1/07 - 8/31/09, (\$175,000).
4. **Co-Investigator**, University of Michigan Comprehensive Depression Center, *“Developing and testing the ‘E-Minder’ System: A Personalized Self-Management Resource for Depression Patients”* Principal Investigator: Kevin Kerber, Dates: 9/1/08 - 8/29/09, (\$10,000).
5. **Co-Investigator**, Robert Wood Johnson Foundation Transitions Award, *“Man up, Man down! Overcoming the Risk of Self-reliance in Depressed African American Men,”* Principal Investigator: Harold W. Neighbors, Dates: 7/1/09 - 12/31/10, (\$100,000).
6. **Principal Investigator**, University of Michigan Institute for Research on Women and Gender (IRWG) *“Women are from Venus, but what can they tell us about Mars? Black women’s perceptions of black men’s depression,”* Dates: 10/1/09 – 6/30/11, (\$10,000).
7. **Principal Investigator (Pilot)**, National Institute on Aging, 5P30 - AG015281, Michigan Center for Urban African American Aging Research (MCUAAAR) Pilot Grant, *“Depressive Symptoms among Older African American Men: A Mixed Methods Study of Social and Cultural Contexts,”* Principal Investigator: James S. Jackson, Dates: 7/1/11 – 12/30/12, (\$25,000).
8. **Co-Investigator**, National Institute of Nursing Research (NINR), 1-R01-NR014200-01, *“An Innovative Caregiver Tool to Assess and Manage Behavioral Symptoms of Dementia,”* Co-Principal Investigators: Helen Kales & Laura Gitlin, Dates: 9/1/12 – 12/31/16, (\$1,729,215).
9. **Co-Investigator**, Michigan Institute for Clinical and Health Research (MICHR), UL1TR000433 - *“The Man Up Man Down Support Group Program: A Pilot Study to Develop a Depression Awareness Curriculum for African American Men,”* Principal Investigator: Harold W Neighbors, Dates: 1/1/13 - 12/31/13, (\$50,000).
10. **Principal Investigator**, The Vivian A. & James L. Curtis Research and Training Center, University of Michigan School of Social Work, *“Transitions to Adulthood for Black Males: Exploring Masculinities and Mental Health through an Online Community,”* Dates: 10/1/13 – 12/30/15, (\$15,000).
11. **Principal Investigator**, University of Michigan Depression Center, Phil Jenkins Award for Innovation in Depression Treatment, *“Depression in Black College Men: Tailoring an Intervention on Race, Masculinities, and Mood,”* Dates: 10/1/14 – 12/30/16, (\$10,000).
12. **Principal Investigator**, RISE for Boys and Men of Color [Foundation Grant], *“A Field Scan of Physical and Mental Health Interventions for Black Men in the United States,”* Dates 3/29/16 – 12/20/16, (\$40,000).
13. **Co-Investigator**, National Institutes of Mental Health (NIMH), 1-R01-MH-096699-01-A1, *“Tele-monitoring Enhanced Support for Depression Self-Management,”* Principal Investigator: James Aikens, Dates: 9/18/12 – 9/30/17, (\$2,972,481).

14. **Principal Investigator**, Robert Wood Johnson Foundation (via the Stephen C. Legacy Foundation), *“Using Facebook to Improve Mental health and Masculine Norms for Black College Men at Midwest Institutions.”* Dates: 7/1/17-6/30/18, (\$30,000).
15. **Principal Investigator**, The Skillman Foundation, My Brother’s Keeper (MBK) Detroit Innovation Challenge, *“YBMen in Detroit: Launch and Prototype,”* Dates: 9/1/2018 – 4/15/2019, (\$5,000).
16. **Principal Investigator**, W. K. Kellogg Foundation, *“An Equity Focused Analysis of Professional Networks in Health Research,”* Dates: 4/1/18 - 6/30/20. (\$60,000)
17. **Principal Investigator (Sub-award)**, Michigan Department of Health and Human Services, *“Michigan’s Section 1003 SUD Demonstration Project to Increase Substance Use Disorder Provider Capacity,”* Principal Investigator: Kara Zivin, Dates: 9/1/19 – 3/31/21 (Total: \$3 million; Watkins Sub-award)
18. **Co-Investigator**, National Institutes of Health (NIH), R01 - 3R01MH120124-02S1- *“Relationship between mental health coverage and outcomes for privately insured women with perinatal mood and anxiety disorders.”* Principal Investigator: Kara Zivin, Dates 3/1/21-5/31/25 (Total: \$233,774; Watkins Sub-award).
19. **Co-Principal Investigator**, Menzies School of Health Research, *“Tailoring a culturally-responsive online social and emotional wellbeing support and education program (The YBMen Project) for young Aboriginal males in the Northern Territory of Australia.”* Principal Investigator: James Smith, Dates 5/1/21 – 4/30/22. (Total Pilot Funding: \$35,000 AUD)
20. **Principal Investigator**, Center for Disease Control and Prevention (CDC) through the National Networks of Public Health Institutes (NNPHI) - *“Best/Promising Practices for COVID-19 Health Disparities,”* Dates: 11/15/21 – 5/31/22. (\$250,000)
21. **Co-Investigator**, National Center for Institutional Diversity (NCID), University of Michigan – *“Anti-racist action by cities and communities to respond to racist police violence”* Principal Investigator: Paul Fleming, Dates: 11/1/21 – 10/31/22 (\$15,000)
22. **Principal Investigator**, Wolverine Wellness, University of Michigan – *“Designing, Implementing, and Evaluating, the YBMen Project for Black men at U-M,”* Dates: 8/1/21 – 5/31/23 (\$30,000)
23. **Critical Consultant**, Movember Australia, *“Adaptation of an online mental health and wellbeing education and support intervention for young Aboriginal and Torres Strait Islander males in Australia.”* Principal Investigator (Co-Leads): James Smith, Bep Uink, Garth Stahl, Dates: 7/1/21 – 12/31/22 (Stage 1 - Total: \$179,000 AUD).
24. **Principal Investigator**, Poverty Solutions, University of Michigan – *“Secondary analysis of data from the Young Black Men, Masculinities, and Mental Health Project,”* Dates: 3/1/22 – 2/28/23 (\$20,000)
25. **Principal Investigator, Sub-Award**, Michigan Health Endowment Fund - R-2108-149166 *“A Behavioral Health Collaborative for Young Black Men & Boys.”* Principal Investigator: Raymond Rion, Dates: 1/1/22 – 6/30/23. (\$100,000)
26. **Principal Investigator**, Center for Disease Control and Prevention (CDC) through the National Networks of Public Health Institutes (NNPHI) - *“Evaluation of Novel and Emerging Practices Related to COVID-19 Health Disparities,”* Dates: 6/1/22 – 7/31/23. (\$300,000)

27. **Co-Investigator**, National Institutes of Health (NIH), NIHU01 - U01TR003409 - “Partnership and Training for Community Health Workers in Research Best Practices: The PATH-way Project.”
Principal Investigator: Susan Murphy, Dates: 12/1/20 – 11/30/24 (\$2.25 million)

PUBLICATIONS

*Denotes a student or trainee at the time of the work

+Denotes my senior author role on the work
6,074 citations; h-index = 40; i10-index = 75

Peer-reviewed Journal Articles (92 total; 26 first author)

1. **Watkins, D. C.**, Rivers, D., Rowell, K., Green, B. L., & Rivers, B. M. (2006). A closer look at effect sizes and their relevance to health education. *American Journal of Health Education*, 37(2):103-108.
2. **Watkins, D. C.**, Green, B. L., Rivers, B. M., & Rowell, K. L. (2006). Depression in black men: Implications for future research. *Journal of Men's Health and Gender*, 3(3): 227-235.
3. **Watkins, D. C.** (2006). The depressive symptomatology of black college men: Preliminary findings. *Californian Journal of Health Promotion*, 4(3): 187-197.
4. **Watkins, D. C.** & Neighbors, H. W. (2007). An initial exploration of what ‘mental health’ means to young black men. *Journal of Men's Health and Gender*, 4(3): 271-282.
5. **Watkins, D. C.**, Green, B. L., Goodson, P., Guidry, J., & Stanley, C. A. (2007). Using focus groups to explore the stressful life events of black college men. *Journal of College Student Development*, 48(1): 105-118.
6. Samuel-Hodge, C., **Watkins, D. C.**, *Rowell, K. L., & Hooten, E. (2008). Coping styles, well-being, and self-care behaviors among African Americans with type 2 diabetes. *The Diabetes Educator*, 34(3): 501-510. DOI: 10.1177/0145721708316946. PMID: 18535323
7. Perron, B., Alexander-Eitzman, B., **Watkins, D. C.**, Taylor, R. J., Baser, R., Neighbors, H. W., & Jackson, J. S. (2009). Ethnic differences in delays to treatment for substance use disorders: African Americans, Caribbean Blacks, and Non-Hispanic Whites. *Journal of Psychoactive Drugs*, 41(4): 369-377.
8. Wallace, P. M., **Watkins, D. C.**, & Dixon-Terry, E. (2010). Be it resolved: Writing resolutions to influence health policy. *Health Promotion Practice*, 11(1): 9-12. DOI: 10.1177/1524839909353024
9. **Watkins, D. C.**, Walker, R. L., & Griffith, D. M. (2010). A meta-study of black male mental health and well-being. *Journal of Black Psychology*, 36(3): 303-330.
**** Named a “Signature Article” to Commemorate the 50th anniversary of the Journal of Black Psychology. Cokley, K. (2024). Reflections on My Experiences as Editor-In-Chief of the Journal of Black Psychology. *Journal of Black Psychology*, 0(0).
<https://doi.org/10.1177/00957984241310291>
10. **Watkins, D. C.**, *Hudson, D. L., Caldwell, C. H., Siefert, K., Jackson, J. S. (2011). Discrimination, mastery, and depressive symptoms among African American men. *Research on Social Work Practice*, 21(3): 269-277.

11. Lincoln, K. D., Taylor, R. J., **Watkins, D. C.**, Chatters, L. (2011). Correlates of psychological distress and major depressive disorder among African American men. *Research on Social Work Practice*, 21(3): 278-288. PMID: 21666885.
12. **Watkins, D.C.**, *Johnson-Lawrence, V, & Griffith D. M. (2011). Men and their father figures: Exploring racial and ethnic differences across mental health outcomes. *Race & Social Problems*, 3(3): 197- 211.
13. **Watkins, D. C.**, *Smith, L.C., Kerber, K., Kuebler, J., & Himle, J. (2011). E-mail as a depression self-management tool: A needs assessment to determine patients' interests and preferences. *Journal of Telemedicine and Telecare*, 17(7): 378-381. DOI: 10.1258/jtt.2011.110105. PMID: 21933895.
14. **Watkins, D. C.** (2012). Qualitative research: The importance of conducting research that doesn't 'count.' *Health Promotion Practice*, 13(2): 153-158. DOI: 10.1177/1524839912437370. PMID: 22382490
15. **Watkins, D. C.** (2012). Depression over the adult life course for African American men: Toward a framework for research and practice. *American Journal of Men's Health*, 6(3): 194-210. DOI: 10.1177/1557988311424072. PMID: 22105067
16. Griffith, D. M., Gunter, K. E., & **Watkins D.C.** (2012). Measuring masculinity in research on men of color: Findings and future directions. *American Journal of Public Health*, 102: S187–S194. DOI:10.2105/AJPH. 2012.300715 PMID: 22401519.
17. **Watkins, D. C.**, *Hunt, J., & Eisenberg, D. (2012). Increased demand for mental health services on college campuses: Perspective from administrators. *Qualitative Social Work*, 11(3): 319-337.
18. **Watkins, D.C.**, & *Hartfield, J. A. (2012). Health education for social workers: A primer. *Social Work in Health Care*, 51(8): 680-694. DOI: 10.1080/00981389.2012.686474. PMID: 22967020.
19. *Hunt, J., **Watkins, D. C.**, & Eisenberg, D. (2012). How do college campuses make decisions about allocating resources for student mental health? Findings from key participant interviews at 10 campuses. *Journal of College Student Development*, 44(1), 1-15.
20. **Watkins, D. C.**, Pittman, C., & *Walsh, M. (2013). The effects of psychological distress, work, and family stressors on child behavior problems. *Journal of Comparative Family Studies*, 44(1): 1-16.
21. Do, D. P., **Watkins, D. C.**, Heron, M., Hiemeyer, M., & Finch, B. K. (2013). The relationship between height and neighborhood context across racial/ethnic groups: A multi-level analysis of the 1999-2004 National Health and Nutrition Examination Survey. *Economics and Human Biology*, 11(1): 30-41. DOI: 10.1016/j.ehb.2012.01.003. PMID: 22613511.
22. Mitchell, J. A., *Hawkins, J., & ***Watkins, D. C.** (2013). Factors associated with cancer family history communication between African American men and their relatives. *Journal of Men's Studies*, 21(2): 97-111.
23. Mitchell, J. A., **Watkins, D.C.**, & Modlin, C. (2013). Social determinants associated with colorectal cancer screening among an urban sample of African American men. *Journal of Men's Health*. doi.org/10.1016/j.jomh.2012. 09.003

24. **Watkins, D.C.**, Abelson, J. M., & *Jefferson, S. O. (2013). 'Their depression is something different... it would have to be:' Findings from a qualitative study of black women's perceptions of black men's depression. *American Journal of Men's Health*, 7(4S): 42-54.
25. Johnson-Lawrence, V. D., Griffith, D. M., & ***Watkins, D.C.** (2013). The effects of race, ethnicity and mood/anxiety disorders on the chronic physical health conditions of men from a national sample. *American Journal of Men's Health*. 7(4S): 58-67. DOI: 10.1177/1557988313484960
26. **Watkins, D. C.**, & *Jefferson, S. O. (2013). Recommendations for the use of online social support for African American men. *Psychological Services*, 10(3), 323-332.
27. Mitchell, J. A., *Shires, D., Thompson, H., **Watkins, D.C.**, & Modlin, C. (2014). Disparities in health-related Internet use among African American men, 2010. *Preventing Chronic Disease*. 11:130217. DOI: <http://dx.doi.org/10.5888/pcd11.130217>.
28. **Watkins, D. C.**, *Hawkins, J., & Mitchell, J. A. (2015). The discipline's escalating whisper: Social work and black men's mental health. *Research on Social Work Practice*, 25(2), 240-250.
29. *Assari, S., **Watkins, D. C.**, & Caldwell, C. H. (2015). Multiplicative effects of discrimination and race attribution on depression among blacks: The role of gender and ethnicity. *Journal of Racial and Ethnic Health Disparities*, 1-11. DOI: 10.1007/s40615-014-0064-9
30. Piette, J. D., Valenstein, M., Eisenberg, D., Fetters, M. D., Saunders, D., Sen, A., **Watkins, D. C.**, & Aikens, J. E. (2015). Rationale and methods of a trial to evaluate a depression tele-monitoring program that includes a patient-selected support person. *Journal of Clinical Trials*, 5(1), 1-8.
31. *Hawkins, J., **Watkins, D. C.**, Kieffer, E., Spencer, M., Espitia, N., Sinco, B., & Anderson, M. (2015). Psychosocial factors that influence health care use and self-management for African American and Latino men with type 2 diabetes: An exploratory study. *Journal of Men's Studies*, 23(2), 161-176.
32. **Watkins, D.C.**, *Assari, S., & Johnson-Lawrence, V. (2015). Race and ethnic group differences in comorbid major depressive disorder, generalized anxiety disorder, and chronic medical conditions. *Journal of Racial and Ethnic Health Disparities*, 2(3), 385-394.
33. *Cook, S. H., **Watkins, D. C.**, Calebs, B. J., & Wilson, P.A. (2016). Attachment orientation and sexual risk behavior among young Black gay and bisexual men. *Psychology and Sexuality*, 7(3): 177-196.
34. Hawkins, J., ***Watkins, D.C.**, *Bonner, T., & Thompson, T.L. (2016). Racial/ethnic differences in predictors of mental health treatment in persons with comorbid diabetes and depression. *Social Work and Public Health*, 31(6): 511-519.
35. *Jefferson, S. O., ***Watkins, D. C.**, & Mitchell, J.A. (2016). The retrospective roles of black women in the coddling of black boys. *Journal of Cultural and Ethnic Diversity in Social Work*, 25(3), 173-192.
36. *Jäggi, L. J., Mezuk, B., **Watkins, D. C.**, & Jackson, J. S. (2016). The relationship between trauma, arrest and incarceration history among black Americans: Findings from the National Survey of American Life. *Society and Mental Health*, 6(3): 187-206.

37. Thompson, T.L., ***Watkins, D.C.**, & Johnson-Lawrence, V.D. (2016). Masculinity, socioeconomic status, & self-rated health among African American men. *Spectrum: A Journal on Black Men*, 4(2), 61-81.
38. Mitchell, J. A., **Watkins, D. C.**, *Shires, D., Chapman, R., & Burnett, J. (2017). Clues to the blues: Predictors of self-reported mental and emotional health among older African American men. *American Journal of Men's Health*, 11(5): 1366-1375. DOI: 10.1177/1557988315600064
39. Redmond, M. L., **Watkins, D. C.**, Broman, C., Abelson, J. M., & Neighbors, H. W. (2017). Ethnic and gender differences in help seeking for substance disorders among Black Americans. *Journal of Racial and Ethnic Health Disparities*, 4(2): 308-316. DOI: 10.1007/s40615-016-0230-3
40. **Watkins, D. C.**, *Allen, J. O., *Goodwill, J. R., & *Noel, B. (2017). Strengths and weaknesses of the Young Black Men, Masculinities, and Mental Health (YBMen) Facebook Project. *American Journal of Orthopsychiatry*, 87(4), 392-401. PMID: 27977287
41. Thompson, T. L., Mitchell, J. A., Johnson-Lawrence, V. D., **Watkins, D. C.**, & Modlin, C. (2017). Self-rated health and health care access associated with African American men's health self-efficacy. *American Journal of Men's Health*, 11(5): 1385-1387. DOI: 10.1177/1557988315598555
42. Barry, A. E., *Jackson, Z., **Watkins, D. C.**, *Goodwill, J. R., & Hunte, H. E. (2017). Alcohol use and mental health conditions among black college males: Do those attending postsecondary minority institutions fare better than those at primarily white institutions? *American Journal of Men's Health*, 11(4) 962–968. DOI: 10.1177/1557988316674840. PMID: 27807223
43. Kales, H. C., Gitlin, L. N., Stanislawski, B., Marx, K., Turnwald, M., **Watkins, D.C.**, & Lyketsos, C. G. (2017). WeCareAdvisor™: The development of a caregiver-focused, web-based program to assess and manage behavioral and psychological symptoms of dementia. *Alzheimer Disease & Associated Disorders - An International Journal*, 31(3): 263-270.
44. **Watkins, D. C.**, *Wharton, T., Mitchell, J. A., Matusko, N., Kales, H. (2017). Perceptions and receptivity of non-spousal family support: A mixed methods study of psychological distress among older, church-going African American men. *Journal of Mixed Methods Research*, 11(4): 487-509. DOI: 10.1177/1558689815622707
45. *Werner, N. E., Stanislawski, B., Marx, K., **Watkins, D. C.**, Kobayashi, M., Kales, H. C., & Gitlin, L. N. (2017). Getting what they need when they need it: Identifying barriers to information needs of family caregivers to manage dementia-related behavioral symptoms. *Applied Clinical Informatics*, 8:191-205.
46. Hawkins, J., **Watkins, D. C.**, Kieffer, E., Spencer, M., Piatt, G., Nicklett, E. J., Lebron, A., Espitia, N., & Palmisano, G. (2017). An exploratory study of the impact of gender on health behavior among African American and Latino men with Type 2 Diabetes. *American Journal of Men's Health*, 11(2): 344-356. DOI: 10.1177/1557988316681125
47. Guetterman, T. C., Creswell, J. W., Wittink, M., Barg, F. K., Castro, F. G., Dahlberg, B., **Watkins, D. C.**, Deutsch, C., & Gallo, J. J. (2017). Development of a self-rated mixed methods skills assessment: The NIH Mixed Methods Research Training Program for the Health Sciences. *Journal of Continuing Education in the Health Sciences*, 37(2), 76-82.

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Peer-Reviewed Papers – Under Review and Works in Progress

1. **Watkins, D.C.**, Hong, S., Riberio Brown, B., Harris, K., & Burgess, H. (In Progress). Self-Reliance, Social Support, and Help-Seeking Among Black College Men: Findings from the YBMen Project.
2. **Watkins, D.C.** (In Progress). Using Mixed Methods Research to Promote Social Justice and Equity.
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4. Adams, M., Thabet, P., Miles, L., Ware, D., Shade Jr., G. H., Bradley Sr., W. W., **Watkins, D. C.**, Ploutz-Snyder, R., Darbes, L., Burns, J. (Under Review). Social-ecological factors associated with mental health symptoms among US Black men during COVID-19: A cross-sectional survey.
5. Burns, J., Jemmott, J., Darbes, L., **Watkins, D.C.**, Ploutz-Snyder, R., Sweet- Jemmott, L.S. (In Progress). Condom use and Risk Factors in Urban Black Emerging Adult men: A Gendered Theory of Planned Behavior Analysis.
6. Williams, E.G., Ellis, J., Brown, B. R., Jones, H. A., & **Watkins, D.C.** (In Progress). The Role of Microaffirmations in Supporting Black Male Mental Health at PWIs.
7. Opozda, M.J., **Watkins, D.C.**, Vigona, J., Stahl, G., Seidler, Z., Prehn, J., Notting, M., Miller, Jr., K.M., Gee, G., Drummond, M.J.N., Canuto, K.J., Büsst, C., Brickley, B., Bonson, J., Black, O., Smith, J. A., and Canuto, K. (Under Review). Building an evaluation strategy for a culturally adapted, social media-based, mental health and social and emotional wellbeing program for young Aboriginal and Torres Strait Islander males.
8. Burns, J., Sweet-Jemmott, L., **Watkins, D.C.**, Darbes, L., Corwin, C., & Brush, B. (In Progress). Navigating Community-Engaged Scholarship in Nursing Research: Benefits, Challenges, and Lessons Learned.

Peer-reviewed Abstracts and Volume Sections (13 total; 10 first author)

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8. **Watkins, D. C.** (2013). Qualitative research: The importance of conducting research that doesn't 'count.' In *Tools of the Trade: Tools for Translating Health Education Theory into Practice*. Editors KD Goldman & KJ Schmalz. Society for Public Health Education. Washington, DC.
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12. **Watkins, D. C.** (2017). *Mixed methods research in social work*. Encyclopedia of Social Work Online. Oxford University Press.
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Books (4 total; 3 first author)

1. **Watkins, D. C.** & Gioia, D. (2015). *Mixed methods research*. Pocket Guides to Social Work Research Methods Series. Oxford University Press: New York, NY. ISBN 9780199747450. [One of only two books published on mixed methods research in social work.]
2. **Watkins, D. C.** (2022). *Secondary Data in Mixed Methods Research*. Mixed Methods Research Series. Editors: V.L. Plano-Clark and N. Ivankova, SAGE Publications: Thousand Oaks, CA. ISBN-10: 1506389570. ISBN-13: 978-1506389578
***** Won a 2024 Most Promising Textbook Award from the Textbook & Academic Authors (TAA) Association *****
3. Smith, J. A., **Watkins, D. C.**, & Griffith, D. M. (2023). *Health promotion with adolescent boys and young men of colour: Global strategies for advancing research, policy, and practice in context*. Co-Edited Book. Springer: New York, NY.
4. **Watkins, D. C.** (*In Progress*). The Rigorous and Accelerated Data Analysis (RADaR) Technique for Qualitative Data Analysis.

Books Chapters (9 total; 6 first author)

1. Green, B. L, Lewis, R. K., & **Watkins, D. C.** (2005). Chapter 9: Responding to the needs of a diverse population: The need for diversity in health. In *Diversity and Public Administration: Theory, Issues, and Perspectives*, Edited by: M.F. Rice, M. E. Sharpe, New York, pages 153-176.
2. **Watkins, D. C.** & Neighbors, H. W. (2012). Social determinants of depression and the black male experience, In *Social determinants of health among African American men*, Edited by H. M. Treadwell, C. Xanthos, & K. B. Holden, (pp 39-62). Jossey-Bass Publishers. ISBN: 978-0-470-93110-3
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4. Brewton-Tiayon, S., **Watkins, D. C.**, Jackson, J.S. (2015). Late-life depression among black Americans. In *Prevention of Late-Life Depression: Current Clinical Challenges and Priorities*, Edited by O.I. Okereke. New York, NY: Springer Publishers.
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6. *Casanova, A., & ***Watkins, D. C.** (Accepted) Positive Forms of Coping for Young Black Men. In *The Forgotten Realities of Men*. Editors Marc Lafrance, Jean-Martin Deslauriers, and Gilles Tremblay.
7. **Watkins, D. C.**, *Brown, B.R., Abelson, J.M., & Ellis, J. (2023) First-Generation Black College Men and the Value of Cohort-Based Programs: Addressing Inequities Through the YBMen Project. In *Health promotion with adolescent boys and young men of colour: Global strategies for advancing research, policy and practice in context*. Co-Edited Book. Springer: New York, NY.
8. **Watkins, D. C.** & Johnson, N. C. (2023). *Advancing education research through mixed methods with existing data*. In: Tierney, R.J., Rizvi, F., Erkican, K. (Eds.), *International Encyclopedia of Education*, vol. 12, pages 636-644. Elsevier. <https://dx.doi.org/10.1016/B978-0-12-818630-5.11064-4>
9. **Watkins, D.C.** & Johnson, N.C. (2023). *Integrating Secondary Data from Ethnically and Racially Minoritized Groups in Mixed Methods Research*. In C. Poth and T. Guetterman, *Designing Innovative Integrations in the SAGE Handbook of MMR Designs*, Section 4.
10. **Watkins, D.C.** & Johnson, N.C. (2026). Enhancing Quality in Secondary Data-Based Mixed Methods Research with Ethnically and Racially Minoritized Groups. In A. Onwuegbuzie, *The Routledge International Handbook for Enhancing Quality in Mixed Methods Research*.

Peer-Reviewed Reports (2 total; 1 first author)

1. **Watkins, D. C.**, Mitchell, J. A., Hawkins, J., & Mouzon, D. M. (2017). A field scan of physical and mental health interventions for adult Black men in the United States. Commissioned report submitted to RISE for Boys and Men of Color. University of Pennsylvania. [Report]
2. Powell, W., Blume, A., Cook, S., Courtenay, W., Griffith, D., Halkitis, P., Johnson, W., Mankowski, E., Quinones-Maldonado, R., Thorpe, R. J., & **Watkins, D. C.** (2017). *The American Psychological*

Association working group report on health disparities in boys and men. American Psychological Association. Authors #2 - #11 are listed in alphabetical order [Report]

Non-Peer Non-peer-reviewed reports, Book Reviews, Editorials and Manuals (13 total; 10 first author)

1. Green, B. L., Rivers, B. M., **Watkins, D. C.**, & House, S. (2004). Decisions about prostate cancer treatment: Issues for consideration in developing decision support materials. A White Paper contracted by National Cancer Institute (NCI), Office of Education and Special Initiatives. [White Paper]
2. **Watkins, D. C.**, & Wallace, P.M. (2008). Society for Public Health Education (SOPHE) Resolutions Committee Policies and Procedures Manual. [Manual]
3. **Watkins, D. C.**, Tolma, E. & Wallace, P.M. (December 2010). Society for Public Health (SOPHE) Approved Resolution Review and Archiving System. [Report]
4. **Watkins, D.C.** & Griffith, D.M. (2013). *Practical solutions to addressing men's health disparities: Guest Editorial.* Special Issue on the "Practical Solutions to Address Men's Health Disparities." *International Journal of Men's Health*, 12(3): 187-194. [Editorial]
5. **Watkins, D. C.** (2014). *Publish and Prosper: A strategy guide for students and researchers*, by N. M. Lambert. *Research on Social Work Practice*, 24(4), 503 - 505. [Book review]
6. **Watkins, D. C.**, & Griffith, D. M. (2014). *Mental health promotion programs: A scoping review of men's mental health promotion programs in the United States.* Movember Foundation and the Centre for Men's Health at Leeds University, London, UK. [Report]
7. **Watkins, D. C.**, Patton, D. U., & Miller, R. M. (2016). Introduction to the special issue on the intersections of race, gender, and class in the wake of a national crisis: The state of Black boys and men post-Ferguson Guest Editorial: Special Issue. *Journal of Men's Studies*, 24(2), 119-129. [Editorial]
8. Smith, J A., **Watkins, D. C.**, & Griffith, D. M., (2020). Equity, gender and health: New directions for global men's health promotion. *Health Promotion Journal of Australia*, 31(2), 161-165. [Editorial]
9. Smith, J. A., **Watkins, D.C.**, & Griffith, D.M. (2020). Fostering transnational research partnerships to advance men's health. *American Journal of Men's Health*, 14 (4): 1-2. [Editorial]
10. **Watkins, D. C.**, Norris-Shelton, S. (2020). An Analysis of the Racial Equity Focus of Professional Health and Human Service Networks. A report commissioned by the W. K. Kellogg Foundation. [Report]
11. **Watkins, D. C.** (2020). The Young Black Men, Masculinities, and Mental Health (YBMen) Project: A Manual for Program Design and Implementation. [Manual]
12. **Watkins, D. C.**, Abelson, J. M., Burgess, H., Brown, B. R., Rafferty, J., & Tatar, K. (2023). *An Implementation Evaluation of the Washington Equitable Funding Allocation Methodology to Address COVID-19 Health Disparities Among High-Risk and Underserved Populations.* Commissioned Report for the National Network of Public Health Institutes (NNPHI). [An evaluation report supported by the CDC's National Center for STLT Public Health Infrastructure and Workforce through cooperative agreement OT18-1802, Strengthening Public Health Systems and Services Through National Partnerships to Improve and Protect the Nation's Health award #6 NU38OT000303-04-02.] [Report]

13. **Watkins, D. C.**, Burgess, H., Abelson, J. M., Brown, B. R., Rafferty, J., & Tatar, K. (2023). *An Effectiveness Evaluation of North Carolina’s Healthier Together to Address COVID-19 Health Disparities Among High-Risk and Underserved Populations*. Commissioned Report for the National Network of Public Health Institutes (NNPHI). [An evaluation report supported by the CDC’s National Center for STLT Public Health Infrastructure and Workforce through cooperative agreement OT18-1802, Strengthening Public Health Systems and Services Through National Partnerships to Improve and Protect the Nation’s Health award #6 NU38OT000303-04-02.] [Report]

Public Intellectual Articles

1. **Watkins, D.C.** (2023). Using Secondary Data in Mixed Methods is More Straight-Forward Than You Think. *Methodspace*. Sage Publications. May 16, 2023. [Link](#).
2. Spolum, M., Lopez, W. D., **Watkins, D. C.**, & Fleming, P. J. Not Reforms but Alternatives: The Benefit of Alternative Response Programs. *Public Health Post*. June 21, 2023. [Link](#).

Expert Consultant on Media/Entertainment

- **Expert Consultant/On-set Expert**, [INVISIBLE GAME](#) is a joint effort between [UNINTERRUPTED](#), the award-winning athlete storytelling brand, within The SpringHill Company (TSHC), founded by LeBron James and Maverick Carter and [The Jed Foundation \(JED\)](#), a leading nonprofit that protects emotional health and prevents suicides in teens and young adults nationwide, to spark real conversations about mental health. Through raw and honest intergenerational conversations with top athletes about life, mental health, and staying on top of their game, we aim to inspire positive change and provide valuable resources. April 2024 – October 2024.

TEACHING INTERESTS

Mixed Methods Research	Gender and Health	Research Leadership Development
Social Impact Leadership	Program Evaluation	Nonprofit Management

TEACHING EXPERIENCE

Teaching in the United States

University of Michigan, School of Social Work (UM-SSW)

Masters Level

SW522- Basic Social Work Research

- Fall 2009, Winter 2010, Fall 2010, Winter 2011, Fall 2011, Winter 2015

SW683- Evaluation in Social Work

- Winter 2010, Fall 2010, Winter 2011, Fall 2011, Winter 2012

SW665 – Social Impact Leadership and Governance

- Fall 2023, Fall 2024, Fall 2025

Doctoral Level

SW800 – Professional Seminar (Part 1) - Fall 2017

SW800 – *Professional Seminar (Part 2)* - Winter 2017, Winter 2018
SW814 - *Community Interventions* - Fall 2014
SW842 - *Social Equality and Equity* - Fall 2013, Fall 2015
SW816 – *Race, Ethnicity, & Gender in Interventions* - Winter 2012, Winter 2014
SW861 – *Mixed Methods Research* - Fall 2019, Fall 2020, Fall 2021, Fall 2025
SW873 – *Theories of Change* - Winter 2019

Texas A&M University, Department of Health and Kinesiology

Undergraduate

Health 236 – Race, Ethnicity, and Health - Spring 2004 & Spring 2005

Capella University, School of Human Services

Masters Level

HS5006/CST5006- Survey of Research Methodology (Research Methods)

- Winter 2007 - Summer 2009 (7 Quarters)

Doctoral Level

HS8106- Epistemology of Practice Knowledge (Social and Behavioral Theory)

- Fall 2008 (1 Quarters)

International Teaching

University of Michigan, School of Social Work (UM-SSW)

Continuing Education

Certificate Program in Mixed Methods Research (MMR)

- Summer 2013, every June from 2015 to 2022, 2024

University of Michigan, Department of Family Medicine

Mixed Methods Program

Mixed Methods Essentials Workshop

- Summer 2025

University of Essex (London, England)

Essex Summer School in Social Science and Data Analysis

- *Mixed Methods Research* – Summer 2023, Summer 2024

Institute for Statistical and Data Science (Instats)

Mixed Methods Research

- Three-Day Seminar, June 14-16, 2023 ([Link to the on-demand offering](#))

Secondary Data in Mixed Methods Research

- Two-Day Seminar, March 11-12, 2024 ([Link to the on-demand offering](#))

ACADEMIC ADVISING & MENTORING

Primary PhD Advisor

Jaclynn Hawkins (Social Work & Sociology, 2015)
Julie Ober Allen (UM-Public Health, 2017)
Nkemka Anyiwo (Social Work & Psychology, 2019)
Natasha Johnson (Social Work & Psychology, 2020)
Janelle Goodwill (Social Work & Psychology, 2020)
Brittany Ribeiro Brown (Social Work & Psychology, in progress)
Keion Harris (Social Work & Psychology, in progress)
Sunghyun Hannah Hong (SSW, Psych, in progress)

Master's Thesis/Comprehensive/Preliminary Exam Committees, Member

Charles Graham (Social Work, 2010)
Antonette King (Social Work, 2010)
Jaclynn Hawkins (Social Work, 2012)
Alicia Williams, (PhD in Health Informatics, 2021)
Allura Casanova (Psychology & Women's Studies, 2019)

Comprehensive/Preliminary Exam Committees, Chair

Nkemka Anyiwo (Social Work, 2016)
Janelle Goodwill (Social Work, 2017)
Natasha Johnson (Social Work, 2017)
Ed-Dee Williams (Social Work, 2018)

Dissertation Committees, Member

Rosalyn D. Campbell (Social Work & Sociology, 2012)
Charles Graham (Social Work & Psychology, 2014)
Patricia Tillman-Meakins (UM-Nursing, 2017)
Fernanda Cross (UM-Psychology, 2019)
Sasha Zhou (UM-Public Health, 2020)
Allura Casanova (Psychology & Women's Studies, 2023)
Tara Nelson (Social Work, Yeshiva University, 2024)
Gabriel Johnson (UM-Public Health, 2024)
Geila Rajaei (UM-Public Health, 2024)

Dissertation Committees, Chair or Co-Chair

Jaclynn Hawkins (Social Work & Sociology, 2015)
Julie Ober Allen (UM-Public Health, 2017)
Nkemka Anyiwo (Social Work & Psych, 2019)
Janelle Goodwill (Social Work & Psychology, 2020)
Natasha Johnson (Social Work & Psych, 2020)
Brittany Ribeiro Brown (Social Work & Psych, in progress)

PRESENTATIONS

Conference Presentations (Oral)

1. **Watkins, DC**, Rowell, K, Rivers, D, Green, BL, & Rivers, B. *The Limited Research on African American College Men and Depression: A Path to Solutions*, National Conference on Men's Health, Atlanta, Georgia, October 6-8, 2005.
2. Walker, A & **Watkins, DC**. *The Role of 'Believability' in Identifying Health Information Sources on College Campuses*, Southwest College Health Association (SWCHA) Annual Meeting- Regional Conference, Denton, Texas, October 27 & 28, 2005.
3. Green, BL, Dorman, S, Rivers, B, **Watkins, DC**, Rivers, D, & Rowell, K. *Development of a research center within an academic setting to coordinate and build infrastructure to conduct health disparities research*. American Public Health Association, Philadelphia, PA, Dec 2005.
4. Rivers, B, Green, BL, Rowell, K, **Watkins, DC**, Rivers, D, & Robledo, M. *A trans-disciplinary approach to career development and training of health disparities researchers*, American Public Health Association, Philadelphia, PA, December 10-14, 2005.
5. Buhi, L, Green, BL, Rivers, B, McWhinney, S, Dorman, S, & **Watkins, DC**, *Collaboration between a research institution, federally qualified health center, and historically black university: A necessary, yet challenging endeavor*. American Public Health Association, Philadelphia, PA, December 10-14, 2005.
6. **Watkins, DC**, Sharf, B, Rowell, K, Rivers, D, Roberts-Perez, S, Sarabia, M, Green, BL, Buhi, L, Rivers, B, & Robledo, M. *Hearing their voices: Issues that affect patient health literacy*. Society for Public Health Education Mid-year Scientific Conference. Las Vegas, May 5-7, 2006.
7. Honore, H, Delissaint, D, Davis, NK, & **Watkins, DC**, Arekere, D, Green, BL, & Rivers, B. *Collaboration between Health Educators and Social Workers: Better for Clients, Better for Professionals*. American Public Health Association, Boston, MA, November 4-8, 2006.
8. **Watkins, DC** & Neighbors. *Insight Before We Act: Exploring What "Mental Health" Means to Young Black Men*. On the panel titled "A Developmental Look at the Intersection of Race and Gender in Psychopathology" of the 2008 Society for Research on Adolescence, Biennial Meeting in Chicago, Illinois, March 6-9, 2008.
9. **Watkins, DC** & Wallace, PM. *SOPHE Resolution Development Process*. Society for Public Health Education Midyear Scientific Conference. Chicago, IL, May 21-24, 2008.
10. **Watkins, DC**, Hudson DL, Caldwell CH, & Siefert K. *The Influence of Life Satisfaction, Self-Esteem, and Mastery on the Mental Health of African American Men at Young, Middle, and Late Adulthood*. Robert Wood Johnson Foundation New Connections Second Annual Symposium at the 2008 Academy Health annual research meeting in Washington D.C, June 7-9, 2008.
11. **Watkins, DC**. *Age-Linked Life Stages and the Mental Health Margins of Black Men*. American Men's Studies Association 17th Annual Conference: Beyond Borders: Masculinities and Margins. Montreal, Canada, April 3-5, 2009.

12. **Watkins, DC.** *Discrimination, Mastery, and Depressive Symptoms among African American Men.* Society for Social Work Research 15th Annual Conference: Emerging Horizons for Social Work Research. Tampa, Florida, January 12-16, 2011.
13. Jefferson, SO, King, AN, & **Watkins, DC.** *Cuddled or coddled: The relationship between black men and the black women in their lives.* American Men's Studies Association 20th Annual Conference. Minneapolis, MN, March 30-April 1, 2012.
14. Johnson-Lawrence, V, Griffith, DM, & **Watkins, DC.** *Race, financial stress and co-morbid mental and physical health conditions among men.* 140th American Public Health Association Annual Meeting. San Francisco, CA, October 27- 30, 2012.
15. Mitchell, JA & **Watkins, DC.** *Social Determinants Associated with Colorectal Cancer Screening in an Urban Community Sample of African American Men.* Society for Social Work Research 17th Annual Conference. Sheraton San Diego Hotel and Marina, San Diego, CA, January 16-20, 2013.
16. **Watkins, DC,** Kawaii-Bogue, B, & Mitchell, JA. *Aging African American men and the social determinants of their physical and mental health outcomes.* Part of the panel titled "Physical & mental health outcomes of black men." American Men's Studies Association 21st Annual Conference. Ann Arbor, MI, April 4-7, 2013.
17. Johnson-Lawrence, V, Griffith, DM, & **Watkins DC.** *Race, financial stress and mental and physical health conditions among men.* American Men's Studies Association 21st Annual Conference. Ann Arbor, MI, April 4-7, 2013.
18. **Watkins, DC.** *A mixed methods study of family support and distress among older, church-going African American men.* Mixed Methods International Research Association Inaugural Conference, Boston, MA, June 27-29, 2014.
19. **Watkins, DC.** *Lessons learned from the implementation and evaluation of an online mixed methods research continuing education program for social workers.* Mixed Methods International Research Association Inaugural Conference, Boston, MA, June 27-29, 2014.
20. **Watkins, DC.** [Symposium Discussant]. *The doors of the church are open: Contextualizing black churches as a place and space for mental health and longevity among African Americans.* Society for Social Work Research 19th Annual Conference. New Orleans, Louisiana, January 14-18, 2015.
21. Akinyemi, E, **Watkins, DC,** Kavanagh, J, Johnson-Lawrence, V, Lynn, S, & Kales, HC. "Interpreting language used by older African Americans to describe depression in light of DSM criteria" presented as part of the symposium entitled: *The doors of the church are open: Contextualizing black churches as a place and space for mental health and longevity among African Americans.* Society for Social Work Research 19th Annual Conference. New Orleans, Louisiana, January 14-18, 2015.
22. Mitchell, JA, Wharton, T, **Watkins, DC,** & Kales HC. "'There's no depression in the walk': A qualitative analysis of how older black women define and discuss depression in the context of their spirituality" presented as part of the symposium titled: *The doors of the church are open: Contextualizing black churches as a place and space for mental health and longevity among African Americans.* Society for Social Work Research 19th Annual Conference. New Orleans, Louisiana, January 14-18, 2015.

23. **Watkins, DC**, Wharton, T, Mitchell, JA, Matusko, N, & Kales, H. "A mixed methods study of family support and mental health outcomes among older, church-going African American men" presented as part of the symposium titled: *The doors of the church are open: Contextualizing black churches as a place and space for mental health and longevity among African Americans*. Society for Social Work Research 19th Annual Conference. New Orleans, Louisiana, January 14-18, 2015.
24. Wharton T, **Watkins, DC**, Mitchell, JA, & Kales, HC. "'Oh I'm not going to discuss this with him': Older African-American church community members' expectations of formal mental health care providers" presented as part of the symposium titled: *The doors of the church are open: Contextualizing black churches as a place and space for mental health and longevity among African Americans*. Society for Social Work Research 19th Annual Conference. New Orleans, Louisiana, January 14-18, 2015.
25. Mitchell, JA, & **Watkins, DC**. *Self-reported depression and emotional distress for older African American men across intersecting contexts*. Society for Social Work Research 19th Annual Conference. New Orleans, Louisiana, January 14-18, 2015.
26. Mitchell, JA, Shires, DA, **Watkins, DC**. *Oncologists overlook older African American Men's psychosocial needs after a new cancer diagnosis*. Society for Social Work Research 19th Annual Conference. New Orleans, Louisiana, January 14-18, 2015.
27. Allen, JO, **Watkins DC**, & Goodwill JR. *Black college men's perceptions of mental health and depression: Preliminary findings from the Young Black Men, Masculinities, and Mental Health (YBMen) Study*. American Public Health Association (APHA) Annual Meeting. Chicago, IL, October 31-November 4, 2015.
28. Allen, JO, Griffith, DM, & **Watkins, DC**. "It really relies on the wife to get men to eat healthy": African American men's and women's perceptions of how wives influence men's eating behavior and dietary health. American Public Health Association (APHA) Annual Meeting. Chicago, IL, October 31-November 4, 2015.
29. **Watkins, DC**, Allen, JO, & Goodwill, JR. *A Facebook Intervention to Improve Mental Health and Social Support for Young Black Men: The Young Black Men, Masculinities, and Mental Health (YBMen) Project*. Society for Social Work Research 20th Annual Conference. Washington, DC, Jan 14-18, 2016.
30. **Watkins, DC**. *Family support for psychological distress among older, church-going African American men: A modified mixed methods design*. Resource Centers for Minority Aging Research (RCMAR) Annual Meeting. Bethesda, MD, April 25-27, 2016.
31. Bidwell, L., **Watkins, DC.**, Helton, J., & Gioia, D. *Mixed Methods in Social Work: Enhancing Education, Research, and Practice*. Council on Social Work Education (CSWE) Annual Program Meeting. Atlanta, GA, November 3-6, 2016.
32. Goodwill, JR. & **Watkins, DC**. *How Does Media Influence Young Black Men's Conceptualization of Masculinity? Findings from the YBMen Project*. Society for Social Work Research 21st Annual Conference. New Orleans, Louisiana, January 11-15, 2017.
33. **Watkins, DC**. *The Nuts and Bolts of Developing a Strong Book Proposal for the Mixed Methods Series*. Mixed Methods International Association Regional Conference in the Caribbean. Montego Bay, Jamaica, March 15 – 17, 2017.

34. Goodwill, JR, **Watkins, DC**, & Mattis, J. *Masculinity and Depression in Black College Men*. American Men's Studies Association 25th Annual Interdisciplinary Conference. Ann Arbor, MI, March 31, 2017.
35. Johnson, NC & **Watkins, DC**. A Masculinity and Mental Health Scale for Young Black Men: Findings from an Exploratory Factor Analysis. Society for Social Work Research 22nd Annual Conference. Washington, DC, January 14-18, 2018.
36. Goodwill, JR, Allen, JO, & **Watkins, DC**. "What Does Race Mean to Young Black Men? Findings from the YBMen Project". Presented as part of the symposium titled: *To be Young & Black: Using Intervention to Examine How Black Parents and Youth Make Meaning of Racialized Experiences*. Society for Social Work Research 22nd Annual Conference. Washington, DC, January 14-18, 2018.
37. Goodwill, JR, **Watkins, DC**. "Maladaptive Copings Behaviors, Self-Compassion, and Suicide Ideation in Black College Students." Society for Social Work and Research (SSWR) 23rd Annual Conference. San Francisco, CA, January 16-20, 2019.
38. **Watkins, DC**. "Successful Prevention and Early Intervention Strategies Rooted in Social Media." *Strategic Discussion on Mental Health for Boys and Men of Color*. Mental Health California. The California Endowment, Sacramento, California, March 21, 2019.
39. Williams, EG & **Watkins, DC**. "Black Boys Perceptions of Depression and Mental Health: Findings from the YBMen Project." Presented as part of the symposium titled: *Black/African American Boys in Context*. Society for Social Work Research 24th Annual Conference. Washington, DC, Jan. 15-19, 2020.
40. Goodwill, JG & **Watkins, DC**. *Everyday Discrimination and Suicide Ideation Among African American Men: Examining Depressive Symptoms as a Mediator*. Society for Social Work Research 24th Annual Conference. Washington, DC, January 15-19, 2020.

Conference Presentations (Poster)

1. **Watkins, DC**, Green, BL, & Rivers, B. *Center for the Study of Health Disparities: Inequalities in Health, Opportunities for Change*, Health Services & Outcomes Research Conference, Houston, TX, Nov. 2003.
2. Rivers, B, Green, BL, Kohler, C, **Watkins, DC**, Rivers, D, & Rowell, K. *An assessment of the relationship of socio-demographic factors, prostate cancer knowledge and perceived readiness to participate in the informed decision-making process for prostate cancer*, American Academy of Health Behavior, Charleston, SC, Feb. 21-23, 2005.
3. **Watkins, DC**, Green, BL, & Rivers, B. *Depressive Symptoms in Black Men: Using Theory to Plan a Help Seeking Program for Black, Male University Students*, 19th National Conference on Chronic Disease Prevention and Control (CDC), Atlanta, Georgia, March 1-3, 2005.
4. Rivers, D, Rivers, B, **Watkins, DC**, Rowell, K, & Green, BL. *Self-management education among African-American persons with Type 2 Diabetes: A literature review*, Student Research Week. Texas A&M University, College Station, TX, March 29, 2005.
5. **Watkins, DC**, Rivers, D, Green, BL, Rivers, B, & Rowell, K. *Factors that Lead to Depression among Black Men: A Systematic Review of the Literature from 1984 to 2004*, Society for Public Health Education (SOPHE) Mid-year Scientific Conference, Boston, MA, April 13-16th 2005.

6. Rivers, B, Green, BL, **Watkins, DC**, Rivers, D, & Rowell, K. *Eliminating prostate cancer disparities: Implications for enhancing target health communication in minority populations*. American Cancer Society Disparities Conference, Atlanta, GA. April 2005.
7. Rowell, K, Rivers, D, **Watkins, DC**, Rivers, B, & Green, BL. *Perceived racism as a stressor in suicide attempts among African Americans*. Assoc of Black Psychologists, Miami Beach, FL, August 9-14,2005.
8. **Watkins, DC**, Green, BL, & Stanley, C. *The Health of African American Male Students at Historically Black Colleges and Universities: Is There Limited Research?* 4th International Conference on Urban Health, Toronto, Canada, October 26-28, 2005.
9. Rivers, B, Green, BL, Rowell, K, **Watkins, DC**, Rivers, D, & Robledo, M. *A transdisciplinary approach to career development and training of health disparities researchers*. American Public Health Association Annual Conference. Philadelphia, PA, December 8-10, 2005.
10. Green, BL, Dorman, S, Rivers, B, **Watkins, DC**, Rivers, D, & Rowell, K. *Development of a research center within an academic setting to coordinate and build infrastructure to conduct health disparities research*. American Public Health Association Annual Conference. Philadelphia, PA. December 8-10, 2005.
11. Rivers, D, Rivers, B, Green, BL, Rowell, K, **Watkins, DC**, & Arekere, D. *Race-based Research: Mayhem or Miracle?* American Public Health Association, Philadelphia, PA. Dec. 8-10, 2005.
12. Rivers, D, Rivers, B, **Watkins, DC**, Green, BL, Rowell, K, Louis, R, & Robledo, M. *Self-management Education among African-Americans with Type II Diabetes: A Literature Review*, Society for Public Health Education's (SOPHE) 56th Annual Meeting in Philadelphia, PA, December 8-10, 2005.
13. **Watkins, DC**, Rivers, D., Rowell, K, Green, BL, & Rivers, BM. *A Closer Look at Effect Sizes and Their Relevance to Health Education*. American Academy of Health Behavior, Carmel, CA, March 5-8, 2006.
14. **Watkins, DC** & Johnson, TRB. *The Gender Specification and Cultural Sensitivity of Depression Research with Black Americans: A Multidimensional Model*. Fifth Annual Interdisciplinary Women's Health Research Symposium in Rockville, MD, November 17-19, 2008.
15. Jefferson, SO, & **Watkins, DC**. Using School-Based Health Centers to Improve Mental Health Outcomes for Black Youth in Foster Care. University of Illinois at Chicago-School of Public Health: *The Promise of Health Equity: Advancing the Discussion to Eliminate Disparities in the 21st Century*, Feb. 25, 2011.
16. **Watkins, DC** & Kawaii-Bogue, B. *Depressive symptoms among aging African American men: Preliminary findings from a mixed methods study of social and cultural contexts*. The 2012 Resource Centers for Minority Aging Research Conference. San Francisco, California, March 14-17, 2012.
17. Akinyemi, E, **Watkins, DC**, Lynn, S, Kavanagh, J, & Kales, HC. (2012). *Attitudes of church going older African Americans to depression and depression care*. American Association of Geriatric Psychiatry Annual Meeting. Washington, D. C., March 14-17, 2012.
18. **Watkins, DC** & Kawaii-Bogue, B. *Depressive symptoms among aging African American men: A mixed methods study of social and cultural contexts*. Gerontological Society of America Conference. San Diego, California, November 14-17, 2012.

19. Page, AJ, **Watkins, DC**, & Mitchell, JA. *Sudden death of male athletes: Should further health screenings beyond yearly physicals become mandatory?* American Men's Studies Association 21st Annual Conference. Ann Arbor, MI, April 4-7, 2013.
20. Wharton, T, Mitchell, JA, **Watkins, DC**, & Kales, HC. *"Oh I'm not going to discuss this with him": Older African-American women's expectations of formal mental health care providers.* American Association for Geriatric Psychiatry Annual Meeting. Orlando, FL, March 14-17, 2014.
21. Jefferson, SO, **Watkins, DC**, & Mitchell, JA. *Coddling Boys and Cultivating Girls: Black Women discuss their Perceptions of Gender Differences in Parenting Practices,* American Men's Studies Association 22nd Annual Conference. Tacoma, Washington, March 26-29, 2014.
22. Allen, JO & **Watkins, DC**. *An Intersectional & Contextual Analysis of Disparities in U.S. Men's Physical Activity,* American Men's Studies Association 22nd Annual Conference. Tacoma, Washington, March 26-29, 2014.
23. Mitchell, JA, Mountain, S, & **Watkins, DC**. *Black Men, Masculinity, and Cancer in Context: A Review of the Literature,* American Men's Studies Association 22nd Annual Conference. Tacoma, Washington, March 26-29, 2014.
24. Goodwill, J & **Watkins, DC**. *Black Men Commit Suicide Too: An Analysis of the News and Social Media's Reports on Black Male Suicide,* American Men's Studies Association 22nd Annual Conference. Tacoma, Washington, March 26-29, 2014.
25. Allen, JO & **Watkins, DC**. *Relationships between chronic health conditions, functional limitations, and psychological distress among Black and White men.* 142nd American Public Health Association Annual Meeting and Exposition. New Orleans, LA, November 15 - 19, 2014.
26. Goodwill, J & **Watkins, DC**. *Mo Money, Mo Problems: Racial Differences in Arrests Rates for Violent Crimes Among Black Players in the National Football League.* Society for Social Work Research 20th Annual Conference. Washington, DC, January 14-18, 2016.
27. Goodwill, J & **Watkins, DC**. *Media representations and mental health among black college men: Findings from the Young Black Men, Masculinities, and Mental Health (YBMen) Project.* Depression on College Campuses Conference, Ann Arbor, Michigan, March 9-10, 2016.
28. Goodwill, JR, Johnson, NJ, Allen, JO, & **Watkins, DC**. *How Do Young Black Men Cope with Mental Health Challenges? Findings from the YBMen Project.* Society for Social Work Research 21st Annual Conference. New Orleans, Louisiana, January 11-15, 2017.
29. Allen, JO, Goodwill, JR, Anyiwo, N, & **Watkins, DC**. *How race affects mental health of black men: Voices from the Young Black Men, Masculinities, and Mental Health (YBMen) Project.* American Men's Studies Association 25th Annual Interdisciplinary Conference. Ann Arbor, Michigan, March 31 – April 2, 2017.
30. Goodwill, JR & **Watkins, DC**. *Does Adherence to Masculine Norms Predict Depressive Symptoms in Black College Men?* Society for Social Work Research 22nd Annual Conference. Washington, DC, January 14-18, 2018.

31. Goodwill, JR & **Watkins, DC**. *Adherence to masculine norms, depressive symptoms, and suicide ideation among young Black men*. American Psychological Association Annual Conference. San Francisco, CA, August 9-12, 2018.
32. Williams, EG, **Watkins, DC**. *“Social Work’s Role in the Mental Health of Black Boys.”* Society for Social Work and Research (SSWR) 23rd Annual Conference. San Francisco, CA, January 16-20, 2019.

Invited, Keynote, and Plenary Presentations

1. **Watkins, DC**. *Depression among Black Men in a Rural Community in Southern Texas*. NIMH/UNM Mental Health Mentorship and Education Program Training Institute, Albuquerque, New Mexico, March 21- 25, 2005.
2. **Watkins, DC**. *The Mental Health of Young Black Men: The Impact of Stressful Life Events*. University of Texas of the Permian Basin Minority Scholars Program, March 14-16, 2006.
3. **Watkins, DC**. *Life Events and their Impact on the Mental Health of Young Black Men: A Qualitative Study*. NIMH/UNM Mentorship and Education Program Training Institute in Mental Health Services Research, Albuquerque, New Mexico, March 20- 24, 2006.
4. **Watkins, DC**. *Public Speaking and the Media*. NIMH/UNM Mentorship and Education Program Training Institute in Mental Health Services Research, Albuquerque, New Mexico, March 20- 24, 2006.
5. **Watkins, DC**. *Black College Men and Mental Health: A Time for Action*. Southwestern Black Student Leadership Conference (SBSLC). College Station, Texas, January 18-21, 2007.
6. **Watkins, DC**. *Public Speaking*. NIH/UNM Mentorship and Education Program Training Institute in Mental Health Services Research, Albuquerque, New Mexico, August 13-17, 2007.
7. **Watkins, DC**. *Media and Cultural Stereotypes*. NIH/UNM Mentorship and Education Program Training Institute in Mental Health Services Research, Albuquerque, NM, August 13-17, 2007.
8. **Watkins, DC**. *Issues of Gender and Health: What does it mean to be Minority and Male?* NIH/UNM Mentorship and Education Program Training Institute in Mental Health Services Research, Albuquerque, New Mexico, August 18-22, 2008.
9. Hunt, JB & **Watkins, DC**. *Beyond the Survey: Achieving Better Understanding of Campus Mental Health Services and Policy Using Qualitative Data*. Depression on College Campuses Conference, University of Michigan, Ann Arbor, Michigan, March 18-19, 2009.
10. **Watkins, DC**. *When your mind’s made up: An exploratory study of college mental health and the black male experience*. Depression on College Campuses Conference, Ann Arbor, Michigan, March 9-10, 2010.
11. **Watkins, DC**. *New Connections Grantee Panel*. Society for Social Work Research 15th Annual Conference: Emerging Horizons for Social Work Research. Tampa, Florida, January 12-16, 2011.
12. **Watkins, DC**. *U-M Depression Center Bright Nights Community Forum, Partnering for Research: The Search for New Knowledge in Mental Health Treatment*. Ann Arbor, Michigan, Nov 15, 2011.

13. **Watkins, DC & Wentzell. E.** *Personal and Professional Reflexivity of Women who Study Men*, A pre-conference workshop for the American Men's Studies Association's 20th Annual Interdisciplinary Conference, Minneapolis, MN, March 29-April 1, 2012.
14. **Watkins, DC.** *Depression in Black Men: From reflections of their past to re-inventing their future.* University of Michigan Department of Psychiatry Grand Rounds in honor of Dr. Martin Luther King, Jr. January 23, 2013.
15. **Watkins, DC.** *The Mental Health of Black Men.* Panelist at the Brown Chapel AME Church Health Fair, Saturday, March 23, 2013.
16. **Watkins, DC.** *Depression in Black Men: Past, present, and future.* Keynote presentation given at The Ohio State University's Diversity Health Week, Wednesday, April 9, 2014.
17. **Watkins, DC.** *Is making it to college enough? Masculinities, stress, and success among black college men.* Harold A. Korn "Final Friday" Series on College Student Mental Health. Counseling and Psychological Services (CAPS) Office, University of Michigan. October 31, 2014.
18. **Watkins, DC.** *The Young Black Men, Masculinities, and Mental Health (YBMen) Project.* Presented for the Transdisciplinary Center for Health Equity Research. April 10, 2015.
19. **Watkins, DC.** *Black men: An endangered species?* Opening panel presentation at the Association for Black Psychologists Annual Convention. Las Vegas, NV. July 23-26, 2015.
20. **Watkins, DC.** *It's your time: Inspiring leadership, achievement, and self-esteem.* Women of Color Leadership Conference. Jackson College, Jackson, Michigan. April 16, 2016.
21. **Watkins, DC.** *Using mixed methods in research and evaluation.* Evaluation Café Presentation at Western Michigan University. April 20, 2016.
22. **Watkins, DC.** Turning your mixed methods thesis or dissertation into publications. Michigan Mixed Methods Research and Scholarship Program (M3RSP). University of Michigan Department of Family Medicine. July 14, 2017.
23. **Watkins, DC.** *The gender epidemic: What to do when the diagnosis is clear but the treatment is not.* Radcliffe Institute Science Symposium. Harvard University. October 27, 2017.
24. **Watkins, DC.** *The YBMen Project to Improve Mental Health, Masculinities, and Social Support for Young Black Men.* University of Toronto, School of Social Work. November 9, 2017.
25. **Watkins, DC.** *The Social Evolution of Young Black Men: Understanding Mental Health, Manhood, and Social Support through the YBMen Project.* Black Center for AIDS Prevention (Black CAPTO). November 10, 2017.
26. **Watkins, DC.** *From Angry Black Men to #BlackBoyJoy: The Evolution of Mental Health and Manhood Among Young Black Men.* Columbia Populations Research Center. Columbia University. Dec 7, 2017.
27. **Watkins, DC.** *I Dream A World....* Presentation for the 2nd Annual "Brief and Brilliant" Session. Society for Social Work Research 22nd Annual Conference. Washington, DC, January 14-18, 2018.

28. **Watkins, DC.** *Sense of belonging, campus climate, marginalized students, and mental health.* College Mental Health Research Symposium. Depression on College Campuses Conference. Ann Arbor, MI, March 12-13, 2018.
29. **Watkins, DC.** *The what, why, and how of doing mixed methods research with existing data.* William T. Grant Foundation Qualitative and Mixed Methods Workshop. Michigan Research and Scholarship Program. Ann Arbor, MI, April 26, 2019.
30. **Watkins, DC.** *Strategies to improve the physical and mental health of Black men.* Comprehensive Student Retention Strategies for Men of Color. Academic Impressions, Orlando, FL, November 17-19, 2019.
31. **Watkins, DC.** *#BlackMen: Resourceful and Resilient in the Face of Adversity.* #CRSPCast. Center for Race and Social Problems. University of Pittsburgh. July 1, 2020.
32. **Watkins, DC.** *Physical Distance, Social Connection: The Practice and Potential of the YBMen Project.* Part of the panel: Strategies for supporting the social and emotional wellbeing of students of colour and First Nations students. With James Smith & Bep Uink. July 23, 2020. <https://www.ncsehe.edu.au/ncsehe-panelsocial-and-emotional-wellbeing-students-of-colour-first-nations/>
33. **Watkins, DC.** *Centering Race in Health Equity Research and Leadership.* Diabetes Peer Support Special Interest Group. Michigan Center for Diabetes Translational Research (MCDTR). April 7, 2021. <https://www.youtube.com/watch?v=soRDnoOrtsI>
34. **Watkins, DC.** *This is America: Where Mental Health is Your Most Valued Asset.* University Health Service Annual Martin Luther King, Jr. Symposium Keynote. February 24, 2022.
35. **Watkins, DC.** *Leveraging Racial Equity in Community, Family, and Peer Support.* Caswell Diabetes Institute – Metabolism, Obesity, and Diabetes (CDI-MOD) Symposium. May 11-12, 2022.
36. **Watkins, DC.** *Centering Communities and Families with Peers.* At the *Communities, Families, and Peers: Opportunities to Address Diabetes, Racism, and Inequities* Michigan Center for Diabetes Translational Research (MCDTR) Core 3 Workshop, May 12-12, 2022.
37. **Watkins, DC.** *Reimagining Mental Health, Manhood, and Social Support Through the YBMen Project.* Inaugural Symposium of the Black Men’s Research Institute (BMRI), Morehouse College, Atlanta, Georgia. March 29-30, 2023.
38. **Watkins, DC.** *The Promise and Potential of Mental Health, Manhood Redefined, and Social Support Through the YBMen Project.* Merrill Palmer Skinner Institute, Wayne State University, Detroit, Michigan. February 8, 2024.
39. **Watkins, DC.** *Maximizing Your Mixed Methods With Secondary Data (and Being Culturally Responsive Along the Way).* Designing Your Mixed Methods Research: An Interactive Workshop. Stanford University, Stanford University, Palo Alto, California, April 25 to April 27, 2024.

40. **Watkins, D.C.** From Analysis to Action: The Role of Mixed Methods in Driving Equity and Policy Change. *Innovations in Pragmatic Research Methods: From Data to Equity, Policy, and Sustainability*. Colorado Pragmatic Research in Health Conference (COPRH Con) hosted by [ACCORDS](#), June 5, 2024.

MEDIA COVERAGE

October 9, 2009: NPR interviewed me about college student mental health. ([Link](#))

October 14, 2010: I was featured in a news story by the Robert Wood Johnson Foundation New Connections program. ([Link](#))

May 24, 2011: My research was featured in a Michigan News press release titled “African-American men who feel ‘in control’ are less likely to experience depressive symptoms.” ([Link](#))

June 6, 2012: I was interviewed by the UM Depression Center about my work with Black men and depression. I was one of 11 Depression Center members to be featured on the Depression Center website. ([Link](#))

April 5, 2013: I was elected President of the American Men’s Studies Association and featured on this international organization’s website. ([Link](#))

April 24, 2014: NPR interviewed me about my research on and leadership in men’s studies. ([Link](#))

April 14, 2014: The Chronicle of Higher Education quoted me about my leadership in the field of men’s studies. ([Link](#))

August 8, 2015: I was quoted in the New York Times article titled “A Master’s Degree...in Masculinity?” ([Link](#))

December 17, 2015: My research was featured in the story “Facebook, data and the battle against institutional racism” in The Concentrate Ann Arbor. ([Link](#))

May 4, 2016: My research was featured in a Michigan News press release titled “Trauma exposure linked to African Americans, criminal justice system.” ([Link](#))

July 27, 2017: My research was mentioned in this Huffington Post article titled “#YouGoodMan: Black Men and Mental Health.” ([Link](#))

November 25, 2017: My research was mentioned, and I was quoted, in this NBC News article “Hip-hop works to break down mental health stigma for black men.” ([Link](#))

February 28, 2018: I was interviewed for the article “The Mental Health Gender Gap” for Metro Parent in Detroit. ([Link](#))

March 19, 2018: A portion of my letter to the editor was published in New York Magazine in response to their article “How to Raise a Boy.” ([Link](#))

September 12, 2018: I was quoted and my YBMen Project was mentioned in the Philadelphia Inquirer article “From Facebook memes to gaming platforms: Where college students turn when they can’t discuss mental illness on campus” ([Link](#))

October 16, 2018: I was quoted and my YBMen Project was mentioned in the music and popular culture magazine XXL in the article titled “Pursuit of Happiness: Inside Hip Hop’s Complicated Mental Health Complex” (Page 64). ([Link](#))

August 12, 2019: I was featured in the Faculty Spotlight section of the University Record University of Michigan in the article: “Professor Helps Men Redefine Masculinity, explore mental health.” ([Link](#))

UNIVERSITY LEADERSHIP AND SERVICE

University of Michigan

- **Co-Chair**, Task Force for Advancing Public Safety (January 1 – April 30, 2021)
- **Executive Leadership Coach**, Michigan Medicine (September 2023 – present)

University of Michigan School of Social Work

- **Academic Advisor**, MSW Program (Fall 2009 – present)
- **Member**, Academic Concerns Committee (Fall 2009 – Winter 2011)
- **Member**, Executive Committee (Fall 2011; Fall 2013 – 2015, Win 2019; Fall 2020-Sum 2023)
- **Member**, Multicultural & Gender Affairs (Winter 2012 – Fall 2013)
- **Member**, New Leaders in African-Centered Social Work, Advisory Board (Fall 2015-2018)
- **Member**, Doctoral Committee (Fall 2015 – Fall 2016; Fall 2019 – Winter 2020, Fall 2023– 2024)
- **Member**, Faculty Allies for Diversity Committee (Fall 2016 – Winter 2019)
- **Chair**, Doctoral Committee (Winter 2017 – Winter 2018)
- **Member**, Joint Doctoral Program Supervising Committee (Winter 2017 – Winter 2018)
- **Member**, Dean’s Senior Management Team (Winter 2017 – Winter 2018)
- **Member**, Associate Dean for Educational Programs (ADEP) Team (Winter 2017 – Winter 2018)
- **Member**, Search Committee for Director of Communication (Winter 2018)
- **Member**, Promotion and Tenure Committee (Winter 2020)
- **Member**, Search Committee for Director of Development (Fall 2020 – Winter 2021)
- **Member**, Strategic Planning Committee (Fall 2023 – present)
- **Faculty Lead**, Management and Leadership Pathway (Fall 2025 – present)

University of Michigan College of Literature, Sciences, and the Arts

- **Member**, Department of Psychology, Area Chairs Council (Winter 2017 – Winter 2018)

University of Michigan ADVANCE

- **Member**, Faculty (Melissa Burch; Anthropology) Launch Committee (Fall 2018 – Win 2019)

University of Michigan Department of Family Medicine

- **Member**, Executive Committee of the Michigan Mixed Methods Research and Scholarship Program (Fall 2018 – present)

University of Michigan Horace H. Rackham School of Graduate Studies

- **Member**, Task Force for Graduate Student Mental Health (Spring 2019 – Spring 2021)

University of Michigan School of Public Health

- **Member**, Search Committee for the Chair of the Department of Health Education and Health Behavior (Fall 2023 – Spring 2024)

NATIONAL LEADERSHIP AND SERVICE

Chair and Co-chair

- **Co-Chair**, Resolutions Committee, Society for Public Health Education (SOPHE) (2007-2010)

Advisor

- **Senior Mentor/Coach**, National Research Mentoring Network, Grant-writing Uncovered Maximizing Strategies Help, Opportunities Experiences (GUMSHOE) Program (2016 – 2017)
- **Advisor**, Active Minds Emerging Scholars Fellowship Program (2016-2017)
- **Senior Scientific Advisor**, Campaign for Black Male Achievement (Spring 2019 – Fall 2020)

Advisory Boards

- **Member**, American Psychological Association Working Group on Health Disparities in Boys and Men (2013 – 2018)
- **Member**, American Psychological Association Presidential Task Force on "*Promoting Resiliency and Social and Emotional Development of Black Boys Through Research, Advocacy, and Community Engagement*" for Division 37 (Society for Child and Family Policy and Practice) (Spring 2019- 2021)
- **Member**, Advisory Board for the JED Foundation (Spring 2020 – present)
- **Member**, Expert Advisory Panel for the Ad Council (June 2022 – present)
- **Member**, Harvard Business Review Advisory Council (August 2024 – present)

Boards

- **Member**, Board of Directors, TRAILS (Spring 2021 – present)
- **Member**, Board of Directors, Network for Social Work Management (Summer 2025 – present)

Conference Leadership & Service

- **Conference Planning Committee**, American Men's Studies Association (AMSA) -- Chair (2012 & 2013); Member (2011 & 2014)
- **Reviewer**, "Brief and Brilliant" TEDX Talks, Society for Social Work & Research (2018 - 2020)
- **Co-Chair for Cluster on Gender**, Society for Social Work & Research (2013-2015, 2019- 2021)
- **Conference Abstract Reviewer**, Society for Social Work & Research (2012 - 2015, 2018 – present)

INTERNATIONAL LEADERSHIP AND SERVICE

Institute for Statistical and Data Science (Instats)

- **Board** (2023 – present)

American Men's Studies Association (AMSA)

- **President** (2013 – 2017)
- **Vice President** (2011-2013)
- **Member, Board of Directors** (2010 - 2018)

Movember Foundation's Global Men's Health Advisory Committee

- **Member** (2018 – 2021)

Research Leadership Institute, LLC

- **Founder and Senior Advisor** (2022 – present)

LEADERSHIP DEVELOPMENT

University of Michigan

- Michigan Medicine Leadership Academy: Cohort 30 (Fall 2019)
- Michigan Organizational Learning - *Foundations of Leadership* (September 2019)
- Michigan Ross Business School – *Distinguished Executive Leadership Certificate* (June 2021)

Higher Education Resource Services (HERS)

- Leadership Institute (2020-2021 cohort)

PROFESSIONAL ASSOCIATIONS

Academy of Human Resource Development (AHRD), 2025 - present

Academy of Management (AOM), 2022 - present

American Academy of Health Behavior (AAHB), 2018- present

Institute of Coaching (IOC) at McLean Hospital, Harvard Medical School affiliate, 2025 – present

International Leadership Association (ILA), 2023 - present

Mixed Methods International Research Association (MMIRA), 2014- present

Network for Social Work Management (NSWM), 2019 – present

Society for Social Work and Research (SSWR), 2009 – present

AD HOC REVIEWER

Peer – Reviewed Journals (From 2003 – present)

American Journal of Men's Health; American Journal of Orthopsychiatry; American Journal of Public Health; Community Mental Health Journal; Field Methods; Health Promotion Practice; International Journal of Men's Health; International Journal of Environmental Research and Public Health; Journal of Black Psychology; Journal of Health Psychology; Journal of Men's Health and Gender; Journal of Men's Studies; Journal of Mixed Methods Research; Journal for the Society of Social Work Research; Psychology of Men and Masculinity; Qualitative Social Work; Sex Roles; Social Work Education; Social Work in Health Care; Social Work and Mental Health

Grant/Proposal Reviewer

Canadian Institutes of Health Research (CIHR), Team Grant: Boys' and Men's Health

- **Member**, Peer Review Committee (February 2014 – present)

Robert Wood Johnson Foundation – Interdisciplinary Research Leaders Program

- **Member**, Review Committee for Cohort 5 (2020)

JOURNAL EDITORIAL SERVICE

Associate Editor

- *International Journal of Men's Health* (February 2015 – 2017)
- *Administration and Policy in Mental Health Services* (September 2020 – August 2021)

Editorial Board Member

- 2010 American Men's Studies Annual Review, Volume II
- *International Journal of Men's Health* (August 2010 – January 2015)
- *Journal of Men's Studies* (January 2011 – present)
- *Journal of Ethnic and Cultural Diversity in Social Work* (September 2017 – present)
- *International Journal of Men's Social and Community Health* (March 2018 – present)
- *Psychology of Men and Masculinity* (January 2021 – present)

Editorial Consultant

- *American Journal of Orthopsychiatry* (January 2015 – present)

Guest Editor for Peer-reviewed Journal Special Issues

- *International Journal of Men's Health*, "Practical solutions to address men's health disparities" Co-Edited with Derek M. Griffith (Fall 2013 issue)
- *Journal of Men's Studies*, "Intersections of race, gender, and class in the wake of a crisis: The state of boys and men of color post-Ferguson" Co-Edited with Desmond Patton and Reuben Miller (Summer 2016 issue)

PUBLIC & COMMUNITY SERVICE AFFILIATIONS

Delta Sigma Theta Sorority, Incorporated

- Diamond Life Member

kNEWjoy, a 501(c)(3) organization

- Founder and Executive Director

CERTIFICATIONS

Executive Coaching Certificate

- University of Michigan (*Acquired September 2023*)

Distinguished Leader Executive Certificate

- University of Michigan Ross School of Business (*Acquired June 2021*)

Mental Health First Aid

- Mental Health First Aid USA from the National Council for Mental Well-Being (*Acquired July 2023*)

REFERENCES

Available upon request