

Amanda J. Sonnega

Survey Research Center
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Education

Ph.D.	1991	Health Psychology	Johns Hopkins University
B.A.	1984	Biopsychology	Drew University

Professional Positions

2017-present	Associate Research Scientist, Health and Retirement Study Program, Survey Research Center, Institute for Social Research, University of Michigan
2011-2017	Assistant Research Scientist, Health and Retirement Study Program, Survey Research Center, Institute for Social Research, University of Michigan
2020-present	Director, Coordinating Center for the NIA Centers on the Demography and Economics of Aging and Alzheimer's Disease and Alzheimer's Related Dementias, Institute for Social Research, University of Michigan
2000-2009	Associate Director for External Relations, Michigan Retirement Research Center, Institute for Social Research, University of Michigan
2009-2011	Lecturer, Department of Movement Science, School of Kinesiology, University of Michigan. Full-time Instructor
1995-2000	Senior Research Associate, Michigan Prevention Research Center, Institute for Social Research, University of Michigan
1992-1995	Postdoctoral Fellow NIMH Training Grant, Institute for Social Research, University of Michigan
1994-2012	Lecturer, Department of Health Behavior and Health Education, School of Public Health, University of Michigan

Awards & Honors

2017 Erickson Foundation Research Award for Research on Positive Aging from the Aging & Public Health Section of the American Public Health Association

Grants

- 2020-2025 Sonnega, A. Coordinating Center for the NIA Centers on the Demography and Economics of Aging and Alzheimer's Disease and Alzheimer's Related Dementias. NIA, total award **\$1,606,149**
- 2020-2021 Sonnega, A. and Helppie-McFall, B. The Relationship between Adverse Experiences over the Life Course and Later-life Retirement due to Disability. Social Security Administration, total award **\$75,000 SRC**
- 2017-2018 Sonnega, A. and Helppie-McFall, B. Reliability and Validity of Machine Coding of Occupation in the Health and Retirement Study. Social Security Administration, total award **\$25,000 SRC**
- 2015-2016 Sonnega, A. and Helppie-McFall, B. Occupational Transitions of Older Workers. Social Security Administration, total award **\$50,000 SRC**
- 2014-2015 Sonnega, A. and Helppie-McFall, B. Changing Work Demands and Compositional Changes in Occupations: Effects on Expected Retirement. Social Security Administration, total award **\$50,000 SRC**

Publications

Journal Articles

- Bush, E., Cupery, T. Turner, R., & **Sonnega, A.**, Weir, D. Whitfield, K., Jackson, J. The price of playing through pain: The link between physical and behavioral health in former NFL athletes, *American Journal of Men's Health*, 14(6) *online ahead of print*
- Robbins, R., **Sonnega, A.**, Turner, R.W., Jean-Louis, G., Butler, M., Osorio, R., Langa, K.M. (2020). Sleep difficulties and cognition over a 10-Year period in a national sample of U.S. older adults, *Innovation in Aging*, 4(4) *online ahead of print*
- Lohman, M., **Sonnega, A.**, & Leggett (2020). A frailty phenotype and cause-specific mortality in the U.S., *Journals of Gerontology: Medical Sciences*, 75(10), 1935-1942.
- Sonnega, A.**, Leggett, A., Pepin, R. & Assari, A. (2020). Physical activity and insomnia symptoms over 10 Years in a U.S. national sample of late middle age and older adults: Age matters. *Journal of Aging and Physical Activity*, 28(4), 613-622.
- Langa, K.D., Ryan, L., McCammon, R., Jones, R., Manly, J., Levine, D.A., **Sonnega, A.**, Farron, M., & Weir, D.R. (2020). The Health and Retirement Study Harmonized Cognitive Assessment Protocol (HCAP) Project: Study design and methods, *Neuroepidemiology*, 54(1), 64-74.

- Nicklett, E.J., Chen, J., Xiang, X., Abrams, L., **Sonnega, A.**, Johnson, K.E., Jianjia Cheng, J., & Assari, S. (2020). Associations between diagnosis with Type 2 diabetes and changes in physical activity behaviors of middle-aged and older adults in the United States, *Innovation in Aging*, 4(1), 1-12.
- Schmitz, L.L., McCluney, C.L., **Sonnega, A.** & Hicken, M.T. (2019). Policy levers may improve older workers' perceptions of their psychosocial work environment, *Generations*, 43(3), 78-85.
- Sonnega, J., **Sonnega, A.**, Kruger, D. & Bell, L. (2019). The city doesn't sleep: Community perceptions of sleep deficits and disparities, *International Journal of Environmental Research and Public Health*, 16(20), 1-13.
- Schmitz, L.L., McCluney, C.L., **Sonnega, A.** & Hicken, M.T. (2019). Interpreting subjective and objective measures of job resources: the importance of sociodemographic context, *International Journal of Environmental Research and Public Health*, 16(17), 1-18.
- Turner, R.W., **Sonnega, A.**, Cupery, T., Chodosh, J., Whitfield, K.E., Weir, D.R., & Jackson J (2019). Functional limitations mediate the relationship between pain and depressive symptoms in former NFL athletes, *American Journal of Men's Health*, 13(5), 1-10.
- Lohman, M., **Sonnega, A.**, Nicklett, E.J., Estenson, L., & Leggett, A. (2019). Comparing estimates of fall-related mortality incidence among older adults in the United States *Journals of Gerontology: Biological Sciences Medical Sciences*, 74(9), 1468-1474.
- Leggett, A., **Sonnega, A.**, & Lohman, M. (2018). Till death do us part: The impact of caring for a spouse with dementia on caregiver mortality, *Journal of Aging and Health*, 26(3), S79-S80.
- Sonnega, A.**, McFall, B.H., Willis, R.J., Hudomiet, P. & Fisher, G.G. (2018). A comparison of subjective and objective job demands and mismatch with personal resources as predictors of retirement timing in a national U.S. sample *Work, Aging, and Retirement*, 4(1), 37-51.
- Leggett, A., **Sonnega, A.**, Lohman, M. (2018). The association of insomnia and depressive symptoms with all-cause mortality among middle-aged and older adults, *International Journal of Geriatric Psychiatry*, 33, 1265-1270.
- McCluney, C.L., Schmitz, L.L., Hicken, M.T., & **Sonnega, A.** (2018). Structural racism in the workplace: Does perception matter for health inequalities?, *Social Science and Medicine*, 199, 106-114.
- Burgard, S. & **Sonnega, A.** (2018). Occupational differences in BMI, BMI Trajectories, and implications for employment status among older U.S. workers, *Work, Aging, & Retirement*, 4(1), 21-36.
- Pepin, R., Leggett, A. **Sonnega, A.** & Assari, S. (2017). Depressive symptoms in recipients of home and community-based services in the United States: Are older adults receiving the care they need? *American Journal of Geriatric Psychiatry*, S1064-7481(17)30344-5.
- Sonnega, A.**, Robinson, K., & Levy, H. (2017). Home and community-based service and other senior service use: Prevalence and characteristics in a national sample *Home Health Care Services Quarterly*, 36(1), 16-28.
- Leggett, A., Pepin, R., **Sonnega, A.**, & Assari, S. (2016). Predictors of new onset sleep medication and treatment utilization among older adults in the United States. *Journals of Gerontology A: Biological Sciences Medical Sciences*, 71(7), 954-960.
- Assari, S., **Sonnega, A.**, Pepin, R., & Leggett, A. (2016). Residual effects of restless sleep over depressive symptoms on chronic medical conditions: Race by gender differences *Journal of Racial and Ethnic Health Disparities*, 4(1), 59-69.

- Assari, S. & **Sonnega, A.** (2016). Racial differences in the predictive role of high depressive symptoms on incident heart disease over 18 Years: Results from the Health and Retirement Study, *Research in Cardiovascular Medicine*, 6(1), 1-10.
- Fisher, G. G., Chaffee, D., & **Sonnega, A.** (2016). Retirement timing: A review and agenda for future research. *Work, Aging, & Retirement*, 2(2), 230-261.
- Fisher, G. G., **Sonnega, A.**, Ryan, L. H., & Naudé, M. (2016). Job lock, work, and psychological well-being in the U.S. *Work, Aging, & Retirement*, 2(2), 230-261.
- Sonnega, A.** & Weir, D. (2014). The Health and Retirement Study: A public data resource for research on aging. *Open Health Data* 2(1):e7.
- Sonnega, A.**, Faul, J.D., Ofstedal, M.B., Langa, K.D., Philips, J.P., & Weir, D. (2014). Cohort profile: The Health and Retirement Study. *International Journal of Epidemiology*, 43(2), 576-585.
- Mouch, C. & **Sonnega, A.** (2012). Spirituality and recovery from cardiac surgery: A review. *Journal of Religion and Health*, 51(4), 1042-1060.
- Burkhauser, R.V., Gustman, A.L., Laitner, J., Mitchell, O., & **Sonnega, A.** (2009). Social Security Research at the Michigan Retirement Research Center, *Social Security Bulletin*, 69(4), 51-64.
- Bromet, E., **Sonnega, A.**, & Kessler, R.C. (1998). Risk factors for DSM-III-R posttraumatic stress disorder: Findings from the National Comorbidity Survey. *American Journal of Epidemiology*, 147(4), 353-361.
- Kessler, R.C., **Sonnega, A.**, Bromet, E., Nelson, C.B., & Hughes, M. (1995). Posttraumatic stress disorder in the National Comorbidity Survey. *Archives of General Psychiatry*, 52(12), 1048-60.
- Kachur, S.P., **Sonnega, A.**, Cintron, R., Farup, C., Silbersiepe, K., Celentano, D.D., & Kwait, J. (1992). An analysis of the Greater Baltimore HIV Services Planning Council. *AIDS & Public Policy Journal*, 7(4), 238-246.

Papers Under Review

- Turner, R., **Sonnega, A.**, Cupery, T. Bush, E., Rosales, T., Whitfield, K., Jackson, J. Weir, D. Association between playing American football in the National Football League and self-reported health outcomes, *American Journal of Sports Medicine*
- Cupery, T. Bush, E., Turner, R., & **Sonnega, A.**, Rosales, T., Vissa, K., Whitfield, K., Jackson, J. Weir, D. (2020). Positive effects of religion and social support on health of former NFL Athletes, *Journal of Religion and Health*
- Turner, R., **Sonnega, A.**, Cupery, T. & Dhand, A. Social network functioning in former NFL football players versus US males: Comparison of nationally representative cohorts, *Plos One*
- Fisher, G.G., Petery, G.A., Chaffee, D.S., Helppie-McFall, B. & **Sonnega, A.** Swimming in a sea of uncertainty: Labor force implications of the COVID-19 pandemic, Invited Commentary for *Work Aging and Retirement*

Book Chapters

- Sonnega, A.** (2021). Creating age-friendly workplaces for older workers: Challenges and opportunities. Elizabeth Fideler (Ed.) Handbook of Aging and Work. Little-Brown,

forthcoming.

- Sonnega, A.** & Ofstedal, M.B. & Weir, D.R. (2019). The Health and Retirement Study. In Danan Gu and Matthew Dupre (Eds.), *Encyclopedia of Gerontology and Population Aging*. Singapore, Thailand: Springer.
- Sonnega, A.** & Smith, J. (2015). The Health and Retirement Study: A resource for psychologists. In N.A. Panchana (Ed.), *Encyclopedia of Geropsychology* (pp.1-16). Singapore, Thailand: Springer. DOI 10.1007/978-981-287-080-3_39-1
- Fisher, G.G., **Sonnega, A.** & Chaffee, D. (2015). Early and unplanned retirement. In N.A. Panchana (Ed.), *Encyclopedia of Geropsychology* (pp.1-14). Singapore, Thailand: Springer.
- Fisher, G. G., Ryan, L. H., & **Sonnega, A.** (2015). Prolonged working years: Consequences and directions for interventions. In J. Vuori, R. Blonk, & R. H. Price (Eds.) *Sustainable Working lives: Managing Work Transitions and Health Throughout the Life Course* (pp. 269-288). Netherlands: Springer.
- Laitner, J. & **Sonnega, A.** (2013). Economic theories of retirement. In Mo Wang (Ed). *Oxford handbook of retirement* (pp.136-151). New York: Oxford University Press.
- Kessler, R.C., **Sonnega, A.**, Bromet, E., Nelson, C.B., Hughes, M., & Breslau, N. (1999). Epidemiologic risk factors for trauma and PTSD. In Yehuda, R. (Ed.). *Risk factors for Post-traumatic Stress Disorder* (pp. 23-59). Washington, D.C.: American Psychiatric Association.

Working Papers

- McFall, B.H. & **Sonnega, A.** (2019). Reliability and validity of machine coding of occupation in the Health and Retirement Study. Michigan Retirement Research Center Working Paper Series WP 2017-375.
- McFall, B.H. & **Sonnega, A.** (2018). Characteristics of second-career occupations: A review and synthesis. Michigan Retirement Research Center Working Paper Series WP 2017-375.
- Sonnega, A.**, McFall, B.H., & Willis, R.J. (2016). Occupational transitions at older ages: What moves are people making? Michigan Retirement Research Center Working Paper Series WP 2016-352.
- McFall, B.H., **Sonnega, A.** (2016). Occupation, cognitive decline, and retirement. Michigan Retirement Research Center Issue Brief.
- McFall, B.H., **Sonnega, A.**, Willis, R.J., & Hudomiet, P. (2015). Occupations and work characteristics: Effects on retirement expectations and timing. Michigan Retirement Research Center Working Paper Series WP 2015-331.
- Laitner, J. & **Sonnega, A.** (2010). Motives for bequests within the middle class. Michigan Retirement Research Center Working Paper Series WP 2012-275.
- Laitner, J. & **Sonnega, A.** (2009). Intergenerational transfers in the Health and Retirement Study Data. Michigan Retirement Research Center Working Paper Series WP 2010-238.

Reports and other Publications

- Langa, K.M., Weir, D.R., Kabeto, M. & **Sonnega, A.** (2018). Langa-Weir Classification of Cognitive Function (1995 Onward). Survey Research Center, Institute for Social Research, University of Michigan, Ann Arbor, MI.
- Smith, J., Ryan, L.H., Fisher, G.G., **Sonnega, A.**, Weir, D.R. (2017). HRS Psychosocial and Lifestyle Questionnaire 2006-2016. Survey Research Center, Institute for Social Research, University of Michigan, Ann Arbor, MI.
- Fisher, G.G., McArdle, J., McCammon, R., **Sonnega, A.**, & Weir, D. (2013). New measures of fluid intelligence in the HRS. Survey Research Center, Institute for Social Research, University of Michigan, Ann Arbor, MI.
- Crimmins E., Faul J., Kim J.K., Guyer H., Langa K., Ofstedal, M.B., **Sonnega A.**, Wallace, R., & Weir, D. (2012). Documentation of biomarkers in the Health and Retirement Study. Survey Research Center, Institute for Social Research, University of Michigan, Ann Arbor, MI.
- Weir, D., Jackson, J. & **Sonnega, A.** (2009). Study of retired NFL players: Final report to the National Football League Player Care Foundation, University of Michigan, Ann Arbor, MI.
- Sonnega, A.** (2009). Financial literacy in times of turmoil and retirement insecurity. Washington DC: Brookings Institution.
- Sonnega, A.** (2007). Addressing the fiscal impact of aging. *NIA Demography Centers Research Highlights*, Issue No. 9, September.
- Sonnega, A.** (2006). The future of human life expectancy: Have we reached the ceiling or is the sky the limit? *NIA Demography Centers Research Highlights*, Issue No. 8, March.
- Sonnega, A.** (2005). Proceedings: Workshop on global aging. Michigan Retirement Research Center, Ann Arbor, MI.
- Sonnega, A.** (1988). Presidential Commission on the HIV Epidemic Final Report to the President (section on Social and Behavioral Research Needs). Washington, D.C.: U.S. Government Printing Office.

Conference Presentations

- Sonnega, A.**, Helppie-McFall, B., Smith, J. & Lee, H. (March 2021). Adverse experiences over the life course and early retirement due to poor health. Presentation at the MRDRC researcher workshop, virtual.
- Zuelsdorff, M., **Sonnega, A.**, Byrd, D.R., Benton, S.F, & Turner, R.W. (July 2020). Lifetime stressful experiences and cognitive performance in African American and White older adults: New evidence from a population-based cohort. Alzheimer's Association International Conference, virtual.
- Turner, R.W., **Sonnega, A.**, Cupery, T., Bush, E., Rosales, T., Weir D., Whitfield, K.E., Jackson, J.J. (November 2019). Multiple factors influencing successful aging. Paper presented at the Gerontological Society of America (GSA) 2019 Annual Scientific Meeting. Austin, Texas.
- Cupery, T., Turner, R.W., **Sonnega, A.**, Bush, E., Rosales, T., Weir D., Whitfield, K.E., Jackson, J.J. (March 2019). Positive Effects of Religion and Social Support on Health of Former

- NFL Athletes, Pacific Sociological Association. Oakland, California.
- Sonnega, A** & Sonnega, J.R. (May 2019). Work environment and sleep in the Health and Retirement Study over 10 Years. Poster presented at Association for Psychological Science, Washington, DC.
- Sonnega, J.R. & **Sonnega, A.** (May 2019). Forgiveness and neighborhood environment in the Ypsilanti Everyday Stress and Health Study. Poster presented at Association for Psychological Science, Washington, DC.
- Sonnega, A.** (November 2018). Challenges to implementing flexible work policies. Paper presented at Gerontological Society of America, Boston, MA.
- Sonnega, J.R. & **Sonnega, A.** (November 2018). Staying up all night: Internet use and sleep among older adults in the United States. Poster presented at Gerontological Society of America, Boston, MA.
- Helppie-McFall, B., **Sonnega, A.**, Lee, H., Smith, J. (November 2018). Early life stress and later life cognitive functioning. Paper presented at Gerontological Society of America, Boston, MA.
- Fisher, G.G., Ryan, L.H., Steger, M. & **Sonnega, A.** (November 2018). Meaningful work as an antecedent of retirement. Paper presented at Gerontological Society of America, Boston, MA.
- Turner, R.W., Cobb, R., Brown, T., Tremeterra, L., & **Sonnega, A** (November 2018). The role of life stress and mastery in older men's cognitive function. Paper presented at Gerontological Society of America, Boston, MA.
- Lohman, M., Leggett, A. & **Sonnega, A** (November 2018). Determinants and incidence of fall-related mortality in the U.S.: Evidence from the Health and Retirement Study. Poster presented at Gerontological Society of America, Boston, MA.
- Lohman, M., Leggett, A. & **Sonnega, A.** (November 2018). Comparing population-based measures of fall-related mortality incidence: Evidence from the Health and Retirement Study and CDC WISQARS. Poster presented at the annual meeting of the American Public Health Association, San Diego, CA.
- Sonnega, A.** (July 2018). The Health and Retirement Study: Challenges and innovations. Paper presented at the Methodology of Longitudinal Surveys II conference, Colchester, United Kingdom.
- Helppie-McFall, B., **Sonnega, A.**, Lee, H., Smith, J. (July 2018). The relationship between stress over the life course and later-life retirement due to disability. Paper presented at the annual meeting of the Society for Life Course and Longitudinal Studies, Milan, Italy.
- Helppie-McFall, B., **Sonnega, A.** (June 2018). Work after Social Security retirement claiming. Paper presented at the annual meeting of the Western Economic Association International, Vancouver, Canada.
- Sonnega, A.**, Leggett, A., Pepin, R. & Assari, S. (November 2017). Running to rest: the effect of exercise on sleep in a national sample over 10 years. Poster presented at the annual meeting of the American Public Health Association, Atlanta, GA.
- Sonnega, A.** & McFall, B.H., Hudomiet, P., Willis, R.J. & Fisher, G.G. (July 2017). Occupations and retirement in the HRS. Paper presented at 21st IAGG World Congress of Gerontology & Geriatrics, San Francisco, CA.
- Sonnega, A.**, Turner, R.W. & Hill, L.K. (July 2017). Examining predictors of self-rated among adult and older adult Black males. Poster presented at 21st IAGG World Congress of Gerontology & Geriatrics, San Francisco, CA.

- Sonnega, A.** (November 2016). Filling in the gaps: Adding life course histories to panel studies of aging. **Symposium Chair.** Gerontological Society of America, New Orleans, LA.
- Sonnega, A.** (November 2016). Employment and Retirement. **Session Chair.**
- Sonnega, A. & McFall, B.H.** (November 2016). Where do I go from here? Effects of occupations on retirement transitions. Paper presented at annual meeting of the Gerontological Society of America, New Orleans, LA.
- Smith, J., Ofstedal, M.B., **Sonnega, A.**, Chopik, W. & Weir, D. (November 2016). Life histories to the Health and Retirement Study: Early-life factors and late-life health. Paper presented at annual meeting of the Gerontological Society of America, New Orleans, LA.
- Turner, R.W., **Sonnega, A.**, Whitfield, K.W. & Jackson, J.S. (November 2016). Stress-related risk factors, functional limitation, disability, and depression symptoms among retired NFL athletes. Paper presented at annual meeting of the Gerontological Society of America, New Orleans, LA.
- McFall, B.H. & **Sonnega, A.**, (2016, November). Occupational differences in rates of cognitive decline: Evidence from the HRS. Paper presented at annual meeting of the Gerontological Society of America, New Orleans, LA.
- Sonnega, A.** (2016, October). Distinguishing fact from fiction: How are employers supposed to know? Presentation to the Sloan Network on Work and Aging Fall Research Institute: Is there an app for that? Overcoming constraints to later life employment. Cambridge, MA
- McFall, B.H., **Sonnega, A.**, Willis, R. (2016, April). Occupational differences in rates of cognitive decline. Presentation at the Michigan Retirement Research Center Annual Researcher Workshop, Ann Arbor, MI.
- Fisher, G. G., Chaffee, D. S., & **Sonnega, A.** (2015, November). Retirement timing: A model and recommendations for future research. Paper presented at the Small Group Meeting on Age in the Workplace, Limerick, Ireland.
- Fisher, G. G., Ryan, L. H., **Sonnega, A.**, & Naude, M. N. (2015, November). Job lock, work/retirement status, and well-being. Sloan Aging and Work Network Meeting. November 18, 2015. Orlando, FL.
- Robinson, K.S, **Sonnega, A.** & Levy, L. (2015, November). Home and Community-Based Services: Who uses the services and which services do they use? Poster presented at the annual meeting of the Gerontological Society of America, Orlando, FL.
- Sonnega, A.**, McCluney, C., Ryan, L. H., & Fisher, G. G. (2015, May). Who works longer? Results from the Health and Retirement Study. In J. Vuori (Chair), Working or retiring – how to enhance employees’ motivation and work ability for longer careers. Symposium presented at the 11th International APA/NIOSH/SOHP Work, Stress & Health Conference, Atlanta, GA.
- McFall, B.H., **Sonnega, A.**, Willis, R. (2015, August). Occupational changes in the HRS. Presentation at the Annual Meeting of the Retirement Research Consortium, Washington, DC.
- McFall, B.H., **Sonnega, A.**, Willis, R. (2015, April). Occupational changes in the HRS. Presentation at the Michigan Retirement Research Center Annual Researcher Workshop, Ann Arbor, MI.
- Sonnega, A.** and Faul, J. (2014, November). The role of treatment and strength in explaining obesity trajectories and mortality. Poster presented at annual meeting of the Gerontological Society of America, Washington, DC.
- Sonnega, A.**, McCluney, C., Ryan, L.H. & Fisher, G. G. (2014, May). Who works longer?

- Findings from the Health and Retirement Study. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- Sonnega, A. & Smith, J. (co-chairs)** (2014, May). Benefits of using national data to explore big questions: Opportunities in the Health and Retirement Study. Symposium at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- Sonnega, A. and Faul, J.** (2014, June). The role of medical and pharmaceutical treatment in explaining obesity trajectories and mortality. Poster presented at annual meeting of the Society for Epidemiologic Research, Seattle, WA.
- Fisher, G. G., Ryan, L.H., & **Sonnega, A.** (2013, October). Working longer and psychological well-being. Paper presented at the Small Group Meeting on Age in the Workplace, Rovereto, Italy.
- Simmert, B., **Sonnega, A.**, & Faul, J. (2013, November). Predictors of self-rated health: Income and inequality matter. Poster presented at the annual meeting of the Gerontological Society of America, New Orleans, LA.
- Sonnega, A.** Simmert, B., & Faul, J. (2013, May). The Effect of Income Inequality on Self-rated Health. Poster presented at the annual meeting of the Association for Psychological Science, Washington D.C.
- Simmert, B., Faul, J. & **Sonnega, A.** (2013, May). Economic inequality as a predictor of self-rated health. Paper presented at the Southern Sociological Society, Atlanta, GA.
- Sonnega, A.** Simmert, B., & Faul, J. (2012, November). Income inequality and self-rated health: Race and gender matter. Poster presented at the annual meeting of the Gerontological Society of America, San Diego, CA.
- Willis, R. & **Sonnega, A.** (2010, October). Demonstrating the value of a longitudinal design. Paper presented at the SHARE-Israel Wave 2 First Results Conference, Israel.
- Sonnega, A.**, & Pierce, P. (1999, June). PTSD in female veterans of the Persian Gulf War. Paper presented at the Conference on Federally Sponsored Gulf War Veterans' Illnesses Research, Pentagon City, VA.
- Caplan, R.D. & **Sonnega, A.** (1998, August). Assessing couples' espoused and enacted competencies. Paper presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Sonnega, A.** (1998, June). New directions in the study of the effects of job loss on depression. Paper presented at the Meeting of the Society of Prevention Research, Park City, Utah.
- Sonnega, A.** (1998, June). Improving recruitment to interventions through video: Preliminary results of a randomized field trial. Paper presented at the Meeting of the Society of Prevention Research, Park City, Utah.
- Sonnega, A. & Howe, G.** (1997, August). Designing effective prevention programs for couples weathering job loss. Paper presented at the American Psychological Association, Chicago, IL.
- Sonnega, A. & Howe, G.** (1997, April). Prevention trials targeted at children in families with job loss. Paper presented at the Prevention Science and Methodology Meeting, Baltimore, MD.
- Sonnega, A.** (1996, May). Trial within a trial approaches to recruitment. Paper presented at the Prevention Science and Methodology Meeting, May, 1996
- Sonnega, A. & Kachur, S.P.** (1992, November). Evaluation of AIDS services in Baltimore: a project update. Poster presented at the annual meeting of the American Public Health Association, Washington, DC.

Teaching Experience

SRC Summer Institute in Survey Research Techniques

2013-present Introduction to the Health and Retirement Study. Course coordinator and instructor.

Pre-Conference Workshops

Sonnega, A. (2017, July). International Association of Gerontology and Geriatrics World Congress (IAGG) Pre-Conference Workshop–Cognition in the Health and Retirement Study and Around the Globe: The Harmonized Cognitive Assessment Protocol **Course coordinator and instructor**

Sonnega, A. (2016, November). Gerontological Society of America Pre-Conference Workshop – Health and Retirement Study (HRS): New Directions in the measurement of cognition and biological measurement **Course coordinator and instructor**

Sonnega, A. (2014, November). Gerontological Society of America Pre-Conference Workshop – Introduction to the Health and Retirement Study (HRS): Biomarkers and beyond **Course coordinator and instructor**

Sonnega, A. (2012, November). Getting started with HRS data. Presented at the Introduction to the Health and Retirement Study (HRS): Going global at the annual meeting of the Gerontological Society of America San Diego, CA.

Sonnega, A. (2012, April). Getting Started with HRS Data. Presented at the Introduction to the Health and Retirement Study (HRS): Cognition, Health and Well-being after Age 50 at the Cognitive Aging Conference, Atlanta, GA.

Sonnega, A. (2011, November). HRS Sample Design, Weighting, and Complex Variance Estimation. Presented at the Introduction to the Health and Retirement Study (HRS): Health and Well-being after Age 50 at the annual meeting of the Gerontological Society of America, Boston, MA.

Invited Instructor

Sonnega, A. (2013, May). An epidemiology primer for occupational health researchers and practitioners. Presented at the 10th International Conference on Occupational Stress and Health. Los Angeles, CA.

Undergraduate Teaching

2011-2013 Movesci 313: Scientific Writing

Graduate Teaching

1994-2012 HBHE 600: Principles of Health Behavior

Mentoring and Supervision

Undergraduate Research Opportunity Program (UROP) Mentor

2018-present Zoe Zemper
2017-2018 Xuekang Wu
2015-2016 Dorian Ballard and Gurnoor Singh
2014-2015 Ibrahim Rashid
2012-2014 Varsha Swamy

Survey Research Center Summer Internship Program Mentor

2012 Beth Simmert
2006 Ana Ormsby

Professional Service

2016-present Survey Research Center Dissemination Committee
2015-2020 Director's Advisory Committee on Community and Diversity
2015-present ISR Communications Advisory Committee
2012-2014 Survey Research Center Committee on Diversity
2011 Panelist "Parenting in the Academy: Engineering and the Sciences"
Sponsored by Horace H. Rackham School of Graduate Studies, the Center
for the Education of Women

Reviewer Commitments

The Lancet
The Gerontologist
Health Affairs
JAMA Psychiatry
Journals of Gerontology Series B: Social Sciences and Psychological Sciences
Ageing and Society
Archives of Gerontology and Geriatrics
Psychological Reports
Journal of Health and Social Behavior

Professional Membership

Sloan Research Network on Aging and Work
University of Michigan Depression Center Affiliate
Gerontological Society of America
American Public Health Association
Population Association of America