

VITAE
JAN VAN DEN BULCK
May 2025

Current Affiliations and Associations

Department of Communication and Media, College of Literature, Science, and the Arts,
University of Michigan. <https://lsa.umich.edu/comm>

Center for Sleep Science, Michigan Medicine, University of Michigan,
<http://www.med.umich.edu/umsleepscience/faculty/faculty.html>

Research Center for Group Dynamics, Institute for Social Research, University of Michigan,
<http://www.rcgd.isr.umich.edu/>

Biosocial Methods Collaborative, RCGD, ISR, University of Michigan,
<http://biosocialmethods.isr.umich.edu/membership/>

General Information

Academic Record

D.Sc. 2006 Erasmus University Rotterdam, Rotterdam, Netherlands

Epidemiology.

Ph.D. 1996 Katholieke Universiteit Leuven, Belgium

Social Sciences.

M.A. 1989 University of Hull, United Kingdom

Political Science (*With first class honors*).

M.A. 1987 Katholieke Universiteit Leuven, Belgium

Communication Sciences (*Magna Cum Laude*).

B.A. 1985 Katholieke Universiteit Leuven, Belgium

Social and Political Sciences (*Cum Laude*).

Academic Appointments

July 2024 – Present – Chair, Department of Communication and Media, University of Michigan

September 2019 – June 2024 – Director, Quantitative Methods in the Social Sciences, University
of Michigan

September 2019 – Present – Professor, Department of Communication and Media, University of Michigan (Department changed names in Sept 2019)

September 2016 - August 2019 Professor, Dept. of Communication Studies, University of Michigan

2015, Winter Visiting Professor, Brian Lamb School of Communication, Purdue University

2010-2013 Associate Dean of Research, Faculty of Social Sciences

2008-2016 Full Professor at the Dept of Communication, KU Leuven, Belgium

2008-2016 Courtesy Professor, Brian Lamb School of Communication, Purdue University, USA.

2008-2010 External examiner, Dept. of Communication, U. of Leicester, UK.

2005-2010 Coordinator, School for Mass Communication Research, KU Leuven

2004-2008 Professor at the Department of Communication, KU Leuven

2002-2005 Head, Department of Communication, KU Leuven

2001-2004 Associate professor; Department of Communication, KU Leuven

2000-2001 Assistant professor; Department of Communication, KU Leuven

1998-2000 Part-time assistant professor; Dept of Communication, KU Leuven

1997-2000 Postdoctoral fellow of the Fund for Scientific Research, Flanders

1997-1997 Postdoctoral fellow of the Research Council of the KU Leuven

1991-1996 Teaching Assistant, Dept of Communication, KU Leuven

Awards and Honors

Recipient of the following “top paper” awards:

- Blue Ribbon/Best paper award, ICA 2018, Preconference on Family Communication
- 12 Best Articles of 2017-award from the Journal of Clinical Sleep Medicine (With L. Excelmans).
- Human Communication and Technology Division, National Communication Association (NCA), November 2016 (with J. McNallie, E. Timmermans, E. Dorrance Hall, K. Custers, J. Van den Bulck, and S. Wilson)
- Mass Communication Division, International Communication Association (ICA), May 2015 (with L. Coenen)
- Instructional and Developmental division, International Communication Association (ICA), June 2000 (with B. Van den Bergh)
- Audience Research Section, International Association of Media and Communication Research (IAMCR), juli, 1997

Fellow, International Communication Association. In recognition of Contributions to the Association and to the Study of Human and Mediated Communication, 26 May 2019

Senior Scholar Award, International Communication Association, Children, Adolescents, and the Media Division, 2017.

Recipient (with Liese Exelmans) Andre Kahn Sleep Award, Belgian Association for Sleep Research and Sleep Medicine, 2015

Recipient, Bi-Annual Award of the Ministry of Culture (Flemish Government) for Best Book on an Academic Topic, December 2002

Recipient, KIWANIS-award for most promising young researcher in the first 5 years after obtaining a PhD, Research Council of the KU Leuven, 2002

Recipient, “Golden Mouse”, Best ICT-based education innovation, University Education Support Service, KU Leuven, 1999.

Recipient, “Departemental Prize for Best Written Work”, Department of Political Science, University of Hull, December 1989.

Memberships in Academic, Professional, and Scholarly Societies

- Member, Sigma Xi, The Scientific Research Honor Society, since 2022
- International Communication Association, Fellow since 2019
- Member, Screen Time Consensus Panel, National Sleep Foundation, since 2022
- Sleep Research Society
- World Sleep Organization

Research and Scholarship

1. Books

1. Van den Bulck, J. (Ed.) (2020) *The International Encyclopedia of Media Psychology Vol 1-3*, Hoboken, NJ: John Wiley & Sons.
2. Van den Bulck, J., & Van den Bergh, B. (Eds.). (2000). *Children and media: - multidisciplinary approaches*. Leuven: Garant.
3. Van den Bulck, J. (Ed.). (1998). *The Millenium-conferences 1998: The Press and its Freedom*. Brussels: King Baldwin Foundation.

2. Journal Articles – Refereed

1. Hartstein, L. E., Mathew, G. M., Reichenberger, D. A., Rodriguez, I., Allen, N., Chang, A. M., Chaput, J. P., Christakis, D. A., Garrison, M., Gooley, J. J., Koos, J. A., Van Den Bulck, J., Woods, H., Zeitzer, J. M., Dzierzewski, J.M, & Hale, L. (2024). The impact of screen use on sleep health across the lifespan: a national sleep foundation consensus statement. *Sleep Health*.
2. Mustafaj, M., Soroka, S., & Van den Bulck, J. (2024). Sleep, media use, and sociopolitical attitudes. *Journal of Media Psychology: Theories, Methods, and Applications*. 36, no. 6 (2024):

355.

3. Van den Bulck, J. (2023). Media use and sleep in twins, an important new dimension of a causal puzzle. *Sleep*, 46(6), zsad042.
4. Robbins, R., DiClemente, R. J., Baig, N., Johnson, A., Chou, A., & Van den Bulck, J. (2023). Digital communications technology use and feelings of anxiety, depression, and loneliness among older adults during the COVID-19 pandemic. *Journal of Applied Gerontology*, 42(9), 1911-1920.
5. Robbins, R., Epstein, L. J., Iyer, J., Weaver, M. D., Javaheri, S., Fashanu, O., ... & Quan, S. F. (2023). Examining understandability, information quality, and presence of misinformation in popular YouTube videos on sleep compared to expert-led videos. *Journal of Clinical Sleep Medicine*, jcs-10520.
6. Monten, K., Loeb, S., Le, C., Diaby, F., Fray-Witser, M., Van den Bulck, J., & Robbins, R., (2022), "An assessment of the Information Quality, Understandability, and actionability of popular YouTube videos on Sleep and Sleep Disorders", *Sleep*, [OUP] , 45, A102
7. Mustafaj, M., & Van den Bulck, J. (2021). Revisiting Cultivation as a Gravitational Process: A Cross-National Comparison of the Cultivation of Fear and Mistrust. *International Journal of Communication*, 15, 26. DOI [1932-8036/20210005](https://doi.org/10.1932-8036/20210005)
8. Bergfeld, N. S., & Van den Bulck, J. (2021). It's not all about the likes: Social media affordances with nighttime, problematic, and adverse use as predictors of adolescent sleep indicators. *Sleep Health*, 7(5), 548-555.
9. Exelmans, L., & Van den Bulck, J. (2021). "Glued to the Tube": the interplay between self-control, evening television viewing, and bedtime procrastination. *Communication Research*, 48(4), 594-616.
10. McNallie, J., Timmermans, E., Dorrance Hall, E., Van den Bulck, J., & Wilson, S. R. (2020). Social media intensity and first-year college students' academic self-efficacy in Flanders and the United States. *Communication Quarterly*, 68(2), 115-137. DOI: [10.1080/01463373.2019.1703774](https://doi.org/10.1080/01463373.2019.1703774)
11. Nelissen, S., Kuczynski, L., Coenen, L., & Van den Bulck, J. (2019). Bidirectional socialization: an actor-partner interdependence model of internet self-efficacy and digital media influence between parents and children. *Communication Research*, 46(8), 1145-1170. DOI: [10.1177/0093650219852857](https://doi.org/10.1177/0093650219852857)
12. Exelmans, L., Meier, A., Reinecke, L., & Van Den Bulck, J. (2019). Just one more episode: Predictors of procrastination with television and implications for sleep quality. *Mass Communication and Society*, 22(5), 654-685. DOI: [10.1080/15205436.2019.1606246](https://doi.org/10.1080/15205436.2019.1606246)
13. Adriaenssen, A., Visschers, J., Van den Bulck, J., & Paoli, L. (2019). Public Perceptions of the Seriousness of Crimes: To What Extent are They Driven by Television Exposure?.

- European Journal on Criminal Policy and Research*, 1-20. DOI: [10.1007/s10610-019-09418-2](https://doi.org/10.1007/s10610-019-09418-2)
14. Exelmans, L., & Van den Bulck, J. (2019). Sleep research: A primer for media scholars. *Health Communication*, 34(5), 519-528. DOI: [10.1080/10410236.2017.1422100](https://doi.org/10.1080/10410236.2017.1422100)
 15. Timmermans, E., Coenen, L., & Van den Bulck, J. (2019). The Bridget Jones effect: The relationship between exposure to romantic media contents and fear of being single among emerging adults. *Psychology of Popular Media Culture*, 8(2), 159. DOI: [10.1037/ppm0000175](https://doi.org/10.1037/ppm0000175)
 16. Coenen, L., and Van den Bulck, J., (2018), "The Problem With Our Attitude: A Meta-Theoretical Analysis of Attitudinal Media Effects Research", *Annals of the International Communication Association*, 42(1), 38-54. DOI: [10.1080/23808985.2018.1425099](https://doi.org/10.1080/23808985.2018.1425099)
 17. Exelmans L., Van den Bulck J. (2018). Self-Control Depletion and Sleep Duration: the Mediating Role of Television Viewing. *PSYCHOLOGY & HEALTH*, 33 (10), 1251-1268. [10.1080/08870446.2018.1489048](https://doi.org/10.1080/08870446.2018.1489048)
 18. Timmermans E., Van den Bulck J. (2018). Casual Sexual Scripts on the Screen: A Quantitative Content Analysis. *ARCHIVES OF SEXUAL BEHAVIOR*, 47 (5), 1481-1496. doi: [10.1007/s10508-018-1147-1](https://doi.org/10.1007/s10508-018-1147-1).
 19. Nelissen S., Van den Bulck J. (2018). Expanding the unidirectional view on parental television mediation: Children's guidance of their parent's television use. *Journal of Broadcasting and Electronic Media*, 62(2), 232-250. [10.1080/08838151.2018.1451855](https://doi.org/10.1080/08838151.2018.1451855)
 20. Exelmans, L., and Van den Bulck, J., (2018), "Sleep Research: A Primer for Media Scholars", *Health Communication*. 1-10. Epub ahead of print
DOI: [10.1080/10410236.2017.1422100](https://doi.org/10.1080/10410236.2017.1422100)
 21. Exelmans L., Gradisar M., Van den Bulck J. (2018). Sleep Latency vs. Shuteye Latency: Prevalence, Predictors, and Relation to Insomnia Symptoms in a Representative Sample of Adults. *JOURNAL OF SLEEP RESEARCH*, 27 (6), Art.No. e12737, 1-9. doi: [10.1111/jsr.12737](https://doi.org/10.1111/jsr.12737).
 22. Nelissen, S. Beullens, K., Van den Bulck, J. (2018). Cancer diagnosed individuals' use of television and the internet as a source for peer stories and associated emotional responses. *Journal of Cancer Education*. 33(1), 193-200. DOI: [10.1007/s13187-016-1128-9](https://doi.org/10.1007/s13187-016-1128-9)
 23. Coenen, L., and Van den Bulck, J., (2017), "Reconceptualizing Cultivation: Implications for Testing Relationships between Fiction Exposure and Self-Reported Alcohol Use Evaluations", *Media Psychology*, 32(4), 613-639. DOI: [10.1080/15213269.2017.1396227](https://doi.org/10.1080/15213269.2017.1396227)
 24. Nelissen, S., Van den Bulck, J. (2018). When digital natives instruct digital immigrants: Active guidance of parental media use by children and conflict in the family. *Information, Communication, and Society*, 21(3), 375-387. DOI: [10.1080/1369118X.2017.1281993](https://doi.org/10.1080/1369118X.2017.1281993)

25. Timmermans, E., Coenen, L., and Van den Bulck, J., (2017), "The Bridget Jones Effect: The Relationship Between Exposure to Romantic Media Contents and Fear of Being Single Among Emerging Adults", *Psychology of Popular Media Culture*. , DOI: [10.1037/ppm0000175](https://doi.org/10.1037/ppm0000175)
E-pub ahead of publication
26. Custers, K., and Van den Bulck, J., (2017), "The Association Between Soap Opera and Music Video Viewing and Fear of Crime in Adolescents: Exploring a Mediated Fear Model", *Communication Research*. 44(1):96-116 , DOI: [10.1177/0093650215605152](https://doi.org/10.1177/0093650215605152)
27. Dorrance Hall, E., McNallie, J., Custers, K., Timmermans, E., Wilson, S., and Van den Bulck, J., (2017), "A Cross-Cultural Examination of the Mediating Role of Family Support and Parental Advice Quality on the Relationship Between Family Communication Patterns and First-Year College Student Adjustment in the United States and Belgium", *Communication Research*. 44(5):638-667 , DOI: [10.1177/0093650216657755](https://doi.org/10.1177/0093650216657755)
28. Exelmans, L. Van den Bulck, J., (2017), "Bedtime, Shuteye Time and Electronic Media: Sleep Displacement is a Two-Step Process. *Journal of Sleep Research*", *Journal of Sleep Research*. 26(3):364-370. PMID: [28271575](https://pubmed.ncbi.nlm.nih.gov/28271575/) , DOI: [10.1111/jsr.12510](https://doi.org/10.1111/jsr.12510)
29. Exelmans, L., and Van den Bulck, J., (2017), "Binge Viewing, Sleep, and the Role of Pre-Sleep Arousal.", *Journal of Clinical Sleep Medicine*. 13(8): 1001-1008, PMID: [28728618](https://pubmed.ncbi.nlm.nih.gov/28728618/) ,
PMCID: [PMC5529125](https://pubmed.ncbi.nlm.nih.gov/pmc/articles/PMC5529125/) , DOI: [10.5664/jcsm.6704](https://doi.org/10.5664/jcsm.6704)
30. Exelmans, L., Gradisar, and Van den Bulck, J., (2017), "Sleep vs. shuteye latency: prevalence, predictors and relation to insomnia symptoms in a representative sample of adults", *Sleep Medicine*. 40(supplement 1):e94, DOI: [10.1016/j.sleep.2017.11.265](https://doi.org/10.1016/j.sleep.2017.11.265)
31. Nelissen, S., Van den Bulck, J., Beullens, K. (2017). A Typology of Cancer Information Seeking, Scanning and Avoiding: Results From an Exploratory Cluster Analysis. *Information Research*. 22(2) On-line Publication: <http://www.informationr.net/ir/22-2/paper747.html...>
32. Exelmans, L., Van den Bulck, J. (2017). Bedtime, Shuteye Time and Electronic Media Use: Sleep Displacement is a Two-Step Process. *Journal of Sleep Research*. 26(3), pp. 364-370
DOI: [10.1111/jsr.12510](https://doi.org/10.1111/jsr.12510)
33. Van den Bulck, J., Cetin, Y., Terzi, O., Bushman, B.J. (2016). Violence, Sex, and Dreams: Violent and Sexual media Content Infiltrate Our Dreams At Night. *Dreaming*, 26(4), 271-279. <http://dx.doi.org/10.1037/drm0000036>
34. Nelissen, S., Van den Bulck, J., Lemal, M., Beullens, K. (2016). Stem Cell Research: The Role of Information Seeking and Scanning. *Health Information and Libraries Journal*, 33 (4), 269-282. DOI: [10.1111/hir.12160](https://doi.org/10.1111/hir.12160)
35. Dorrance Hall, E., McNallie, J., Custers, K., Timmermans, E., Wilson, S., Van den Bulck, J. (2016). A cross-cultural examination of the mediating role of family support and parental advice quality on the relationship between family communication patterns and first-year college student adjustment in the United States and Belgium. *Communication Research, online*, 1-30. <http://dx.doi.org/10.1177/0093650216657755>

36. Coenen, L., Van den Bulck, J. (2016). The Bricklayer Effect: How accounting for method bias affects first-order cultivation relationships. *Mass Communication and Society*, 1-18. <https://doi.org/10.1080/15205436.2016.1167915>
37. Coenen, L., Van den Bulck, J. (2016). Cultivating the Opinionated: The Need to Evaluate Moderates the Relationship Between Crime Drama Viewing and Scary World Evaluations. *Human Communication Research* 42(3): 421-440. DOI 10.1111/hcre.12080
38. Van den Bulck, J., Custers, K., Nelissen, S. (2016). The Child-effect in the new media environment: challenges and opportunities for communication research. *Journal of Children and the Media*. 10(1), 30-38.<http://dx.doi.org/10.1080/17482798.2015.1121897>
39. Exelmans, L., Van den Bulck, J. (2016). Bedtime Mobile Phone Use and Sleep in Adults. *Social Science & Medicine* (148), 93-101.
40. Custers, K., Van den Bulck, J. (2015). The Association between Soap Opera and Music Video Viewing and Fear of Crime in Adolescents: Exploring a Mediated Fear Model. *Communication Research*. E-pub ahead of print
41. Exelmans, L., Van den Bulck, J. (2015). Technology and sleep: how electronic media exposure has impacted core concepts of sleep medicine. *Behavioral Sleep Medicine*. 13(6), 439-4
42. Nelissen, S., Beullens, K., Lemal, M., Van den Bulck, J. (2015). Media use, cancer knowledge and lifestyle choices: A cross-sectional analysis. *European Journal of Public Health*. 25(5), 885-890
43. Nelissen, S., Beullens, K., Lemal, M., Van den Bulck, J. (2015). Fear of Cancer is Associated with Cancer Information Seeking, Scanning and Avoiding: A Cross-Sectional Study Among Cancer Diagnosed and Non-Diagnosed Individuals. *Health Information and Libraries Journal*. 32(2), 107-119.
44. Exelmans, L., Custers, K., Van den Bulck, J. (2015). Violent Video Games and Delinquent Behavior in Adolescents: a Risk Factor Perspective. *Aggressive Behavior*. 41(3), 267-279.
45. Van den Bulck, J. (2014). Sleep apps and the quantified self: blessing or curse? *Journal of sleep research*. 24(2), 121-123. DOI: 10.1111/jsr.12270
46. Nelissen, S., Beullens, K., Lemal, M., Van den Bulck, J. (2015). Predictors of cancer fear: The association between mass media and fear of cancer among cancer diagnosed and nondiagnosed individuals. *Journal of Cancer Education*, 30 (1), 68-74.
47. Exelmans, L., Van den Bulck, J. (2014). The Use of Media as a Sleep Aid in Adults. *Behavioral Sleep Medicine*. e-pub ahead of print
48. Exelmans, L., Van den Bulck, J. (2014). Sleep Quality is Negatively Related to Video Gaming Volume in Adults. *Journal of Sleep Research*. 24(2), 189-196.

49. Nelissen, S., Beullens, K., Sabbe, M., Van den Bulck, J. (2014). The Swine Flu Emergency Department: The Relationship Between Media Attention for the Swine Flu and Registrations in an Emergency Medicine Unit. *Prehospital & Disaster Medicine*. 29 (2), 141-145.
50. Beullens, K., Van den Bulck, J. (2014). Predicting adolescents' smoking status in Belgium: The role of music television viewing, gender, and school year. *Journal of Children and Media*. 8(1), 69-86.
51. Dirikx, A., Van den Bulck, J. (2014). Media use and the process-based model for police cooperation: an integrative approach toward explaining adolescents' intentions to cooperate with the police. *British Journal of Criminology*. 54(2), 344-365.
52. Custers, K., Van den Bulck, J. (2013). The cultivation of fear of sexual violence in women: Processes and moderators of the relationship between television and fear. *Communication Research*, 40 (1), 96-124.
53. Beullens, K., Van den Bulck, J. (2013). Predicting young drivers' car crashes: The role of music video viewing and the playing of driving games. Results from a prospective cohort study. *Media Psychology*, 16 (1), 88-114.
54. Beullens, K., Roe, K., Van den Bulck, J. (2013). Driving game playing as a predictor of adolescents' unlicensed driving in Flanders. *Journal of Children and Media*, 7 (3). 307-318.
55. Dirikx, A., Gelders, D., Van den Bulck, J. (2013). Adolescent Perceptions of the Performance and Fairness of the Police: Examining the Impact of Television Exposure. *Mass Communication & Society*, 16 (1), 109-132.
56. Van Gorp, B., Vercruyse, T., Van den Bulck, J. (2012). Toward a more nuanced perception of Alzheimer's disease: designing and testing a campaign advertisement. *American Journal of Alzheimer's Disease and other Dementias*, 27 (6), 388-96.
57. Custers, K., Van den Bulck, J. (2012). The relationship between news exposure to a serial killer case and altruistic fear: An exploratory study. *Studies in Communication | Media* (2), 167-192.
58. Lemal, M., Custers, K., Van den Bulck, J. (2012). The portrayal of health problems in entertainment television: implications for risk perception and health promotion. *International Public Health Journal*, 3 (1), 77-86.
59. Dirikx, A., Van den Bulck, J., Parmentier, S. (2012). The Police as Societal Moral Agents: "Procedural Justice" and the Analysis of Police Fiction. *Journal of Broadcasting and Electronic Media*, 56 (1), 38-54.
60. Custers, K., Van den Bulck, J. (2012). Television viewing, internet use and self reported bed time and rise time in adults: Implications for sleep hygiene recommendations from an exploratory cross-sectional study. *Behavioral Sleep Medicine*, 10 (2), 95-105.

61. Beullens, K., Roe, K., Van den Bulck, J. (2012). Music video viewing as a marker of driving after the consumption of alcohol. *Substance Use & Misuse*, 47, 155-165.
62. Custers, K., Van den Bulck, J. (2012). Clinical practice Fear effects by the media. *European Journal of Pediatrics*, 171 (4), 613-616.
63. Custers, K., Van den Bulck, J. (2011). The relationship of Dispositional and Situational Fear of Crime with Television Viewing and Direct Experience with Crime. *Mass Communication & Society*, 14 (5), 600-619.
64. Beullens, K., Roe, K., Van den Bulck, J. (2011). The relationship between adolescents' music video viewing and risky driving: a two wave panel survey. *International Journal of Psychology Research*, 5 (3-4), 371-394.
65. Beullens, K., Roe, K., Van den Bulck, J. (2011). The Impact of Adolescents' News and Action Movie Viewing on Risky Driving Behavior: A Longitudinal Study. *Human Communication Research*, 37 (4), 488-508.
66. Lemal, M., Van den Bulck, J. (2011). Television news coverage about cervical cancer: impact on female viewers' vulnerability perceptions and fear. *European Journal of Public Health*, 21 (3), 381-386.
67. Custers, K., Van den Bulck, J. (2011). Mediators of the association between television viewing and fear of crime: Perceived personal risk and perceived ability to cope. *Poetics: Journal of Empirical Research on Literature, the Media and the Arts*, 39 (2), 107-124.
68. Beullens, K., Roe, K., Van den Bulck, J. (2011). Excellent gamer, excellent driver? The impact of adolescents' video game playing on driving behavior: A two-wave panel study. *Accident Analysis and Prevention*, 43 (1), 58-65.
69. Beullens, K., Roe, K., Van den Bulck, J. (2010). The portrayal of risk-taking in traffic : a content analysis of popular action movies. *Journal of Communications Research*, 2 (1), 1-7.
70. Beullens, K., Van den Bulck, J. (2010). Relations entre feuilletons documentaires et choix de métier chez les adolescents. *L'Orientation scolaire et professionnelle*, 39 (3), 317-328.
71. Van den Bulck, J. (2010). The effects of media on sleep. *Adolescent Medicine*, 21 (3), 418-429, vii.
72. Lemal, M., Van den Bulck, J. (2010). Testing the effectiveness of a skin cancer narrative in promoting positive health behavior: a pilot study. *Preventive Medicine*, 51 (2), 178-181.
73. Custers, K., Van den Bulck, J. (2010). Television viewing, computer game play and book reading during meals are predictors of meal skipping in a cross sectional sample of twelve, fourteen and sixteen year olds. *Public Health Nutrition*, 13 (4), 537-543.

74. Van den Bulck, J., Custers, K. (2010). Belief in complementary and alternative medicine is related to age and paranormal beliefs in adults. *European Journal of Public Health, 20* (2), 227-230.
75. Lemal, M., Van den Bulck, J. (2009). Watching health threats on the news: Predicting health risk perceptions, fear and behavior intentions. *International Public Health Journal, 1* (2), 161-172.
76. Custers, K., Van den Bulck, J. (2009). Viewership of pro-anorexia websites in seventh, ninth and eleventh graders. *European Eating Disorders Review, 17* (3), 214-219.
77. Van den Bulck, J., Hofman, A. (2009). The television-to-exercise ratio is a predictor of overweight in adolescents: Results from a prospective cohort study with a two year follow up. *Preventive medicine, 48* (4), 368-371.
78. Lemal, M., Van den Bulck, J. (2009). Television news exposure is related to fear of breast cancer. *Preventive medicine, 48* (2), 189-192.
79. Van den Bulck, J., Custers, K. (2009). Television exposure is related to fear of avian flu, an Ecological Study across 23 member states of the European Union. *European Journal of Public Health, 19* (4), 370-374.
80. Lemal, M., Van den Bulck, J. (2009). Television and children's moral reasoning: Toward a closed-end measure of moral reasoning on interpersonal violence. *Communications: the European Journal of Communication Research, 34* (3), 305-321.
81. Lemal, M., Van den Bulck, J. (2009). Exposure to semi-explicit sexual television content is related to adolescents' reduced fear of AIDS. *The European Journal of Contraception & Reproductive Health Care, 14* (6), 406-409.
82. Beullens, K., Roe, K., Van den Bulck, J. (2008). Video games and adolescents' intentions to take risks in traffic. *Journal of adolescent health, 43* (1), 87-90.
83. Beullens, K., Roe, K., Van den Bulck, J. (2008). Television news' coverage of motor vehicle crashes. *Journal of Safety Research, 39* (5), 547-553.
84. Beullens, K., Van den Bulck, J. (2008). News, music videos and action movie exposure and adolescents' intentions to take risks in traffic. *Accident analysis and prevention, 40*, 349-356.
85. Van den Bulck, J. (2008). Childhood "contagion" through media - Where is the epidemiologic evidence?. *Epidemiology, 19* (2), 280-281.
86. Van den Bulck, J., Beullens, K. (2007). The relationship between docu soap exposure and career aspirations in adolescents. *European journal of communication, 22* (3), 355-366.
87. Van den Bulck, J. (2007). Adolescent use of mobile phones for calling and for sending text messages after lights out: Results from a prospective cohort study with a one-year follow-up. *Sleep, 30* (9), 1220-1223.

88. Van den Bulck, J. (2006). Television news avoidance: exploratory results from a one-year follow-up study. *Journal of broadcasting and electronic media*, 50 (2), 231-252.
89. Van den Bulck, J., Beullens, K., Mulder, J. (2006). Television and music video exposure and adolescent 'alcopop' use. *International journal of adolescent medicine and health*, 18 (1), 107-114.
90. Eggermont, S., Van den Bulck, J. (2006). Nodding off or switching off? The use of popular media as a sleep aid in secondary-school children. *Journal of Paediatrics and Child Health*, 42 (7), 428-433.
91. Vandebosch, H., Roe, K., Van den Bulck, J. (2006). Moon and media : lunar cycles and television viewing. *Media Psychology*, 8 (3), 287-299.
92. Van den Bulck, J., Eggermont, S. (2006). Media use as a reason for meal skipping and fast eating in secondary school children. *Journal of human nutrition and dietetics*, 19 (2), 91-100.
93. Van den Bulck, J., Van den Bergh, B. (2005). The child effect in media and communication research: a call to arms and an agenda for research. *Communication Yearbook*, 29, 35-47.
94. Gutschoven, K., Van den Bulck, J. (2005). Television viewing and age at smoking initiation: does a relationship exist between higher levels of television viewing and earlier onset of smoking? *Nicotine and Tobacco Research*, 7 (3), 381-385.
95. Eggermont, S., Beullens, K., Van den Bulck, J. (2005). Television viewing and adolescent females' body dissatisfaction: the mediating role of opposite sex expectations. *Communications: The European Journal of Communication Research*, 30 (3), 343-357.
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97. Van den Bulck, J., Leemans, L., Laekeman, G. (2005). Television and adolescent use of over-the-counter analgesic agents. *The Annals of pharmacotherapy*, 39 (1), 58-62.
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3. Journal Articles – In Dutch

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2. Nelissen, S., Beullens, K., Van den Bulck, J. (2015). Angst voor kanker en kankerinformatie in de media. *Onco Hemato*, 9 (2), 6-12

3. Van den Bulck, J. (2001). De effecten van televisiefictie. *Onze Alma Mater met Leuvense perspectieven*, 55 (2), 202-217.
4. Van den Bergh, B., Van den Bulck, J. (1999). Media en communicatie in het gezin: een onderzoek bij 10- en 11-jarigen. *Bevolking en gezin*, 28 (1), 91-115.
5. Van den Bergh, B., Van den Bulck, J. (1998). Media en communicatie tussen 10- en 11-jarigen en hun ouders. *Welwijs*, 9 (2), 23-26.
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8. Van den Bulck, J. (1996). Veelkijkers versus Vaakkijkers: Betrouwbaarheid en Validiteit bij het Meten van het Kijkvolume. *Communicatiewetenschap* 24(2), 54-67.
9. Van den Bulck, J. (1996). Is televisiekijken meetbaar? *Communicatie*. 25(3), 3-15
10. Van den Bulck, J. (1993). De verliezer is de winnaar, effecten en gebruik van televisiespelletjes. *Communicatie*. 22 (4), 25-38.
11. Van den Bulck, J. (1992). Het Europese legitimiteitsdeficit: een communicatieprobleem. In *Communicatie*. 21(1), 29-37.
12. Van den Bulck, J. (1992). Kinderen en televisie: een andere visie op enkele populaire mythes. *Communicatie*. 21(4), 21-29.
13. Van den Bulck, J. (1991). First Amendment: 200 jaar persvrijheid in Amerika' In *Communicatie*. 20(4), 3-13.

4. Book Chapters

Mustafaj, M., & Van den Bulck, J. (2024) Cultivation Theory. In: Bowman, N. D. (Ed.) Entertainment Media and Communication. De Gruyter.

1. Mustafaj, M., and Van den Bulck, J. (2021) The Media and Our Perceptions of the Police. In: Giles, H., Maguire, E. R., and Hill, S. (Eds.). *Handbook of Policing, Communication, and Society*. (pp. 213-228) Lanham: Rowman & Lichfield.
2. Busselle, R., and Van den Bulck, J. (2019) Cultivation Theory: Media, Stories, Proecess, and Reality. In: Oliver, M. B., Raney, A. A., & Bryant, J. (Eds). *Media Effects: Advances in Theory and Research: Fourth Edition*. (pp. 69-82) Taylor and Francis.
<https://doi.org/10.4324/9780429491146>
3. Van den Bulck, J., Custers, K., and Nelissen, S. (2017) The Child Effect in the New Media Environment: Challenges and Opportunities for Communication Research. In: Lemish, D.,

- Jordan, A., and Rideout, V. (Eds.). *Children, Adolescents, and the Media: The Future of Research and Action*. London: Routledge.
4. Van den Bulck, H., Custers, K., and Van den Bulck, J. (2017). Belgium (Flanders). pp. 23-35 in: Robson, P. & Schulz, J. L. (Eds.). *A Transnational Study of Law and Justice on TV.?* Oxford & Portland, Oregon: Hart Publishing.
 5. Van den Bulck, H. and Van den Bulck J. (2017). Communication Sciences in Flanders, A History. Pp. in: S. Averbek-Lietz (Ed.). *Kommunikationswissenschaft im internationalen Vergleich, Transnationale Perspektiven*, Wiesbaden: Springer. DOI: 10.1007/978-3-531-18950-5
 6. Van den Bulck, J. (2012). International Cultivation. In: Shanahan J., Signorielli N., Morgan M. (Eds.), *Living with television now: advances in cultivation theory and research.*. New York: Peter Lang Publishing, 237-260.
 7. Beullens, K., Roe, K., Van den Bulck, J. (2011). The relationship between adolescents' music video viewing and risky driving. A two wave panel survey. In: Columbus A. (Eds.), *Advances in Psychology Research*, Chapt. 12 Nova Publishers, 199-218.
 8. Beullens, K., Roe, K., Van den Bulck, J. (2010). The portrayal of risky driving in popular action movies. In: Kovacs H. (Eds.), *Mass media: Coverage, Objectivity and Changes* NovaPublishers, 83-91.
 9. Beullens, K., Roe, K., Van den Bulck, J. (2010). The impact of adolescents' music video viewing on risky driving. In: Ivanova T. (Eds.), *Music: composition, interpretation and effects*, Chapt. 3 NovaPublishers, 57-74.
 10. Lemal, M., Van den Bulck, J. (2009). Watching health threats on the news: Predicting health risk perceptions, fear and behavior intentions. In: *Public Health Yearbook 2009*, Chapt. 17 Nova Science Publishers, 187-200.
 11. Van den Bulck, J., Beullens, K., Mulder, J. (2006). Alcopop, television, music video and adolescents. In: Kandel I., Sher L. (Eds.), *Adolescence and alcohol : an international perspective*, Chapt. 18. London: Freund Publishing House, 199-207.
 12. Buelens, H., Van Mierlo, J., Van den Bulck, J., Elen, J., Van Avermaet, E. (2005). Mapping perceived socio-emotive quality of small-group functioning. In: *Computer-supported collaborative learning in higher education*. Hersher: Idea, 125-139.
 13. Van den Bulck, J. (2002). Fictional cops: who are they, and what are they teaching us?. In: Giles H. (Eds.), *Law enforcement, communication and community*. Amsterdam: Benjamins publ. company, 107-127.
 14. Van den Bulck, J. (2001). News avoidance: the paradox of viewer selectivity. In: Renckstorff K. (Eds.), *Television news research : recent European approaches and findings*. Berlin: Quintessenz, 173-184.

15. Van den Bergh, B., Van den Bulck, J. (2000). Parental media guidance, communication and self-concept in pre-adolescents. In: Van den Bergh, B. & Van den Bulck, J. (Eds.). *Children and media*. Leuven: Garant (pp. 151-174).
16. Van den Bulck, J., Van den Bergh, B. (2000). Parental guidance of children's media use and conflict in the family. In: Van den Bergh, B. & Van den Bulck, J. (Eds.). *Children and media*. Leuven: Garant (131-150).

5. Book Chapters in Dutch

1. Dirikx, A., Van den Bulck, J., Parmentier, S. (2011). Vlaamse jongeren en de politie: percepties, evaluaties en het gebruik van media als bron van informatie. In: *Handboek Politiediensten* Kluwer, 69-138.
2. Eggermont, S., Van den Bulck, J., Kerkhof, A. (2007). Het Werthereffect: de rol van media in suïcidaal gedrag. In: Van Heeringen C. (Eds.), *Handboek Suïcide*. Utrecht: De Tijdstroom, 315-324.
3. Van den Bulck, J. (2004). Wat vertelt televisiefictie ons over de werkelijkheid?. In: Raymaekers B., Van Riel G. (Eds.), *Wetenschappelijk denken: een laboratorium voor morgen?*. Leuven: Universitaire pers, 111-130.
4. Van den Bulck, J., Vandebosch, H., Beullens, K., Indestege, G., Eggermont, S. (2004). Ouderen en ICT: vier scenario's voor de toekomst. In: de Haan J. (Eds.), *Surfende senioren : kansen en bedreigingen van ICT voor ouderen*. Den Haag: Academic Service, 131-147.
5. Beullens, K., Van den Bulck, J., Roe, K. (2003). ICT-gebruik door leerkrachten en leerlingen in het secundair onderwijs. In: Ministerie van de Vlaamse Gemeenschap. Departement onderwijs (Eds.), *Vlaamse onderwijsindicatoren in internationaal perspectief*. Tiel: Lannoo, 213-220.
6. Van den Bulck, J. (2002). Effecten van geweld op televisie: overroepen probleem of nagel aan menige doodskest? Een overzicht van de literatuur. In: *Mediagids: audiovisueel*. Diegem: Kluwer, 41-51.
7. Van den Bulck, J. (1997). Jongeren en Massamedia. In: Elchardus (Ed.), *Jongeren en Cultuur in Beweging*. Leuven: Davidsfonds.

6. Encyclopedia Entries

1. Robbins, R., & Van den Bulck, J., (2022), "Sleep", The International Encyclopedia of Health Communication, [Wiley/International Communication Association], 1-5 , DOI: [10.1002/9781119678816.iehc0932](https://doi.org/10.1002/9781119678816.iehc0932) (Pub type: Book Chapter)
2. Van den Bulck, J. (2013). Cultivation Theory : Television Fiction as a Vector of Socialization. In: Valdivia A. (Eds.), *The International Encyclopedia of Media Studies*, Chapt. 2. Malden: Wiley-Blackwell, 1-26.

3. Van den Bulck, J. (2012). Media Use and Nightmares. In: Barrett D., McNamara P. (Eds.), *Encyclopedia of Sleep and Dreams: The Evolution, Function, Nature, and Mysteries of Slumber*. Santa Barbara: Greenwood, 767-768.
4. Van den Bulck, J. (2012). Adolescent Cell Phone Use and Sleep. In: Barrett D., McNamara P. (Eds.), *Encyclopedia of Sleep and Dreams: The Evolution, Function, Nature, and Mysteries of Slumber*. Santa Barbara: Greenwood, 411-412.
5. Van den Bulck, J. (2007). Selectivity. In: Arnett J. (Eds.), *Encyclopedia of Children, Adolescents, and the Media*. Thousand Oaks: Sage, 746-748.
6. Van den Bulck, J. (2007). Obesity. In: Arnett J. (Eds.), *Encyclopedia of Children, Adolescents, and the Media*. Thousand Oaks: Sage, 631-632.

8. Research Grants

External

a) European Union

1. 2009-2011 Marie Curie Fellowship: “The socio-technical evolution of intellectual property online, creating counterfeit culture. (Marie Curie fellowship)”. Marie Curie Fellowships are highly competitive grants offered by the European Union for experienced and established researchers who want to develop their career by learning new skills in an international environment. I was the promotor of the project. Dr. Jason Rutter, then of the University of Manchester in the UK, was the recipient. Dr. Rutter now works at the Department of psychology at the University of Edinburgh in Scotland. **€350,000**
2. Jan 2000 to Feb 2004. Public Opinion in Europe Regarding the Introduction of Automated Milking on Dairy Farms, a 6 country study (European Commission). (P.I.: Roe, K. & Van den Bulck, J.) (Social Science part of a larger Bio-Engineering study on the development of new milking-robots). Our part of the study received **€ 430,726**

b) Federal Government, Belgium

1. Federal Government, Directorate for Science and Technology: Oct 2006 – June 2008 “Early Warning System for Monitoring News on New Drug Threats.” **€156,992**
2. Jan 1998 – Aug 1998. Image and Identity of the Belgian Armed Forces. Large bi-lingual study involving quantitative research on 1,600 members of the armed forces and a representative sample of 1,600 French-speaking and Dutch-speaking citizens. Belgian Department of Defense. **€ 200,000**

c) FWO (“FWO” means “Fund for Scientific Research”, a Government Funding agency equivalent to NSF in the USA)

1. FWO Grant 2014-2018 “The Child Effect in Media Research: when Children Socialize Their

Parents, a Forgotten Perspective in the Social Sciences”. **€300,000**

2. FWO Grant 2012-2016 “Are Cultivation Effects Possible Outside of the United States? An International Validation of a Media Effects Theory”. **€220,000**
 3. FWO Grant Jan 2012 – Dec 2013 “Cancer Information Survey: A Study on Cancer Information Acquisition and Avoidance Among Diagnosed and Non-diagnosed Adults”. **€120,000**
 4. FWO “Aspiring Young Academic” Grant, 2008-2012. “Young People’s Perceptions, Attitudes and Behaviors Regarding Law Enforcement: A Media Uses-and-Effects Approach”. These grants are awarded to advisors to support an promising MA-student towards obtaining a PhD. The student becomes an employee of FWO seconded to the university with the sole purpose of making a PhD. Awarded to Astrid Dirixk **€ 180,000**
 5. FWO Grant 2005 - 2009 “cultivation theory: the “View from Flanders” Cultivatietheorie: Television and the Social Construction of Reality. **€ 174,000**
 6. FWO Grant 2005 - 2009 Study on psycho-social and media-related predictors of Dangerous Behavior in Traffic by Adolescents and Young Adults: a strategy for defining target groups for prevention and intervention. **€ 190,000**
 7. FWO Grant 2003 - 2007 The effects of Television on Perceptions and Beliefs Regarding Medicine and Health. **€ 224,000**
 8. FWO “Aspiring Young Academic” Grant 2003 – 2007. “Implications of traditional Media Effects Research for the Emerging Field of e-Health” These grants are awarded to advisors to support an promising MA-student towards obtaining a PhD. The student becomes an employee of FWO seconded to the university with the sole purpose of making a PhD. Awarded to Klaas Gutshoven **€ 160,000**
- d) **Flemish Regional Government, Belgium** (Individual Ministries or Government Departments sometimes launch calls for proposals regarding policy issues)
1. Ministry of Traffic and Mobility, Mar 2006 – Apr 2007 a) *Mobility communication in Flanders: sensitization and behavior change using communication.* b) *Mobility communication in Flanders: actors and target groups.* **€70,000**
 2. Ministry of Health, Jan 03 – Jun 05. Longitudinal Study into the relationship between Media Use and Health Behaviors. **€180,000**
 3. Ministry of Education. Jan 200 – Dec 2001: Education versus Entertainment: The Position of Formal Channels of Education in an Informal Knowledge Society” “Het onderwijs in een concurrentiestrijd: een studie naar de positie van formele leerkanalen in een informele

kennismaatschappij” **€250,000**

4. Office of the Minister-President, Jan 2000 – Dec 2002: Government and Target Group Communication: Media-sociological Screening and Development of a Communication Tool. In cooperation with Mechelen College. KU Leuven part of the grant: **€ 18,000**
5. Ministry of Health and Culture, Oct 1997 - Nov 1997. “Media and Communication in Families”, **€ 7,000**

e) NGOs and Private Sector

1. Jan to Mar 2002: Statistical Evaluation of the Representativeness and Reliability of the Set-meter Viewer Rating data. Arthur Andersen Plc. **€ 17,000**
2. Dec 1998. The Press and its Freedom: development of an edited volume and preparation of a National Colloquium in Dutch, French, German and English. King Baldwin Foundation. **€ 5000**
3. Sept 1998. Survey of women’s political opinions, 1000 respondents, telephone survey, for “Mediaxis”, editor of “Feeling”-magazine. **€ 20,000**
4. Dec 1997 – Dec 1999, 3 studies on “children and media use” for the Center for Population and Family Studies. **€ 14,000**

Internal

(Belgian Universities are given research funding on condition that they use a competitive, peer-reviewed, transparant and audited protocol for awarding it. KU Leuven receives 250 million Euro a year for this purpose. The money is distributed by the Research Council. Applicants have to compete with all other Faculty of the University. Projects are judged by 20 to 40 external referees, then ranked by the Council).

1. Research Council of KU Leuven, 2013-2016 International Cultivation Research: media effects in an international context. **€200,000**
2. Research Council of KU Leuven. 2006 - 2009 Towards an Experimental Validation of Cultivation Theory: A Flemish Approach. **€ 200,000**

Postdoctoral fellowships awarded

External (Fund for Scientific Research, FWO)

1. Custers, K. 2013-2016 Fear Effects of the Media. **€246,000**
2. Beullens, K. 2013-2016 Longitudinal Study of Risk Taking in Traffic by Adolescents. **€246,000**
3. Beullens, K. 2010-2013 Longitudinal Study of Risk Taking in Traffic by Adolescents. **€240,000**

4. Eggermont, S. 2007-2010 Sexualization of Adolescents by the Media. **€235,000**

Internal (KUL Research Council, One Year Postdocs)

1. Dirikx, A. 2012 Effects of the Media on Adolescents Perceptions of and Attitudes toward the Police. **€82,000**
2. Custers, K. 2012 Fear Effects of the Media. **€82,000**
3. Beullens, K. 2009 Longitudinal Effects of the Media on Risk Taking in Traffice, **€80,000**
4. Lemal, M. 2009 Media and Communication Effects on Risk Perceptions and Fear of Cancer, **€80,000**
5. Eggermont, S. 2006 Sexualization of Adolescents and the Media. **€78,000**

9. Competitive Papers Delivered at Professional Meetings

1. Van den Bulck, Jan, The Value of Entertainment Scholarship for Theory and Research, AEJMC Conference, AEJMC, Washington DC, 8/8/2023.
This was a so-called Fishbowl discussion. I was one of the panelists.
2. Van den Bulck, Jan, Media entertainment as an authentic field of study: 21st century answers to age-old questions, ICA Conference, ICA, Toronto, CA, 5/26/2023.
This was a so-called Fishbowl discussion. I was one of the panelists.
3. Monten, K., Loeb, S., Le, C., Diaby, F., Fray-Witzer, M., Van den Bulck, J., & Robbins, R., An assessment of the Information Quality, Understandability, and actionability of popular YouTube videos on Sleep and Sleep Disorders, 36th Annual Meeting of the Associated Professional Sleep Societies, Associated Professional Sleep Societies, Charlotte, North Carolina, 6/5/2022.
4. Van den Bulck, H., & Van den Bulck, J., ‘Keep sharing your voice, your struggles, your pain’: Fans on Val Kilmer’s Throat Cancer”, Society for Cinema and Media Studies, Annual Conference, Society for Cinema and Media Studies, Chicago, IL, 4/3/2022.
5. Van den Bulck, J., The Sell-By Date of Communication Models: Multiple Testing, P-Hacking, and the Path to Sophisticated Media Effects Models, International Communication Association, 72nd Conference, ICA, Paris, France, 5/28/2022.
6. Wang, E., Mustafaj, M, Van den Bulck, J., Invalid Measurement and Unrelated Outcomes? Exploring Basic Issues with Digital Well- Being Research Using Mobile Phone Screen Time Log, International Communication Association, 72nd Conference, ICA, Paris, France, 5/30/2022.
7. Wang, E., Van den Bulck, J., Mustafaj, M., and Choi, S., Sensitivity to Behavioral Cues as a Complementary Assessment of Television Viewing., Conference, International Communication Association, Online (COVID), 5/27/2021.
8. Van den Bulck, J., ICA Fellows Panel Talks: Challenging Structures, Organizations, and Policies in Communication, Conference, International Communication Association, Online (COVID), 5/28/2021.

9. Wang, E., Pasek, J., Van den Bulck, J., Making Cognitive Reflection Test Robust in Online Surveys, AAPOR conference, AAPOR, Online (COVID), 5/13/2021.
10. Wang, E., Van den Bulck, J., Mustafaj, M., Choi, S. (2021). Sensitivity to behavioral cues as A complementary assessment of television viewing. Paper presented at the 71st annual International Communication Association (ICA) Virtual Conference.
11. Van den Bulck, Jan, Reddit in Communication Research: A Discussion of Methodological and Theoretical Opportunities, NCA Yearly conference ONLINE, National Communication Association, ONLINE, 11/26/2020.
12. Mustafaj, M., Van den Bulck, J., Revisiting cultivation as a gravitational process: A cross-national comparison of the cultivation of fear and mistrust., ICA conference 2020, International Communication Association, ONLINE, 5/27/2020.
13. Van den Bulck, Jan, Escalator Session, International Communication Association Annual Conference, International Communication Association, Virtual Conference, 5/24/2020.
14. Van den Bulck, Jan, Panel Organizer and Chair: Media and Sleep: Where are we and where are we headed? World Sleep 2019 Congress. September 20-25, Vancouver, Canada.
15. Van den Bulck, Jan; Exelmans, Liese, - The Television Use of Owls and Larks, Chronotype as a Chronobiological Predictor of Media Use, a Three Study Exploration, International Communication Association Annual Conference, International Communication Association, Washington DC, Washington, DC, 5/28/2019.
16. Mustafaj, M., and Van den Bulck, J. Revisiting Cultivation as a Gravitational Process: A Cross-National Comparison of the Cultivation of Fear and Mistrust. International Communication Association Annual Conference, International Communication Association, Washington DC, 5/23/2019.
17. Van den Bulck, Jan, Escalator Session, International Communication Association Annual Conference, International Communication Association, Washington DC, 5/26/2019.
18. Exelmans L., Meier A., Reinecke L., Van den Bulck J., Just One More Episode: Predictors of Procrastination with Television and Implications for Sleep Quality, Conference, ICA, Prague, Czech Republic, 5/25/2018.
19. Exelmans L., Meier A., Reinecke L., Van den Bulck J., The Relationship between Procrastinatory Television Viewing and Sleep Quality: Drivers and Underlying Mechanisms, Conference: Etmaal, NeFCa (Netherlands Flanders Communication Association), Gent, Belgium, 2/8/2018.
20. Nelissen, S., Van den Bulck, J., The “child effect” and family media use in a representative sample of emerging adolescents, Conference: Etmaal, NeFCa (Netherlands Flanders Communication Association), Gent, Belgium, 2/8/2018.
21. Nelissen, S., Van den Bulck, J., Notions of child agency, child effects and bidirectional influences and interactions between parents and children in media research: A literature review, Preconference, ICA, Prague, Czech Republic, 5/24/2018.

22. Van den Bulck, J., What are the boundaries of the communication discipline in the age of biophysiological research?, Conference, ICA, Prague, Czech Republic, 5/26/2018.
23. Nelissen, S., Van den Bulck, J., Interpersonal Influence, Family Media Use and Family Dynamics in a Representative Sample of Emerging Adults, Conference, ICA, Prague, Czech Republic, 5/26/2018.
24. INVITED TALK: Media and Pediatric Sleep: Preconference: Pediatric Sleep Medicine Course, World Sleep Congress, Prague, 7-11 October 2017
25. Gradisar, M, and Van den Bulck, J. Sleep vs. Shuteye Latency: Prevalence, Predictors and Relation to Insomnia Symptoms in a Representative Sample of Adults, World Sleep Congress, Prague, 7-11 October 2017
26. Roos, M., and Van den Bulck, J. Space Videos on YouTube, what makes the Audience Tick? International Symposium on Education in Astronomy and Astrobiology, Utrecht, The Netherlands, July 2017.
27. Timmermans, E., Coenen, L., & Van den Bulck, J. (2017) The Bridget Jones Effect: The Relationship between Romantic Television Viewing and Fear of Being Single Among Emerging Adults. Paper presented at the International Communication Association Conference, 25-29 May, San Diego, USA.
28. Coenen L., Van den Bulck J. (2017). The problem with our attitude: A conceptual analysis of attitudinal media effects theory and research. International Communication Association, 25-29 May, San Diego, USA
29. Exelmans L., Van den Bulck J. (2017). Television Viewing and Bedtime Procrastination: Ego Depletion Pushes Time to Bed Both Up and Down. International Communication Association. 25-29 May, San Diego, USA
30. Exelmans L., Coenen L., Van den Bulck J. (2017). Sleep Quality and the Relationship between Television Viewing and Attitudinal Judgments: Mediator, Moderator, or Both?. International Communication Association. 25-29 May, San Diego, USA
31. Nelissen S., Van den Bulck J. (2017). Bidirectional influences among parents and children in their digital media use and the association with Internet self-efficacy: An application of the actor-partner interdependence model in media research. International Communication Association. 25-29 May, San Diego, USA
32. Exelmans L., Van den Bulck J. (2017). Ego Depletion Both Increases and Decreases Time to Bed: The Role of Television Viewing and Bedtime Procrastination. Etmaal van de Communicatiewetenschap(24 Hours of Communication Science) - conference of the Dutch Flemish Communication Association. Tilburg, 26-27 January 2017.
33. Coenen, L., and Van den Bulck, J. Reconceptualizing Cultivation: Implications For Testing Relationships Between Fiction Exposure And Self Reported Alcohol Use Evaluations, Etmaal van de Communicatiewetenschap (24 Hours of Communication Science) - conference of the Dutch Flemish Communication Association, Tilburg, The Netherlands, 26-27 January 2017
34. McNallie, J., Timmermans, E., Dorrance Hall, E., Custers, K., Van den Bulck, J., & Wilson, S. (November, 2016). Social Media Intensity and First-Year College Students' Academic Self-

- Efficacy: A Cross-Cultural Comparison. Paper presented at the National Communication Association Conference, Philadelphia, USA.
35. Exelmans, L., Van den Bulck, J. (2016). "Glued to the tube": the interplay between self-control, evening television viewing, and bedtime procrastination. Congress of the European Sleep Research Society. Bologna, Italy, 13-16 September 2016.
 36. Exelmans, L., Van den Bulck, J. (2016). Electronic Media Use and the Blurriness of Bedtime: Introducing Sleep Displacement as a Two-Stage Process. Congress of the European Sleep Research Society. Bologna, Italy, 13-16 September 2016.
 37. Exelmans, L., Van den Bulck, J. (2016). Ego Depletion both Increases and Decreases Time to Bed: a Dual Pathway Model. Congress of the European Sleep Research Society. Bologna, Italy, 13-16 September 2016.
 38. Exelmans, L., Van den Bulck, J. (2016). "Glued to the tube": the interplay between self-control, evening television viewing, and bedtime procrastination. International Communication Association. Fukuoka, 9-13 June 2016.
 39. Nelissen, S., Van den Bulck, J. (2016). Reversed Parental Television Mediation: Children's Guidance of Their Parents' Television Use and Parent-Child Television Conflict. International Communication Association. Fukuoka, 9-13 June.
 40. Timmermans, E., Custers K., Van den Bulck, J. (2015). The Relationship between Television Viewing and Attitude Towards Stalking in Adolescents. National Communication Association. Las Vegas, 19-22 November 2015
 41. Coenen, L., Van den Bulck, J. (2015). The Bricklayer Effect: A primer on accounting for method variance in cultivation research. International Communication Association. San Juan (Puerto Rico), 21-25 May 2015.
 42. Coenen, L., Van den Bulck, J. (2015). Cultivating the opinionated: The Need to Evaluate moderates crime drama cultivation. International Communication Association. San Juan (Puerto Rico), 21-25 May 2015.
 43. Dorrance Hall, E., McNallie, J., Custers, K., Timmermans, E., Wilson, S.R., Van den Bulck, J. (2015) A cross-cultural examination of the mediating role of social support and talking with parents on the relationship between family communication environment and first-year college student academic and social adjustment in the United States and Belgium. National Communication Association. Las Vegas, 19-22 november 2015.
 44. Van den Bulck, J. (2015). Contentions and Controversies: Are Media and Communication Being Hijacked by other Disciplines? International Communicatin Association Nordic Regional Conference on Responsible Communciation and Governance, Copenhagen Business School, Denmark, 12-13 October, 2015.
 45. Exelmans, L., Van den Bulck, J. (2015). Media Use and Sleep Displacement: a Self-Control Perspective. International Communication Association. San Juan, 21-25 May 2015.
 46. Exelmans, L., Van den Bulck, J. (2015). Media Use and Sleep Displacement: a Self-Control Perspective. Etmaal van de Communicatiewetenschap. Antwerpen, Belgium, 2-3 February, 2015.

47. Frissen, T., Van den Bulck, J. (2015). Hearing voices, feeling vibrations. A cross-national assessment of media-related psychotic experiences within a healthy population. Etmaal van de Communicatiewetenschap. Antwerp, 2-3 February 2015.
48. Nelissen, S., Beullens, K., Lemal, M., Van den Bulck, J. (2015). An Explorative Cluster Analysis Based on the Cancer Information Acquisition Behaviour of Cancer Diagnosed and Non-Diagnosed Individuals. Etmaal van de Communicatiewetenschap. Antwerp, 02-03 February 2015.
49. Timmermans, E., Custers, K., Van den Bulck, J. (2014). The Relationship Between Television Viewing, Social Media, and Positive Stalking Attitudes. International Conference on Media and Popular Culture. Vienna, 30-31 May 2014.
50. Van den Bulck, J. (2014). International Cultivation. International Communication Association. Seattle, 22-26 May 2014.
51. Exelmans, L., Custers, K., Van den Bulck, J. (2014). Violent Video Games and Delinquent Behavior in Adolescents: Aggressiveness and Peer Delinquency as Moderators. International Communication Association. Seattle, 22-26 May 2014.
52. Custers, K., Van den Bulck, J. (2014). The Relationship Between TV Viewing and Fear Across 26 European Countries: Implications of a Multilevel Approach. International Communication Association. Seattle, USA, 22-26 May 2014.
53. Custers, K., Van den Bulck, J. (2014). Television exposure and fear of crime in adolescents: Exploring the Mediated Fear Model. International Communication Association. Seattle, USA, 22-26 May 2014.
54. Exelmans, L., Custers, K., Van den Bulck, J. (2014). Violent Video Games and Delinquent Behavior in Adolescents: Aggressiveness and Peer Delinquency as Moderators. Etmaal van de Communicatiewetenschap. Wageningen, Nederland, 3-4 February 2014.
55. Nelissen, S., Beullens, K., Lemal, M., Van den Bulck, J. (2014). Determinants of Cancer Information Seeking, Scanning and Avoiding: A Cross-Sectional Survey Among Cancer Diagnosed and Non-Diagnosed Individuals. Etmaal van de Communicatiewetenschap. Wageningen, 03-04 February 2014.
56. Custers, K., Van den Bulck, J. (2013). The relationship between on-line and off-line fear of crime: A mediated model. Etmaal van de Communicatiewetenschap. Rotterdam, 7-8 Februari 2013.
57. Custers, K., Van den Bulck, J. (2013). The relationship between on-line and off-line fear of crime: A mediated model. International Communication Association. London, 17-21 June 2013.
58. Beullens, K., Van den Bulck, J. (2013). Gender and grade as moderators of the relationship between music television viewing and smoking: A longitudinal study. International Communication Association. London (United Kingdom), 17 - 21 June 2013.
59. Dirikx, A., Van den Bulck, J. (2013). Crime fiction, procedural fairness and trust in the police. Annual Conference of the International Communication Association. London, 17-21 June 2013.
60. Dirikx, A., Van den Bulck, J. (2013). The relationship between fiction viewing and support for the police: the importance of procedural fairness beliefs. Etmaal van de Communicatiewetenschap. Rotterdam, 7-8 February 2013.

61. Nelissen, S., Beullens, K., Sabbe, M., Van den Bulck, J. (2013). Swine Flu in the E.R.: The Relationship between Media Attention for the Swine Flu and Registration in an Emergency Medicine Unit. *Etmaal van de Communicatiewetenschap*. Rotterdam, 07-08 February 2013.
62. Custers, K., Van den Bulck, J. (2012). The relationship between television viewing and fear of sexual violence in women: Prevalence and processes. *Etmaal van de Communicatiewetenschap*. Leuven, 9-10 Februari 2012.
63. Beullens, K., Roe, K., Van den Bulck, J. (2012). The relationship between music video viewing and smoking among Flemish adolescents: a prospective cohort study. *Etmaal van de Communicatiewetenschap*. Leuven, 8-9 February 2012, Abstract No. 22.
64. Beullens, K., Roe, K., Van den Bulck, J. (2012). Predicting young drivers' traffic crashes: the role of media use. Results from a prospective cohort study. *International Communication Association*. Phoenix (Arizona, U.S.), 24 - 28 May 2012.
65. Dirikx, A., Van den Bulck, J., Parmentier, S. (2012). Police scandals in the news and beliefs about the trustworthiness of the police. *Etmaal van de Communicatiewetenschap*. Leuven, 9-10 February 2012.
66. Dirikx, A., Van den Bulck, J., Parmentier, S. (2011). Watching the Watchdog - following a procedural justice approach to analyze police fiction. *Annual Conference of the International Communication Association*. Boston, 26-30 May 2011.
67. Custers, K., Van den Bulck, J. (2011). The relationship between television viewing and fear of sexual assault in women. *International Communication Association*. Boston, 26-30 May 2011.
68. Custers, K., Van den Bulck, J. (2011). The drench hypothesis and crime news: Interest in a serial killer case and altruistic fear. *International Communication Association*. Boston, 26-30 May 2011.
69. Beullens, K., Roe, K., Van den Bulck, J. (2011). News and Action Movie Viewing as Predictors of Risky Driving Behavior. *International Communication Association*. Boston, 25-30 May 2011.
70. Lemal, M., Jensen, J., Van den Bulck, J. (2011). Communicating skin cancer risk through narratives: A test of the Transportation-Imagery Model. *International Communication Association Conference*. Boston, MA, US, 26-30 May 2011.
71. Custers, K., Van den Bulck, J. (2011). A serial killer case in Belgium: The impact of crime case news interest on fear of crime and concern for the physical safety of others. *Conference of the International Academy of Investigative Psychology "Crime, Criminalistics and Criminal Psychology"*. Amsterdam, 31 March - 2 April 2011.
72. Dirikx, A., Van den Bulck, J. (2011). An explorative analysis of fairness aspects in police shows. *Etmaal van de Communicatiewetenschap*. Twente - Enschede, 24-25 January 2011.
73. Custers, K., Van den Bulck, J. (2011). An analysis of drench processes in the relationship between crime news interest and altruistic fear. *Etmaal van den Communicatiewetenschap*. Twente, 24-25 Januari 2011.
74. Dirikx, A., Gelders, D., Van den Bulck, J. (2010). Television exposure and adolescents' perceptions of the police. *International Communication Association*. Singapore, 22-26 June 2010.

75. Dirikx, A., Van den Bulck, J., Parmentier, S. (2010). Media portrayals of the procedural justice offered by the police: a content analysis of popular fictional police shows. European Society of Criminology. Luik, 8-11 September 2010.
76. Custers, K., Van den Bulck, J. (2010). Measuring On-line Fear of Crime. Etmaal van de Communicatiewetenschap. Gent, 4-5 februari 2010.
77. Beullens, K., Roe, K., Van den Bulck, J. (2010). Het kijken naar televisienieuws en actiefilms als voorspellers van gevaarlijk rijgedrag bij jongeren. Etmaal van de Communicatiewetenschap. Gent, 4-5 februari 2010.
78. Van den Bulck, J. (2009). Away from the middle range: the pros and cons of ecological studies in mass communication research. International Communication Association. Chicago, 21-25 May 2009.
79. Custers, K., Van den Bulck, J. (2009). The relationship between television and fear of violence: the mediating role of direct experience. Etmaal van de Communicatiewetenschap. Nijmegen, 12-13 February 2009.
80. Lemal, M., Van den Bulck, J. (2009). Exploring the role of fear responses to health content on television news: changing health risk perceptions and health behavior intentions. Etmaal van de Communicatiewetenschap. Nijmegen, 12-13 February
81. Lemal, M., Van den Bulck, J. (2008). Television and children's moral reasoning: development of a Standardized Measure of Moral Reasoning on Interpersonal Violence. International Communication Conference. Montréal, Canada, 22-26 April.
82. Custers, K., Van den Bulck, J. (2008). Countering Health Messages: Pro-Anorexia Websites. International Communication Association. Montréal, 22-26 April 2008.
83. Dossche, D., Van den Bulck, J. (2008). A framework for first order cultivation, or small effects research with vague 100 point scales. ICA. Montreal, Canada, 22-26 May 2008.
84. Beullens, K., Van den Bulck, J. (2007). News, music videos and action movie exposure and adolescents' intentions to take risks in traffic. ICA-conference. San Francisco, 24-28 May 2007.
85. Gelders, D., Patesson, R., De Ruyver, B., Dutta, M., Roe, K., Van den Bulck, J., Vandoninck, S., Steinberg, P., Van Malderen, S., Nicaise, P. (2007). nEWS on EWS. European Health Psychology Society, August 2007.
86. Van den Bulck, J., Gutschoven, K. (2006). Towards the measurement of psychological health empowerment in the general public. International Communication Association. Dresden, 19-23 June 2006.
87. Van den Bulck, J., Van Mierlo, J. (2006). The demographics of medical roles on television, the Flemish case. International Communication Association. Dresden, 19-23 June 2006.
88. Eggermont, S., Beullens, K., Van den Bulck, J. (2005). Television viewing and adolescent females' body dissatisfaction and the concern that boys expect girls to be attractive. ICA-conference. New York, 26-30 May.
89. Van den Bulck, J. (2004) Forwards, Sideways or Backwards: New Directions for cultivation

- research. Paper presented at the Special Panel on Cultivation Theory, Mass Communication Division, International Communication Association Conference, New Orleans, 2004, May 27 to 31.
90. Vandebosch, H., Van den Bulck, J., Beullens, K., Indesteege, G., Eggermont, S. (2004). Ouderen en ICT: vier scenario's voor de toekomst. *KUL. Departement Communicatiewetenschap. Intern rapport: vol. 2004,1*. Sociaal-wetenschappelijke studiedagen. Amsterdam, 22 en 23 april 2004.
 91. Beullens, K., Vandebosch, H., Van den Bulck, J., Inderstege, G., Eggermont, S. (2004). Ouderen en ICT: actieplan voor de toekomst. *Etmaal van de communicatiewetenschap*. Twente, Nederland, 18 - 19 November 2004.
 92. Huybrechts, L., Van den Bulck, J. & De Hert, M. (2004). Use of Popular Media by People With Schizophrenia. Paper presented at the Winter Workshop on Schizophrenia Research, Davos, February 2004).
 93. Laekeman, G. , Van den Bulck, J. (2004). Watching TV and the use of painkillers among adolescents. Paper presented at the “Pharmacoepidemiology and Public Health” section of the 33rd European Symposium on Clinical Pharmacy, 20-23 October, Prague, Czech Republic
 94. Van den Bulck, J. (2003). Age as a true measure of total lifetime TV exposure: implications for media effects research *Paper presented at the Instructional and Developmental Communication Division of the International Communication Association, San Diego, 23-27 May, 2003*.
 95. Buelens, H., Van Mierlo, J., Laga, E., Van den Bulck, J. (2003). Educational pros en social psychological cons of small group projects. Paper presented at the 10th Biennial conference of the European Association for Research on Learning and Instruction. Padova, Italy, August 26-30 2003.
 96. Buelens, H., Van den Bulck, J, Eggermont, S. (2002) Group members’ cooperative orientation and academic achievement as determinants of perceived quality of groups functioning. *Paper presented at ED-MEDIA 2002 – World conference on Educational Multimedia, Hypermedia & Telecommunications* (Denver Colorado, United States, June 24-29, 2002).
 97. Van den Bulck, J. (2002). The low threshold of learning fact from fiction, implications for media effects research. *Paper presented at the Psychology and Public Opinion section of the IAMCR-conference, Barcelona, 21 to 26 July- 2002*).
 98. Van den Bulck, J. & Van den Bergh, B.(2001). 'Socialisation of Media Related Behaviors in the Family: the Child's Perspective' (Paper presented at the 51st annual ICA conference, 24-28 May, 2001, Washington, D.C., USA)
 99. Van den Bulck, J. & Van den Bergh, B. (2000). ‘Parental Guidance of Media Use and Conflict in the Family’ (Paper presented at the 50th annual ICA Conference, 1-5 june, Acapulco, Mexico)
 100. Van den Bergh, B. & Van den Bulck, J. (2000) ‘A Lisrel Analysis of the Relationship Between Media Use, Parental Media Guidance, Parent-Child Communication and Self-Concept in Preadolescents’ (Paper presented at the 50th annual ICA Conference, 1-5 june, Acapulco, Mexico)
 101. Van den Bulck, J. (1999). ‘The Miranda Effect: Data Setting as a Cultivation Effect’ (Paper presented at the IAMCR-Conference: ‘*Media Systems in Transistion on the Eve of the Information Society of the 21st Century*’ Leipzig, July 27-31 1999)

102. Van den Bulck, J. (1999). 'Juxtaposing Direct Experience with Media Experience: Does Reality Really Matter?' (Paper presented at the ICA Conference: '*Communication & Contradictions: Embracing Differences Through Discourse*', International Communication Association, San Francisco, May 27-31 1999)
103. Van den Bulck, J. & Van den Bergh, B. (1999). 'The Relationship Between Parental Guidance of Media Use and Family Conflict' (European Conference on Developmental Psychology, Athens, September, 1999)
104. Van den Bergh, B. & Van den Bulck, J. (1999). 'Media use, parent-child communication and self-concept in preadolescents' (European Conference on Developmental Psychology, Athens, September, 1999)
105. Van den Bulck, J. (1998). 'News Avoidance' (Paper presented at the International Colloquium: "Television News Research: Recent European Approaches and Findings", Nijmegen, October 22-24 1998)
106. Van den Bulck, J. (1998). 'Does the Presence of a Third Person Bias Estimates of TV Viewing and Other Media Use?' (Paper presented at the SMABS 21st biennial Conference of the Society for Multivariate Analysis in the Behavioural Sciences; Leuven; 13-15 juli 1998)
107. Van den Bulck, J. & Van den Bergh, B. (1998). 'The influence of Perceived Parental Guidance Patterns on Children's Media Use' (Paper presented at the sociology and Social Psychology Section of the 21st General Assembly and Scientific Conference of the IAMCR, Glasgow, Scotland, July 26-30, 1998)
108. Van den Bulck, J. (1997). 'Data-Setting and Boundary-Setting: From a Transmission Model to a Cognitive Effects Model of TV-Effects' (Paper Presented at the IAMCR-Conference on 'New Information Technologies, Globalization and Multi-Cultural Societies'; Oaxaca, Mexico, 4-7 juli 1997).
109. Van den Bulck, J. (1996) 'Heavy Viewers versus Frequent Viewers: Reliability and Validity in Viewing Volume Measurement' *Paper presented at the methodology section of the ICA-Conference: 'Democracy at the Crossroads'*. International Communication Association, Chicago (Ill.), may 23-27, 1996.
110. Van den Bulck, J. (1994) "'The Iron Law of Parliamentarization", Juxtaposing Political Discourse with Public Discourse' *Paper presented at the workshop on 'Political Communication and Political Actors in Europe: The State of the Art'*. ECPR Joint Sessions of Workshops, Madrid, April 17-22, 1994.
111. Van den Bulck, J. (1993). 'Measuring the Impact, Estimating the Effect of Political Campaign Techniques' *Paper presented at the Workshop on 'Party Campaign Strategies and Mass Communications Techniques'*. ECPR Joint Sessions of Workshops, Leiden University, the Netherlands, April 2-8, 1993.
112. Van den Bulck, J. (1993) 'Television and the Social Construction of Political Reality' Paper presented at the Sociology and Social Psychology Section, *IAMCR-Conference "Europe in Turmoil: Communication and Democracy in Civil Society"*, Dublin, Ireland, June 25-26, 1993.

10. Featured Speaker at National/International Conferences

Invited Speaker: Van den Bulck, Jan, How media use affects sleep, The EdukCircle 23rd International Convention on Media Communication, EdukCircle, Online/Manilla, The Philippines, 3/24/2023.

Invited Speaker: Van den Bulck, Jan, For eons we slept and then came Facebook: Sleep in the age of social media, Webinar, International Sleep Charity, Oxford, UK, 10/7/2020.

<https://www.youtube.com/watch?v=dHD2f6izTAM&t=9>

Faculty Leader "Media and Society". NCA Doctoral Honors Seminar 2019, Communication, Engagement, and Social Justice. 21-24 July 2019, University of Southern Florida, Tampa FL

Invited Panelist: Van den Bulck, Jan, Media and Sleep Across Childhood and Adolescence: What we Know and What we can Do, Tenth Biennial Pediatric Sleep Medicine Conference, Pediatric Sleep Medicine, Naples, FL, 11/16/2019.

Invited Speaker: Van den Bulck, Jan, New Today, Obsolete Tomorrow: A Toolbox for Dealing with Media Impact in Today's World, 8th Annual Conference, Asian Pacific Association of Threat Assessment Professionals, Hong Kong, 2/27/2019.

Invited Workshop Host: Van den Bulck, Jan, Dealing with Social and Other Media in Threat Assessment, Expert Training Day, Association of European Threat Assessment Professionals, Rotterdam, NL, 5/6/2019.

Invited Speaker: Van den Bulck, Jan, "I sense it is a White Male who drives a Brown Chevy": Depictions of "profilers" in the popular media, 12th Annual Conference, Association of European Threat Assessment Professionals, Rotterdam, NL, 5/9/2019.

Invited Speaker: Media and Pediatric Sleep: Preconference: Pediatric Sleep Medicine Course World Sleep Congress, Prague, 7-11 October 2017

Invited Speaker: "Sleep and the Media", Talk at the Conference on "Identifying and Addressing your Patient's Sleep Problems: What may be getting in the way of Treatment Progress", Michigan Psychological Association, Novi, MI, 3 Feb 2017

Invited Speaker: "How fiction teaches us what the world looks like – a rediscovery of the sociology of knowledge". Narrative Impact Conference, Netherland Flanders Communication Association, in association with the Center for Language Studies of the Radboud University, Nijmegen, The Netherlands, 8 Nov 2013

Invited Speaker, "Voluntary Sleep Deprivation by Media Use": XX Congresso Nazionale, Associazione Italiana di Medicina del Sonno, Grado, Italia, 2010

Keynote Speaker, "Returning Fire, What Other Disciplines Can Learn From Us" at the "Etmaal van de Communicatiewetenschap", the yearly conference of the Dutch-Flemish Communication Association, Nijmegen, Feb 2009, The Netherlands.

Keynote Speaker, "The media and our health, processes and perspectives", 21st Conference of the European Health Psychology Society, August, 2007, Maastricht, The Netherlands

Graduation address: "What does it mean to be an epidemiologist?" 2006, Graduation Ceremony of the Netherlands Institute of Health Sciences, Rotterdam, Erasmus University, The Netherlands

Closing Address, "The Bricklayer Paradox": measurement and method issues in the study of cultivation: what international perspectives teach us": Mass media and the audience: The cultivation of beliefs, emotions and personality October, 2005, Saarbruecken, Germany

Closing Address, "The relationship Between Television and Fear of Crime: An Empirical Test of Three Causal Explanations". 3rd Expert's conference of the German Association for Media Effects Research. Stugart, October 2000, Germany.

Closing Address, "Critical Notes Regarding the E-Governance Hype", at the "Global Connections" conference, Organized by the British Council, Brussels, December 2001, Belgium

Invited Address, "What does television research teach us about computer games?" G@ME-GENERATION - Generation @ multimedia environments. Experts Meeting, Hans Von Bredow Institut, Hamburg, Universität Hamburg, 4 - 6 oktober 2001.

11. Invited Lectures at Educational Institutions

Invited Speaker: Van den Bulck, Jan, & Van den Bulck, Hilde. The Impact of the Media on US Elections. Guest-webinar/conversation for the *Media and Digital Society Course*, prof. K. Poels, University of Antwerp, Belgium, 10/30/2024

Invited Speaker: Van den Bulck, Jan, & Van den Bulck, Hilde. The Impact of the Media on US Elections. Guest-webinar/conversation for the *Media and Digital Society Course*, prof. K. Poels, University of Antwerp, Belgium, 10/28/2020

Invited Speaker "Are the media (re-)defining how we interact with each other and with the world?" Center for Bioethics and Social Sciences in Medicine, University of Michigan Medical School, 11/28/2017

Invited Speaker: "Goodnight, phone: Media use, Sleep, and Perception" Lunch With Honors program, 21 Feb 2017, LSA Honors Program Lunch Series

Invited Speaker: "My Journey Through Social Reality Effects of the Mass Media", Comartsci Research Catalyst Talks, Michigan State University, 10/6/2017

Invited Speaker: "For Eons we slept and then came Netflix". Sleep Grand Rounds, University of Michigan Sleep Disorders Center

Invited Speaker: "Goodnight, phone: Media use, Sleep, and Perception" Lunch With Honors program, 21 Feb 2017, University of Michigan, LSA, Honors Program

Colloquia Speaker: Department of Communication, The Ohio State University, March 2015

Colloquia Speaker: Brian Lamb School of Communication, Purdue University, March 2015

Colloquia Speaker: Department of Communication Studies, University of Michigan, April 2015

Colloquia Speaker: Edward R. Murrow College of Communication, Washington State University, June 2014

Guest Lecture: Department of Communication, University of Antwerp, May 2009

Colloquia Speaker: Department of Communication, Purdue University, October 2008

Colloquia Speaker: Centre for Mass Communication Research, Leicester University, Leicester, England, January 1997

Guest Lecture: Three lectures on the history of Belgium, Department of European Studies, University of Hull, England, March 1992

12. Involvement in Interdisciplinary Research Centers

Management Committee “LFoRCe”: Leuven Food Science and Nutrition Research Center, This center unites all researchers from all fields related to Food research. I represent the Humanities and Social Sciences in the management committee, since its inception in 2008.

Member, Metaforum “think tank” on Communicative Practices in Medicine. METAFORUM unites faculty members from different disciplines. Every year they develop a multidisciplinary view of a particular topic, with special emphasis on ethics. In 2013/2014 I was a member of a group on the challenges of Evidence Based Medicine for communicating research findings and responding to societal challenges. (summary via: <http://www.kuleuven.be/metaforum/page.php?FILE=wg&LAN=E&ID=37>)

13. Editorial Responsibilities

- Encyclopedia Editor: I am the editor of the *International Encyclopedia of Media Psychology* (Wiley-Blackwell). This is a three volume encyclopedia and cooperation of the International Communication Association and Wiley-Blackwell.
- Section Editor for *Current Sleep Medicine Reports* for the special issue on Sleep and Technology and Media (2018-2019)
- Special Issue (“colloquium”)-editor, *Health Communication*: Topic: Electronic Media Use and Sleep. ePub ahead of print: January 2018

- Guest Journal Editor:

I was the guest editor for “Cultivation Research in the 21st Century: A State of Affairs,” Published in *Communications, the European Journal of Communication Research*, 29(3)

- Editorial Boards: served as an editorial board member for the following journals:

Journal of Broadcasting and Electronic Media: 2018-present

Journal of Children, Adolescents, and the Media: 2017-present

Journal of Family Communication: 2017-present

Studies in Communication/Media 2012-present

Media Psychology 2005-present

Journal of Communication 2011-2014

Journal of Media Psychology 2008-2013

Human Communication Research 2006-2013

*Mass Communication and Society 2002-2013***Teaching****1. Courses Taught**

University of Michigan (2016 – present)

Comm 121	Quantitative Skills (Winter 2017)
Comm 340	Media and Sleep (Winter 2021, Winter 2022, Winter 2023, Winter 2024))
Comm 490-002	Capstone Media Topic: Celebrity Effects (Winter 2017, Fall 2017, Fall 2018, Spring 2021, Spring 2022)
Comm 995-038	Independent Study (Winter 2017, Fall 2017, Winter 2018)
Comm 491-001	Sr Honors I (Fall 2017, Fall 2018)
Comm 492	Sr Honors II (Winter 2018, Winter 2019)
Comm 322	Independent Study (undergraduate) (Winter 2018, Winter 2019)
QMSS 301	Big Data Principles and Practice for Social Scientists (Winter 2021, Fall 2023)

Leuven University (2000-2016)

S100	Introduction to Communication Sciences (1 st y Undergraduate)
S107	Communication Theory (2 nd y Undergraduate)
S105	Research Seminar (2 nd y Undergraduate)
S156	Seminar: Quantitative Research (3 rd y Undergraduate)
S0A22A	Communication Science (1 st y Undergraduate)
S0B28B	Seminar: Media Effects (3 rd y Undergraduate)
S0E45A	Seminar: Quantitative Research (3 rd y Undergraduate)
S0C83A	Media and Violence (Master)
S0C76A	Health Communication (Master)
E0717A	Media and Health (Master, Faculty of Medicine)

Other Teaching

- Introduction to the Sociology of the Mass Media” (in French) Institut Royal Supérieur de Défense (Command and General Staff College, Belgian Armed Forces); Royal Military Academy, Brussels, 1997, 1996, 1995.
- Guest Instructor, Public Affairs Office, Joint Chiefs of Staff, Belgian Armed Forces: 3 monthly program on “Media Training for Staff Officers.” 3 times a year between 1994 and 1998.
 - Introduction to Communication Theory
 - History of the Relationship Between the Media and the Military

Course and Curriculum Development

S105 Research Seminar. I received a grant from the Education Innovation Council of the University of Leuven in 2000 to develop new teaching and evaluation methods for this course/seminar. During an evaluation of the courses funded by the program, I was awarded a “golden computer mouse” for best ICT innovation project. It is still listed among the “best practices” of the University Teaching Support Service.

In 2002 I was department head and education director for the then Department of Communication at Leuven. In 1999 the European Union decided to abolish differences between European educational systems and replace them with a “Bachelor/Master” structure modeled after the British and American models. I had to design a bachelor's and master's program, assess existing courses and redesign them to fit into the new model, negotiate with faculty members about the distribution of labor, negotiate with other departments about opening or closing courses for students from other departments, and develop and submit the necessary paperwork to the University and to the Flemish Ministry of Education (which decides which degrees get government accreditation).

From 2010 to 2013, I was associate dean of research and as such responsible for developing a Ph.D. program. Before 2010 there was no coursework for PhD-students, as Leuven followed the British model where Ph.D. students work on independent research and a dissertation for 4 to 6 years. In the new system, Ph.D. students had to complete coursework and collect credits they would need to graduate from a Ph.D. training program before they were allowed to submit a doctoral dissertation. I designed a Ph.D. program that was acceptable for the four departments of the Faculty of Social Sciences and oversaw the implementation of it. I was a member of the governing board of the university-wide Graduate School, which developed initiatives for PhD-students across disciplines – with a particular emphasis on so-called “transferrable skills” designed to be useful for later job searches.

From December 2019 I was tasked with developing a Quantitative Methods for the Social Sciences Minor program. The program aims to offer students from a wide range of majors from across the University of Michigan skills to work with small and large databases. The focus is on Social Science thinking, and on hands-on skill sets.

Evidence of Involvement in Graduate Research Programs

Dissertations completed under my direction

Wilbricht, J. (2020): Niicugnissuun/Tuu'awinpi1: Tribal Radio as a Unique Community Medium and a Source of Health Information for Rural Indigenous Communities. University of Michigan

Nelissen, S. (2018): “The Child Effect in Media Use: Investigating Family Dynamics Concerning Media Behavior in Parent-Child Dyads.” University of Leuven (Co-advisor with prof. S. Eggermont) (Currently Research Development Advisor at the University of Leuven)

Exelmans, L. (2018): "Are you still watching?" Observing and Explaining the Relationship between Electronic Media Use and Sleep" University of Leuven (Co-advisor with prof. S. Eggermont) (Currently Trainer in Transferrable Skills, University of Leuven)

Coenen, L. (2017): "Questioning our Questions: A levels-of-Analysis-perspective on meaning and measurement in Cultivation Research", University of Leuven (Co-advisor with prof. S. Eggermont) (Currently assistant professor at the University of Utrecht)

Timmermans, E. (2017): Is Dating Dated in Times of Tinder? Exploring the Mediatization of Casual Sexual Intimacy" (Co-advisor with prof. S. Eggermont) (Currently assistant professor at the Department of Media and Communication, Erasmus University, Rotterdam, The Netherlands).

Dirikx, A., (2012). *Good Cop, Bad Cop, Adolescents' Perceptions of the Police: Associations with Old and New media.* (Currently, head of internal and external communication, University of Leuven)

Custers, K., (2012). *Television and the cultivation of fear of crime: Unravelling the black box.* (Currently Lecturer at University College Leuven Limburg, Belgium)

Dossche, D., (2010). *How the research method affects cultivation outcomes.* (Currently employed as data analyst by the City of Aalst).

Lemal, M., (2010). *"It could happen to you." Television and health risk perception.* (Currently department head at the department of communication, Thomas More Community College, Mechelen)

Beullens, K., (2009). *Stuurloos? Een onderzoek naar het verband tussen mediagebruik en risicogedrag in het verkeer bij jongeren* (Currently professor and Chair, U of Leuven)

Gutschoven, K., (2007). *Gezondheidsempowerment en de paradigmaverschuiving in de gezondheidszorg : de rol van het Internet.* (Currently head of Marketing and Business Development, Roche Diagnostics Corporation, Indianapolis, IN, USA).

Van Mierlo, J., (2007). *De rol van televisie in de cultivatie van percepties en attitudes in verband met geneeskunde en gezondheid.* (Previously assistant professor at the Faculty of Medicine, U of Hasselt, Now head of H.R. Trudo Hospital, Hasselt, Belgium).

Eggermont, S., (2006). *The impact of television viewing on adolescents' sexual socialization,* (Currently professor and Dean, U of Leuven).

b. Advisor for the following graduate students:
Alexis McCaroll (University of Michigan)

c. Master's theses completed under my direction

Most Belgian students add a Master's degree to their Bachelor's degree, often in the same discipline. Both bachelor's and master's degrees are heavily subsidized by the government (the enrollment fee is about €500). This results in a high student/staff ratio. Between 2000 and 2016 I supervised approximately 300 master's theses. In about 50% of the cases, a lot of the daily supervision was carried out by graduate students. In the other cases, the daily supervision came from me.

Honors program

Director of the Honors Program at the University of Michigan, Department of Communication Studies 2017-2021

Professional, University, and Community Service and Experience

Professional Service

International Communication Association

Member Section committee, Outstanding Article of the Year award committee, (2004, 2005, 2009)

Paper reader, Mass Communication Division, Information Systems Division, Children, Adolescents and the Media Division (Multiple Years since 1996).

Dutch - Flemish Communication Association

Founding Member, Media Psychology Division, 2014.

Paper Reader, Several divisions (multiple years)

External Program Reviews

Research Program Review, Depts of Communication, Free University of Amsterdam and University of Amsterdam, January 2021.

Midterm Research Program Review, Dept of Communication Research, Free University of Amsterdam, the Netherlands, November 2017

I chaired the 5-yearly external audit of Dutch Communication Programs in 2006. Dutch and Flemish university degrees are accredited by a Dutch/Belgian Accreditation board which organizes independent audits of all programs every five years. The Auditing Committee visits and reviews each program and ranks them. Programs can lose their accreditation, meaning they can no longer offer that degree. The person who chaired the committee before I took over was Prof. Dennis McQuail.

Foundation Review Panel

I have reviewed several projects for the NWO, the equivalent of the National Science Foundation in the Netherlands.

University Service

Member, Research council, 2007-2010. The Research Council organizes the peer-reviewed and competitive distribution of €250 mio of Government research funding for the University of Leuven. Projects are awarded based on external review and track record. All project types are competitive. All applicants compete university wide.

Member, Ethics Review Board for the Humanities and Social Sciences since 2014.

Member, Governing Board of the Graduate School of the Humanities and Social Sciences, 2010-2013.

Member, University Library Committee, 2010-2013

University Lectures Leuven

“Media during Crises” Lecture for the Interdisciplinary Graduate Program for Emergency Management, Pellenberg Hospital, Faculty of Medicine. YEARLY LECTURE, 2004-2015.

“What Do We Learn from Television?” Lecture for the “Children’s University”, Aimed at introducing 8 to 14-year-olds to advances in Academic Knowledge. October 2014

From Okinawa to Tel Aviv, Hybridization and the Globalization of Martial Arts, International Culture and Anthropology, May 2011

“Media Effects in the Digital Era”, Interdisciplinary Center for Law and ICT, December 2010

“What does television fiction teach us?” Lecture for the “Seniors’ University” The University of Leuven’s initiative to make academic knowledge accessible for senior citizens, February 2004

“What does television fiction teach us?” Lecture for the “Lessons for the 21st Century”, a transdisciplinary initiative to offer summaries of the recent “status quaestionis” of different disciplines to students from across the different disciplines. February 2004.

“Lazarsfeld’s contribution to the field of communication: what is the state of affairs?” Lecture for the Lazarsfeld Symposium, Department of Sociology, June 2004

“Experiences with online-teaching support via Blackboard” Lecture/demonstration during the Symposium on E-Learning, University Teaching Support Service, February 2003

“Media and Equal Opportunities”, as part of the Interdisciplinary Training Program “Gender Studies”, in October 2001.

“Springfield Revisited: the Media as Socializing Force in the Lives of Young People” during the conference on “Young People and the Media”, organized by the Department of Criminology, January 1998.

“What does TV teach us about life?” Lecture during the yearly “Vliebergh Session,” Faculty of Theology, August 1997.

“What we see is not always what we get: a critical appraisal of the literature on media effects” presentation for the “Children, Families, and Society” colloquium of the Psychology Alumni of the University of Leuven, November 1997

“The power of the Media: Does the News Determine What We Think?” Lecture during the colloquium on “Do the media threaten our freedoms? Ethical questions on the influence of the news media”. University of Leuven, Campus Kortrijk, October 1995.

School/Departmental Service

AT THE UNIVERSITY OF LEUVEN

Education Chair, Department of Communication, Leuven University 2000-2006

As education chair, I was responsible for developing new programs and for the content and quality of the courses. It also meant I sat on the faculty board. During my tenure, I had to develop the transition to the bachelor/master model, had to develop the transition from end-of-year exams to end-of-term exams, the introduction of a credit system, the integration of several teaching colleges into the University, and more.

Head of Department, Department of Communication, 2003-2005

I was head of the Department of Communication until KU Leuven made a university-wide change from a system of Departments to Research Groups. I oversaw the development of the two research groups that replaced the department.

Coordinator, *School for Mass Communication Research*, Leuven University 2005-2010

When KU Leuven moved to a system of Research Groups, I became responsible for one of the two research groups (called the “School for Mass Communication Research”) that developed from the prior Department of Communication.

Associate Dean of Research, Faculty of Social Sciences, Leuven University 2010-2013

As associate dean, I was responsible for developing research at the Faculty of Social Sciences, the Ph.D. program, and the External Audit of the Research programs. I set up a monthly Research Management Council to coordinate research efforts of and between the research groups and to facilitate the dissemination of information on grant opportunities.

Education Chair, Ph.D. School, Faculty of Social Sciences, 2 Leuven University 010-2013

I was ex-officio education chair of the Ph.D. school during my tenure as Associate Dean.

Member, recruiting, tenure, and promotion committee, Faculty of Social Sciences, Leuven University 2008-2016

Member, Professor Evaluation Committee, Leuven University 007-2016

Community and Government Service

a) In Belgium

1. 2003-2005, *Member*, Scientific Advice Committee, 1st Health Conference of the Ministry of Welfare and Health of the Flemish Government
2. 2003-2006, *Member*, Steering Committee on Suicide Prevention, Ministry of Welfare and Health of the Flemish Government
3. 2001-2002, *Member*, Scientific Advisory Board of the Project on “Digital Archive of the Television News,” Main promotor: University of Antwerp
4. 1999-2003, *External Academic Advisor*: “Development of Planning Tools for Integrating the Internet in Advertising, Aimed at Small and Medium Sized Companies,” Project of the Community College Mechelen, Financed by the College Development Fund (Flemish Government).

5. 1998-2000, *Member*, Steering Committee “Education and Society,” a committee supervising and evaluating research projects financed by the Flemish Ministry of Education.
6. 1998-2004, *Academic Member*, Media Council, Advisory Board on Media Industries and New Developments of the Flemish Government. The Council discussed Proposals of the Government, Discussed laws, and proposed amendments to the Government. Academic Members chaired ad-hoc subcommittees on particular topics.

b) International

1. 2014: *Member*, Working Group: Children and Sleep; *Institute of Digital Media and Child Development, NY and National Sleep Foundation, USA*
2. 2010: *Member*, International Breast Cancer Information Network (Coordinated by Prof. J. Jensen, Dept. of Communication, U. of Utah).
3. 2006: *Chair* of the Quality Audit of Dutch Communication Programs
4. 2005: *Chair* International Expert Meeting on Media and Suicide Prevention, World Health Organization, Brussels.
5. 2001: *Member*, Steering Committee, E-Governance Project, The British Council, Brussels, 7 December 2001

Professional Experience

2014-2016	Member, Board of Directors, Regionale Omroep Oost-Brabant, Regional TV station for the East-Brabant Region in Flanders, Belgium
1998-2000	TV-critic Knack Focus (Weekly print magazine)
1995-1998	TV- and media critic, Studio Brussels (Belgian NPR radio channel)
1983-1992	Script-writer, 8 radio plays produced by BRT (Belgian National Public Broadcasting) and NCRV (Dutch National Broadcasting Co.)

Presentations to Non-academic Groups

Invited Speaker: “Social Media and Radicalization: Issue for Risk Assessment”. Presentation at the Association of European Threat Assessment Professionals conference, Gent, Belgium, April 2016.

Invited Speaker: “Ten Tips for Dealing with the Social Media”. 4th “Safety First”-conference on Disaster Emergency Management, by RaCoLi, Disaster Coordination Province of Limburg. Alden Biesen, Belgium, October 2015

Keynote Address: “25 years of communication about Cancer” Festive Colloquium Celebrating 25 years of the Charitable “Kom op tegen Kanker” foundation, Antwerp, November 2014.

Invited speaker: “Media effects on sleep”, presentation at the colloquium on Sleep by the Belgian Association of Sleep Research and Sleep Medicine and the Royal Flemish Engineering Society, Brussels, November 2012

Invited speaker: “Crime, criminals, and the media”, Colloquium and Debate at the Symposium of Graduate Degree in Forensic Psychology, Lessius College, May 2012

Invited speaker: “Social Media and Stalking”, Presentation at the conference of the Association of European Threat Assessment Professionals, Krakau, Poland, April 2012

Keynote Address: “The Media and the Intelligence Services”, Keynote Speech at the Yearly Academic Colloquium of “Comité I”, the Government Supervisory Committee of the Intelligence and Security Services, Brussels, January 2012

“Mediated Policing”, Invited talk at the Behavioral Analysis Unit, Federal Bureau of Investigation, Quantico, Virginia, USA, November, 2011

Invited Speaker: “A serial killer case in Belgium: The impact of crime case news interest on fear of crime and concern for the physical safety of others”. Conference of the International Academy of Investigative Psychology "Crime, Criminalistics and Criminal Psychology". Amsterdam, 31 March - 2 April 2011

Invited speaker: “Media During a Medical Or Environmental Emergency”. at the Disaster Management Symposium of “Racoli”: Disaster Coordinators Limburg Region, Hasselt, December 2009

Keynote Address: “How the Media Affect our Health – Both Positively and Negatively” Symposium on Health Promotion by VIGEZ: Flemish Institute for Health Promotion, Mechelen, October 2009

Invited Speaker: “Responsible News Reporting in a Crisis”, Two-yearly Disaster-Management Symposium, Groeninghe Hospital, Kortrijk, March 2009

Invited Speaker: “E-Warfare in the E-PR Era.” Speech for the Organization of Communication and Public Affairs Officers, NATO, Brussels, December 2006.

Invited Speaker: “The Influence of the Media on Perceptions, Beliefs, and Behaviors Concerning Birth”, International “Francine Gooris” Chair, Artevelde College, Ghent, March 2006.

Debate Moderator: “50 years of Television”, Organized by VRT, the National Public Broadcasting Channel of Flanders, at the occasion of the celebrations of 50 years of Television in Flanders, 2005.

Keynote Address: “Communication, One of the Main Responsibilities of any Government Organization,” Opening address of the colloquium on Local Government and the Media,

Organized by PIVO, the Police, EMS, Fire, and Civil Service Academy of the Province of Brabant, Belgium, October 2005.

Invited Speaker: “New forms of behavior and new effects as a result of new developments in the media,” Organization of Flemish Academicians, Kortrijk, 2005.

Invited Speaker: “Caught in the Web?” Colloquium on the impact of new technologies, Royal Flemish Organization of Engineers, Ghent, November 2004.

Invited Speaker: “Empirical Observations about the relationship between suicide and media stories,” Speech at the press conference on the occasion of the launch of Media Guidelines for Dealing with Suicide Stories, Organized by the Flemish Ministry of Health, The Organization of Flemish Journalists, and the Council for the Deontology of Journalists, February 2004.

Invited Speaker: “Means of Communication,” lecture in the lecture series on “preventive diplomacy” organized by the Royal Institute for International Affairs, February 2003

Invited Respondent for the speech of the Minister of Health, during the 2002 Health Conference on the Prevention of Depression and Suicide, Antwerp, December 2002

Invited Speaker: “Information Use by the Socially Underprivileged,” Symposium on Communication and Social Privilege, KORTOM, Organization for Government Communicators, January 2002.

Closing address: “How to recognize false prophets, Nine skeptic remarks about future predictions about the media” Yearly Conference of the Flemish Association of Radio And TV Journalists, Antwerp, 2001.

Invited Speaker: “Is this Russia? Young People and the Media” Flemish Wellbeing Symposium, Organized by the Ministry of Family and Social Welfare, Flemish Government, Kortrijk, February 1999

Invited Speaker: “Media and communication in families”. 6th Family Conference of the Ministry of Family and Social Welfare, Flemish Government, Brussels, December 1997

Invited Speaker: “Young people and the Mass Media” National Conference of the Davidsfonds, Antwerp, April 1997